

Head Start/Early Head Start of the Lehigh Valley

Community Resource Book



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Department of Health and Human Services, Office of Head Start for the purpose of
distribution to families enrolled in Head Start/Early Head Start of the Lehigh Valley
Programs. Community Agencies listed within were identified based on potential needs of
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Our Mission

Prepare young children and their families to succeed in learning and life through innovative, comprehensive, leading-edge services.

Our Vision

CSC exemplifies excellence in early learning, providing inspiration and leadership that engages our communities to put children first.

Our Values

- <u>Honesty</u> Personal and organizational identity of openness, integrity and accountability
- **Innovation** Lead and embrace a creative approach that ensures future growth and success.
- **Respect** Treat others the way they want to be treated, honoring each person's humanity and diversity.
- **Excellence** Commit to the highest quality work to achieve outstanding results.
- **Stewardship** Manage carefully and responsibly all that is entrusted to our care.

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<u>Please Note:</u> Listing of an agency/service in this book is not meant as an endorsement. Post-publication, resource

information may alter or become outdated within the year.

<u>Atención:</u> Desafortunadamente este folleto no está traducido en español pero los temas si están traducidos.

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ADULTEDUCATION Instrucción Para Adultos





NOTE: Programs marked with * offer GED/ESL/finish high school classes or testing.

American Indian Job Training

Council of Three Rivers

American Indian Center, Inc.

If you are unemployed, underemployed or economically disadvantaged and American Indian, Alaskan Native or Native Hawaiian, you should call 800-341-3577 or 610-292-3034 (Chester-Philadelphia Office).

* Bangor/Pen Argyl/Nazareth GED/Literacy Programs

All classes are held in school libraries. They have open enrollment; go one-half hour before class days to enroll. In Bangor, at DeFranco Elementary School. In Pen Argyl, at Pen Argyl High School. Classes are 6-8:30 p.m. Monday and Thursday. In Nazareth, at Nazareth High School, E. Center Street. Classes are Tuesday and Thursday. Classes run from September through April. Classes are free – \$20 donation for workbook. Students' progress at their own pace. For more information, call 610-861-5427.

Bethlehem Area Vocational-Technical School

3300 Chester Avenue

Bethlehem, PA 18020 610-866-8013 Website: <u>www.bethlehemavts.org</u>

Provides Vocation-Technical Programs including: construction-related, mechanical, technical, creative, service, health and medical. Separate classes for high school students and adults in continuing education.

Bethlehem Christian Training Center (BCTC)

529 E. Broad Street

Bethlehem, PA 18018 610-814-0771

The BCTC is a faith-based non-profit that seeks to produce "spiritual, educational and economic development in the City of Bethlehem, especially among Latinos." Their community outreach programs include: Bilingual Home-Buyer Education; Computer Literacy training; Parents Institute; Bilingual Financial Fitness Program; and Bethlehem Academy preschool (We accept Title XX) and the After-School Enrichment Zone. Call for information. Hours: 8:30 AM – 5:00 PM, Monday through Friday.

YWCA Bethlehem

3895 Adler Place, Building A, Suite 180

Bethlehem, PA 18017 610-867-4669 Website: www.ywcabethlehem.org

Hours: Monday through Friday 8 am to 5 pm

Operates Adult Day Services Center for seniors with disabilities and/or dementia to assist family caregivers. Operates TechGYRLS afterschool program at multiple BASD elementary schools. Holds annual Prom Dress Day each March to help girls purchase inexpensive gently used gowns.

Casa Jeanette

705 N. 8th Street

Allentown, PA 18102 484-860-0303

English as a second language, literacy classes, naturalization exam prep, educational workshops

* CareerLink Lehigh Valley

(Se Habla Español)

Lehigh and Northampton Counties

PA CareerLink Lehigh Valley is your ONE-STOP resource for employment and training programs for eligible youth, adults, dislocated workers, veterans and other targeted populations. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- Workshops: resume, career exploration, basic computer, job and labor market information and more
- Training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

Visit us online at www.careerlinklehighvalley.org or stop by our Career Resource Centers at either convenient location:

555 Union Blvd.

Allentown, PA 18109 610-437-5627

/ FAX: 610-434-4122 TTY: 610-437-0741

Hours: Monday, Tuesday, Thursday, Friday

8:30 A.M. until 4:00 P.M.

Wednesdays, 10:30 A.M. until 7 P.M.

Donley Center 718 West Hamilton Street Allentown, PA 18101 610-799-1205

Hours: Monday through Thursday 9:00 am to 3:00 PM. No hours on Fridays.

Career Institute of Technology

5335 Kesselersville Road

Easton, PA 18040 610-258-2857 Website: <u>www.citvt.com</u>

Serves the school districts of Bangor, Easton, Nazareth, Pen Argyl and Wilson with high school programs. Adult Educational Programs are also available and are held either in the evening or full-time during the day. CIT Tech Tykes Early Learning Center provides care and education for children ages 2-5. Center hours: 7:15 AM-5 PM Monday through Friday, Keystone Star 4 Center

Call for further information about individual program hours and information.

Center for Humanistic Change

555 Union Blvd., Suite 7

Allentown, PA 18109 610-443-1595 – Call for information

Website: www.thechc.org Fax: 610-433-1598 M-F8:30-4:30PM

Mission is to give people (especially youth), the knowledge and tools they need to make better-informed and more positive life choices. CHC programs are offered in schools, communities and workplaces. Our clients include students, counselors, parents, social service employees, teachers, administrators, community groups, and individuals interested in personal growth. Drug and alcohol prevention programs remain a core service.

Community Action Development Corporation of Allentown

(Se Habla Español)

(A subsidiary of Community Action Committee of the Lehigh Valley) 523-

525 N. 7th Street Allentown, PA 18102

610-433-5703 Fax: 484-821-2218 Monday through Friday

Website: http://cadca-caclv.org

The Community Action Development Corporation of Allentown works toward the stabilization of neighborhoods and the economic empowerment of residents by enabling and encouraging them to develop and own businesses in the neighborhood. Through training and business-related programs, projects, and initiatives, CADCA promotes a diversified economy of small-scale, locally owned businesses and empowers residents to assume more active roles in the stewardship of their community.

Community Action Development Corporation of Bethlehem

(Se Habla Español)

409 East Fourth Street Bethlehem, PA 18015 610-807-9337 FAX – 610-807-9337

1 AX = 010-807-3337

Website: www.cadcb.org

Learn how to start your own business. Training and assistance for business owners and those wanting to start a business in Bethlehem.

East Penn School District

800 Pine Street Emmaus, PA 18049

610-966-8300 – General Contact Laura Groh at 610-966-8335 from 7:30 a.m. – 3:30 p.m.

Website: www.eastpennsd.org Runs non-credit adult education classes.

Educational Opportunity Centers (EOC), Inc.

8 West Broad Street Hazleton, PA 18201

Phone: 570 454-6161 Bilingual Spanish: (610) 554-0805 www.eocinc.org

Hours: Office Hours by appointment

Educational Opportunity Centers of PA is a FREE to the public-federally funded grant program that is an educational resource to adults and high school seniors.

EOC services include:

- Career Exploration with Interest Testing
- Clifton Strengths Assessment & coaching with certified coaches
- College/Postsecondary Admissions help including with application fees
- Financial Aid Assistance including FAFSA, PHEAA, School forms & Scholarships
- Academic and Entrance Test Tutoring offered Virtually
- GED Referral & GED Test Vouchers

EOC staff members provide workshops at local referral partners like the PA Careerlink and other nonprofit entities throughout Lehigh and Northampton Counties. All services can be offered in person or virtually.

Employment Advancement and Retention Network (EARN) PA Career Link Lehigh Valley

Lehigh and Northampton County: 555 Union Blvd., Allentown, PA; 610-437-5627

EARN provides a network of supportive services to assist eligible individuals gain access to appropriate employment and/or training. Program options include a full range of vocational, educational, and work activity options to include employability skills, career guidance, and directed job search. Skills and work readiness assessment, individualized career planning, job development, and retention services provide optimal job placement and retention support. Eligibility: Must be referred by County Assistance Office. Contact: Janet Young- Client Services Manager

* Hispanic American Organization

(Se Habla Español)

462 Walnut Street

Allentown, PA 18102 610-435-5334

Counseling Service: 610-351-2292 x 412 Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

* Job Corps

A GED and job skills training program for youth, between the ages 16-24 that have left high school. Job Corps is a residential program (students live in dorms) where students typically stay 9 months to 2 years. It is federally funded and free of cost. Job Corps provides many recreational opportunities for students. Families can visit the sites and students can visit their homes while in Job Corps. While they earn their GED, students learn the following trades/skills: auto mechanics, carpentry, health occupations like EKG Tech, culinary arts (cooking), clerical and business technology, electrical, plumbing, brick laying, landscaping, others. There are several Job Corps sites in PA. The closest are near Hazleton (Keystone Center) and near Lopez, PA next to Ricketts Glen State Park (Red Rock Center).

* Lehigh Carbon Community College

<u>City Sites</u> :		LCCC Tamaqua	
LCCC Allentown	LCCC at LVIA	The Morgan Center	LCCC Jim Thorpe
718 W. Hamilton Street	600 Hayden Circle	234 High Street	1100 Center Street
Allentown, PA 18101	Allentown, PA 18109	Tamaqua, PA 18252	Jim Thorpe, PA 18229
610-799-1940	610-264-7089	570-668-6880	570-669-7010

Website: www.lccc.edu

LCCC Main Campus

4525 Education Park Drive Schnecksville, PA 18078 610-799-2121

LCCC offers degree and certificate programs in more than 90 different areas, with support to help students succeed, including tutoring, advising and career counseling. The college is affordable with a variety of

scholarships and financial aid. Child care is offered on campus for children ages 3 to 5 year, with financial assistance available. The college also offers ESL, Adult Basic Education and GED classes and testing.

* Lehigh Career & Technical Institute (formerly Lehigh County Vo-Tech)

Adult Workforce Education 4500 Education Park Drive

Schnecksville, PA 18078 610-799-2300 Website: www.lcti.org

School-to-Work program 610-799-1361 Hours: 8 a.m. - 3 p.m. Adult Education 610-799-1372 Hours: 8 a.m. - 3:30 p.m.

Adult Classes in: Construction, Heavy Equipment, Manufacturing, Mechanics, and Transportation

* The Literacy Center

1132 W. Hamilton Street, Suite 300 610-435-0680 Allentown, PA 18101-1025 Fax: 610-435-5134

Email: info@theliteracycenter-lv.org Website: www.TheLiteracyCenter-LV.org

GED and English as a Second Language (ESL) classes for people over the age of 16 who are no longer in

school. Classes are offered in the daytime and evening.

Hours: 8:30 a.m. to 6:30 p.m. Monday through Thursday, 8:30 a.m. to 2:30 p.m. Friday

* Nazareth Area School District (also see Bangor/Pen Argyl/Nazareth GED/Literacy Programs, pg. 2)

Nazareth Senior High School

501 E. Center Street 610-759-1730

Nazareth, PA 18064

New Choices Program

Assists single, separated, divorced, widowed individuals and homemakers entering or re-entering the work force. Two areas: Career Exploration and Training, computer, math refresher, college classes. Helps parents update skills and learn new ones. Child care funding and tuition funding available to those who qualify. New Choices classes are offered evenings or days. Call 610-861-5350. Also helps those interested in non-traditional careers; for example, Heavy Equipment Operator for women or Nursing for males. Available in Lehigh, Northampton, Monroe, and Bucks counties at various sites (Including the cities of Allentown and Bethlehem).

Website:www.northampton.edu/campus-life-and-housing/student-services/new-choices.htm

* Northampton Community College, Center for College and Career Readiness

511 E. 3rd St. Bethlehem, PA 18015; 610-332-8650

Monroe Campus, 570-369-1883

GED and ESL classes

Call for registration information.

NCC Monroe Campus – 2411 Rt. 715 Tannersville, PA 18372

The Center offers Family Literacy, GED, English as a Second Language (ESL), Adult Basic Education (ABE), and Life Skills classes. Child care is provided for Family Literacy classes.

<u>New: Fowler Family Southside Center</u> – 511 E. 3rd Street, Bethlehem, 18015, 610-332-8650 (located where the old Bethlehem Steel buildings/Discovery Science Center were) Offers free GED, ESL, and ABE classes, all levels, and assessment for class placement. Open to all.

Easton Center - 25 S Third St Easton, PA 18042; 610-332-6400

Office of Vocational Rehabilitation (OVR)

(Se Habla Español)

45 N. Fourth Street (in Social Security building)

Allentown, PA 18101 610-821-6441 TTY/TDD: 610-821-6144 or 1-800-922-9536

Hours: Monday through Friday 8:00 AM to 5:00 PM – Call for appointment.

OVR is a state and federal program that assists individuals with disabilities to obtain, maintain and prepare for employment. Services include job training, vocational assessment, vocational counseling, job placement, and on-the-job supports. Transition services for students with disabilities may start as early as age 14. Serves Lehigh, Northampton, Carbon and Monroe Counties.

Penn State Extension – Lehigh County

(Se Habla Español)

Lehigh County Extension Office Northampton County Extension Office 4184 Dorney Park Road, Room 104 Greystone Building, Gracedale Complex

Allentown, PA 18104 Nazareth, PA 18064 610-391-9840 610-813-6613

Fax: 610-391-0683

Contact: Tina Weidele – Office Manager Contact: Dora Boyd Simons – Office Manager

Email: <u>tms59@psu.edu</u> dub257@psu.edu

Website: http://extension.psu.edu/lehigh http://extension.psu.edu/northampton

Hours: 8:00 a.m. to 4:30 p.m. 8:00 AM-4:00 PM

Penn State Extension provides sound, research-based educational programs and resources to the residents of Lehigh and Northampton counties. Program areas include: youth resiliency/family strengths, child development and professional development for early childhood educators, basic parenting skills, nutrition education for low-income families (EFNEP) and 4-H. Master Gardeners are trained volunteers who educate residents on topics related to home gardening. Programs and resources are available in various formats on topics such as food preservation, food safety, integrated pest management and starting a small farm.

Pennsylvania Higher Education Assistance Agency (PHEAA)

(Se Habla Español)

1200 North Seventh Street

Harrisburg, PA 17102

1-800-692-7392 1-800-654-5988 (for hearing impaired callers)

Call to get information and application for loans and grants to go to college.

Website: www.pheaa.org

* ProJeCt of Easton (Se Habla Español)

320 Ferry Street 200 Ferry Street (Fowler Literacy Center)

Easton, PA 18042 Easton, PA 18042

610-258-4361 Ext.21 Call 610-258-1100 for Language and Literacy Programs

Contact: Tom Harper Fax: 610-258-7502

Website: www.projecteaston.org

Email: Tharper@projecteaston.org Hours: 8:30 a.m. to 4:30 p.m.

ProJeCt is a community benefit human service agency founded by local clergy and community leaders in 1968. Its purpose was to advocate for action and to provide services to an under-served poor population in Easton, Pennsylvania. Services include: emergency assistance and food program, case management support services that assist people in developing life skills and moving to self-sufficiency and educational programs that include adult basic literacy, English as a second language, GED preparation, family literacy and supplemental education programs for school age children.

Rising Tide Community Loan Fund (A subsidiary of Community Action Committee of the Lehigh Valley)

1337 East 5th Street (Forte Building)

Bethlehem, PA 18015

Phone: 484-893-1039 Fax: 484-821-2271 Contact: Chris Hudock

Website: www.therisingtide.org

Provide micro and small business loans to start-up an existing business within Carbon, Lehigh, Monroe,

Northampton, and Upper Bucks counties.

Hispanic Center Lehigh Valley

520 East Fourth Street Bethlehem, PA 18015

Phone: 610-868-7800, 610-691-5448 Fax: 610-868-4096

Website: www.hclv.org

Classes in Computer and Resume Writing. Family Planning program also provided.

Walter's Driving School

610-366-0570

Website: https://drivewithwalters.com/

Offers driver education classes, drivers test preparation, brush-up lessons, defensive driving, confidence

building, city & expressway driving with patient understanding teachers 7 days a week.

EMERGENCY NUMBERS

Números de emergencia





ALLENTOWN EMERGENCY INFORMATION

Police/Fire/AmbulanceDial 911 Poison Information Center1-800-222-1222	Police Non–Emergency610-437-7751 Valley Wide Help610-435-7111			
Hospitals Lehigh Valley Hospital – 17 th & Chew Streets, Allento Emergency Room610-969-2226	wn, PA Information610-402-8000			
St. Luke's Sacred Heart Campus Emergency Dept- 42 Main Hospital610-776-4500	1 Chew Street, Allentown, PA emergency call 911 Information610-776-4622			
St. Luke's Hospital in Allentown – 1736 Hamilton Stre Emergency Room610-628-8383	eet, Allentown, PA Information610-628-8300			
Lehigh Valley Hospital Center – 1200 Cedar Crest Bou Emergency Room610-402-8111				
BETHLEHEM EMERGENCY INFORM	IATION			
Police/Fire/AmbulanceDial 911 Poison Information Center 1-800-222-1222	Police Non–Emergency610-865-7187 Valley Wide Help610-691-8711			
Hospitals St. Luke's Hospital, 801 Ostrum Street, Bethlehem, PA	A			
Emergency Room484-526-4500	Information484-526-4000			
Lehigh Valley Hospital- Muhlenberg Center, 2545 Sch Emergency Room484-884-2521	oenersville Road, Bethlehem, PA Information484-884-2200			
EASTON EMERGENCY INFORMATION				
Police – Emergency	Police Non–Emergency610-250-2282 Valley Wide Help610-252-4357			
Hospitals Easton Hospital, 21st and Lehigh Streets, Easton, PA Emergency Room	Information610-250-4000			
Warren Hospital, 185 Roseberry Street, Phillipsburg,				

ADVOCACY Abogacía



Advocacy is to act on someone's behalf (including your own) to get something done and to have your voice heard. Call your city/town hall for these types of concerns: streets, garbage, recycling, parks, and crime (or for specific listings, see blue pages in phone book).

Allentown: 610-437-7546 Bath: 610-837-1648 Bethlehem: 610-865-7000 Fountain Hill: 610-867-0301 Easton: 610-250-6600 Emmaus: 610-965-9292 Northampton: 610-262-2576 Catasauqua: 610-264-0571 Whitehall: 610-437-5524

All others see blue pages in phone book under local government.

Call your school district office, call your State or US Representative or Senator, call your US

Congressperson.

STATE SENATORS

Senator Lisa Boscola

Senate Box 203018 Harrisburg, PA 17120 Phone: 717-787-4236

1 East Broad Street

Suite 120 Bethlehem, PA 18018

Phone: 610-868-8667

Senator Patrick Browne

Senate Box 20013 Harrisburg, PA 17120 Phone: 717-787-1349

702 Hamilton Street Allentown, PA 18101 Phone: 610-821-8468

Senator Mario Scavello

Senate Box 203040 Harrisburg, PA 17120 Phone: 717-787-6123

2989 Route 611, Unit 103 Tannersville, PA 18372 Phone: 570-620-4326

2 North Robinson Avenue Pen Argyl, PA 18072 Phone: 610-863-1200

US SENATORS

US Senator Bob Casey Lehigh Valley Office 840 Hamilton Street, Suite 301 Allentown, PA 18101 Phone: 610-782-9470

US Senator Pat Toomey Allentown/Lehigh Valley 1150 South Cedar Crest Blvd.

Suite 101

Allentown, PA 18103 Phone: 610-434-1444 Toll Free: 1-855-552-1831

PA REPRESENTATIVES

Ryan E. Mackenzie

3402 Brookside Rd. Macungie, PA 18062 Phone: 610-965-9933

160A East Wing PO Box 202134 Harrisburg, PA 17120 Phone: 717-787-1000

Peter Schweyer

1912 South 4th Street Allentown, PA 18103 Phone: 610-791-6270 111B East Wing PO Box 202022

Harrisburg, PA 17120

Phone: 717-787-2909

Michael H. Schlossberg

2030 West Tilghman Street

Suite 100

Allentown, PA 18104

Phone: 610-821-5577

331 Irvis Office Building

Harrisburg, PA 17120

Phone: 717-705-1869

Daniel T. McNeil

1080 Schadt Avenue

Whitehall, PA 18052

Phone: 610-266-1273

25A East Wing

PO Box 202133

Harrisburg, PA 17120

Phone: 717-772-9902

Joe Emrick

500 Zucksville Road

Forks Twp. Community Center

Easton, PA 18040

160B East Wing

PO Box 202137

Harrisburg, PA 17120 717-

260-6159

Robert Freeman

215 Northampton Street

Easton, PA 18042 610-

253-5543

207 Irvis Office Building

PO Box 202136

Harriburg, PA 17120

Phone: 717-783-3815

Marcia M. Hahn

196 West Moorestown Road

Wind Gap, PA 18091

Phone: 610-746-2100

402 A Irvis Office Building

PO Box 202138

Harrisburg, PA 17120

Phone: 717-783-8573

Steve Samuelson

104 East Broad Street

Bethlehem, PA 18018

Phone: 610-867-3890

34 East Wing

PO Box 202135

Harrisburg, PA 17120

Phone: 717-705-1881

Gary Day

Star Plaza Suite 302

6299 State Route 309

New Tripoli, PA 18066

610-760-7082

163B East Wing

PO Box 202187

Harrisburg, PA 17120

Phone: 717-787-3017

Justin Simmons

191 Main Street

Room 104

Village Centre Office Suites

Emmaus, PA 18049

Phone: 610-965-5830

5 East Wing

PO Box 202131

Harrisburg, PA 17120 717-783-

1673

Zachary Mako

2030 Center Street Northampton, PA 18067

Phone: 610-502-2701

125 South Walnut Street Slatington Borough Hill-1st Floor Slatington, PA 18080

Phone: 610-760-9805

PO Box 202183

Harrisburg, PA 17120

CONGRESS

Congresswoman Susan Wild

E-mail: https://wild.house.gov/contact/email-me

Northampton County

400 Northampton Street

Suite 503

Easton, PA 18042 Phone: 610-333-1170 Hours: 9AM-5PM, M-F

Lehigh County

840 Hamilton Street

Suite 303

Allentown, PA 18101 Phone: 484-781-6000 Hours: 9AM-5PM, M-F

To find out who they are, call the county voter registration office at 610-782-3194 (Lehigh County) or 610-559-3055 (Northampton County) or visit

https://www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/index.cfm

Community Action Development Corporation of Allentown

523-525 N. 7th Street

Allentown, PA 18102 Website: http://cadca.caclv.org

610-433-5703 Fax: 484-821-2218 Hours: Monday through Friday

The Community Action Development Corporation of Allentown works toward the stabilization of neighborhoods and the economic empowerment of residents by enabling and encouraging them to develop and own businesses in the neighborhood. Through training and business-related programs, projects, and initiatives, CADCA promotes a diversified economy of small-scale, locally owned businesses and empowers residents to assume more active roles in the stewardship of their community.

United Way of the Greater Lehigh Valley Promise Neighborhoods of the Lehigh Valley

1101 Hamilton Street, Suite 345-346

Allentown, PA 18101

610-351-4288 Contact: Hasshan Batts, Director

Congregations United for Neighborhood Action (CUNA)

317 N. 4th Street Allentown, PA 18102 (610) 434-1260

League of Women Voters

Lehigh County:

P.O. Box 3275 P.O. Box 523

Allentown, PA 18106 Bethlehem, PA 18016 Phone: 610-432-1456 Phone: 610-252-1339

E-mail: lwvnorthco@yahoo.com
Website: www.lwvnorthco.org
Website: www.lwvnorthco.org

Pennsylvania Head Start Association (PHSA)

The Pennsylvania Head Start Association (PHSA) is a non-profit membership organization. PHSA is an advocacy organization for Head Start programs, families, staff and administrators in Pennsylvania.

Northampton County:

415 Market Street, Suite 206A Harrisburg, PA 17101 Phone: (717) 526-4646

Website: www.paheadstart.org

National Head Start Association

The National Head Start Association (NHSA) is a nonprofit organization committed to the belief that every child, regardless of circumstances at birth, has the ability to succeed in life. NHSA is the voice for more than 1 million children, 200,000 staff and 1,600 Head Start grantees in the United States. Since 1974, NHSA has worked diligently for policy changes that ensure all at-risk children have access to the Head Start model of support for the whole child, the family and the community.

Toll-free: 1-866-677-8724 Website: www.nhsa.org

Pre-K for PA

Building on the shared belief that all children should have the opportunity to enter school ready to succeed, a broad coalition of organizations launched the Pre-K for PA campaign in 2014. The campaign set out to make pre-k a priority issue to the legislative elections, advocating increased access to high-quality pre-kindergarten for all of Pennsylvania's 3- and 4-year olds.

Website: www.prekforpa.org

Zero to Three

The mission of Zero to Three is to ensure that all babies and toddlers have a strong start in life. At Zero to Three, we envision a society that has the knowledge and will to support all infants and toddlers in reaching their full potential.

Website:www.zerotothree.org

A Family Guide to Inclusive Learning in Pennsylvania https://www.elc-pa.org/wp-content/uploads/2012/08/ELC_EarlyLearning_Guide_2ndedition_2012.pdf

THE RIGHT TO SPECIAL EDUCATION IN PENNSYLVANIA: A GUIDE FOR PARENTS AND ADVOCATES https://www.elc-pa.org/wp-content/uploads/2014/03/ELC_Right_to_SpecialEducation_revisedapndx_Sept2016.pdf

Advocacy in Action: A Guide to Special Education Parent Advisory Councils (SEPACs)

https://sepacguide.parentcenterhub.org/special-education-parent-advisory-councils-part-i-chapter-1/

LIBRARIES Bibliotecas





Allentown Public Library

1210 Hamilton Street Allentown, PA 18102 610-

820-2400

Website: www.allentownpl.org

Hours: Hours: Monday & Tuesday 12PM – 8PM, Wednesday through Saturday 9Am-5PM.

Adult Services include special programs of varied interests, book groups, homebound book services, and more. For children and families, we offer story times for infants through early elementary school ages, homework help during the school year, many programs of interest to children involving hands-on learning fun, Summer Reading Club, and more. With a library card, anyone can borrow books, movies, music CD's, use databases either in the library or from your own home, download books and audios, learn another language, study for the GED (English or Spanish), study for a Citizenship test (English or Spanish), or use our computers or WIFI at no charge. Printing, copying, faxing, and scanning are available at a nominal fee per page. Allentown Public Library and any participating Access Pennsylvania libraries honor your valid PA library card with identification.

*Due to COVID -19 all programs will be virtual for Fall 2020. Please check our website and social media pages or give us a call for the most current information.

American Family Services Family Lending Libraries/Christian Resource Centers (2 locations)

1025 MacArthur Road 1804 Leithsville Road Whitehall, PA 18052 Hellertown, PA 18055

610-351-3069 610-838-0667

Hours: 10:00 AM to 3 PM Daily

Bethlehem Area Public LibrarySouth Side Branch11 West Church Street400 Webster StreetBethlehem, PA 18018Bethlehem, PA 18015

610-867-3761 Ext. 499 610-867-7852 contact Brenda Grow

Fax: 610-867-2767 Fax: 610-867-9821

Email: emhoy@bapl.org

<u>Hours</u> <u>Hours</u>

Monday-Wednesday 9am-8pm Monday-Thursday 11-8pm

Thursday, Friday 9am-6pm Saturday 12-4pm Sunday and Friday- Closed

Saturday 10am-5pm Sun- Closed

Materials may be borrowed with a library card: books, DVD's, learning video games, magazines, toys, puzzles, music CD's, books on CD. Some material is in English and some in Spanish. Internet access for adults and children. Early literacy and school age computers for children with educational software and ABC mouse. Programs for children, teens, and adults. FAX service.

Children's Services: Story times, Family Place parent/child workshops (early childhood literacy); a variety

of family programs including STEM events and special performers.

Adult Services: Computer classes, Conversational Spanish classes, Buy Fresh Buy Local pick-up site

Easton Public Library Palmer Branch

515 Church Street 1 Weller Place Website: www.eastonpl.org

Easton, PA 18042 Easton PA 18045 610-258-2917 610-258-7492

CAR SEATS Asientos De Seguridad Para El Automóvil





Blue Mountain Health System

211 North 12th Street Lehighton, PA 18235-9989 610-377-1300 – Contact Mary Lou McGeehan

Kid Zone, Blue Mountain Health System – Car Seat Program. For information or to access the program, call 610-379-0411. Periodic car seat safety checks (610-377-7070). Safesitter babysitting program (610-377-7070).

Community Services for Children, Inc.

1520 Hanover Ave Allentown PA 18109

610-437-6000 ext. 2130

Operation: Safe Ride provides car seat vouchers to Community Services for Children, Inc., for families in need. Supplies are limited. If interested, contact your Family Engagement Partner, Child Development Partner or Therapeutic Family Coach to apply for car seats.

CHILD CARE Cuido De Niños





American Family Services Day Care

1025 MacArthur Road Whitehall, PA 18052

610-351-3028 Website: https://afsofficepa.wixsite.com/amfamilyservices

Hours: Monday through Friday 7:30am-5pm for children ages 3-5

Early Learning Resource Center (ELRC)

Services: A place where families can find high-quality early education opportunities, apply for assistance to help with child care costs **(Child Care Works program)** or access other resources that will set them on a path to success. It is also where child care providers can receive information on improving program quality **(Keys to Quality program)**

Eligibility: Parent must be working at least 20 hours a week (or a combination of work and school

hours).

Website: https://elrc-csc.org/

Note: There is usually a waiting list for Child Care Works.

Region 14 Offices

<u>Allentown</u>

1520 Hanover Ave. Allentown, PA 18109 800-528-7222 610-437-6000 Fax – 610-432-0100 Fax - 610-820-6830

Bethlehem

322 E 3rd St, 3rd fl. Bethlehem, PA 18015 800-528-7222 484-898-8101

Third Street Alliance for Women and Children – The Learning Center

(Se Habla Español)

41 North 3rd Street 610-258-6271 Website: www.ThirdStreetAlliance.org

Easton, PA 18042 Hours: Monday through Friday 6:00 AM to 6:00 PM

The Learning Center provides high quality, affordable curricula for children 6 weeks to 12 years old. We are a NAEYC accredited program that has earned the Keystone Star 4 level. We encourage and develop cognitive, physical, social, and emotional growth for each individual child while responding to the needs of families. We care for children in a way that is loving, respectful, and educational. It is our job to assist children in growing to their individual potential in an atmosphere that is supportive, rich, and challenging. Our students learn through play and hands-on experiences. We also have a Pre-K Counts classroom during the school year. Additionally, this classroom prepares students so that they are well-rounded and have a smooth transition to Kindergarten.

CHILDREN AND FAMILY SERVICES Servicios Para Niños y Familias





Autism Society Lehigh Valley Affiliate

P.O. Box 3523 610-751-6532 – Mimi Ludwig, President Allentown, PA 18106 Website: www.asalehighvalley.org

autismsocietylv@gmail.com

Our mission is to improve the lives of all affected by autism in the Lehigh Valley. The Autism Society of the Lehigh Valley helps individuals with autism and their family members to create an autism-friendly community.

Big Brothers/Big Sisters of Lehigh Valley, Inc.

41 S. Carlisle Street

Allentown, PA 18109 610-432-8000 Website: www.bbbslv.org

Big Brothers Big Sisters of the Lehigh valley matches kids with caring mentors, transforming our communities. We don't create potential, we defend it. Give us a call to learn more about our programs and to enroll your child.

Camelot for Children

2354 W. Emaus Avenue

Allentown, PA 18103 610-791-5683 Fax: 610-791-5256 Website: www.camelotforchildren.org
Contact person: Emily Werner Sept-June: M-F 9am- 1pm Summer Camp hrs: 8am- 4pm
A non-profit organization providing year-round social and educational opportunities to children with disabilities and chronic or terminal illnesses in a supportive, developmentally appropriate, enriching environment in order to make the magic of childhood accessible to children with unique needs.

Casa Jeanette Christian Daycare

705 N. 8th Street

Allentown, PA 18102 484-860-0303

After School Program, Summer Program, Pre-school, Special Needs Population Day Program, Educational Workshops, Volunteers and Community Collaboration

Catholic Charities

900 S. Woodward Street

Allentown, PA 18103 610-435-1541 Offers parenting classes. Call for days/times.

Center for Humanistic Change

555 Union Blvd., Suite 7

Allentown, PA 18109 610-443-1595 – Call for information

Website: www.thechc.org Fax: 610-433-1598 M-F8:30-4:30PM

Mission is to give people especially youth, the knowledge and tools they need to make better- informed and more positive life choices. CHC programs are offered in schools, communities and workplaces. Our clients include students, counselors, parents, social service employees, teachers, administrators, community groups, and individuals interested in personal growth. Drug and alcohol prevention programs remain a core service.

ChildLine and Abuse Registry

Hillcrest Building – second floor Box 2675 Harrisburg, PA 17105-2675

1-800-932-0313 (24 hours, 7 days a week)

Call to report suspected child abuse. All phone calls are confidential. You may remain anonymous.

Community Services for Children, Inc.

(Se Habla Español)

1520 Hanover Avenue Allentown, PA 18109

Phone: 610-437-6000 Fax: 610-437-6500

Website: www.cscinc.org

Community Services for Children (CSC) provides and supports quality early education throughout northeastern Pennsylvania. CSC administers Head Start and Early Head Start of the Lehigh Valley, PA Pre-K Counts, and Early Learning Resource Centers throughout northeastern Pennsylvania.

Head Start and PA Pre-K Counts help children and their families succeed in learning and life. Over 1,200 children and families are enrolled in Head Start and Early Head Start of the Lehigh Valley. Head Start and PA Pre-K Counts classrooms are located throughout Lehigh and Northampton Counties, including partnerships with the following school districts:

- Bangor Area School District
- Bethlehem Area School District
- Easton Area School District
- East Penn School District
- Northampton Area School District

- Northern Lehigh School District
- Parkland School District
- Salisbury Township School District
- Whitehall-Coplay School District
- Pen Argyl Area School District

Additional partners in service include Carbon-Lehigh Intermediate Unit #21 and Colonial Intermediate Unit #20. In addition, the Early Head Start SafeStart Program is a center-based collaboration with both Lehigh and Northampton Counties. Head Start of the Lehigh Valley and Early Head Start of the Lehigh Valley link early education with other services including health, family services, parental involvement, child development and parenting, decision making, and supporting personal development.

CSC's Early Learning Resource Centers are one-stop community hubs providing support and resources to families and early learning providers. They are designed to improve the quality of and access to early education and child care programs; help families access other critical services, such as child care subsidy and Early Intervention; and provide coaching to child care professionals to boost quality ratings according to Keystone STARS, Pennsylvania's quality improvement program.

Community Solutions, Inc.

2015 W. Hamilton Street, Suite 204A 610-435-3343 Fax: 610-435-7211

Allentown, PA 18104 Website: www.csi-online.org Email: iwestdorp@csimail.org

Contact: Jill Hoch – Area Director; Isaac Westdorp- Program Director

Hours: 8:30 a.m. to 4:30 p.m.

Multi-systemic Therapy Treatment Program

• Multi-systemic Therapy (MST) is an intensive family and community based treatment service that addresses multiple aspects of serious behavior adolescents.

- The multi-systemic approach views an individual's behavior as being influenced by the system around them-family, peers, school, neighborhood, as well as by the individual's thoughts and feelings about that system.
- MST interventions address the many factors that are known to contribute to delinquency where the youth lives, works and plays. Therapists work with parents/caregivers to impact and provide support in school, youth, peer, and community settings for 4-6 months. Contact can be daily at the outset, with families receiving 2-3 sessions per week on average. Therapist are available around the clock for emergencies and support. These family interventions promote positive family relationships and development of skills to impact adolescents' risky and acting-out behaviors as well as enhance the parent's capacity to monitor and manage the adolescent.

ConcernFleetwood OfficeWyomissing Office90 South Commerce Way, Suite 3001 West Main Street1120-C Hobart Ave.Bethlehem, PA 18017Fleetwood, PA 19522Wyomissing, PA 19610610-691-8401610-944-0445610-371-8035

Contact Person: Shanon Saddington, MPA, LMSW

Hours: Monday-Thursday 8 AM- 8 PM, Friday 8 AM-5 PM & Saturday by appointment only.

Services: Foster care and permanency services. Counseling services (individual, family, couples, and group therapy). Provides BHRS in-home child/adolescent counseling also known as wrap-around services. Medication management offered.

<u>Accepts:</u> Magellan Insurance, CCBH, UPMC, Medicaid/Medicare, Capital Blue Cross, Highmark, Aetna, Tricare, Geisinger, OPTUM, Cigna

Diakon Adoption and Foster Care

1 South Home Avenue Topton, PA 19562

610-682-1504 - Contact Joyce Riche

Toll Free: 888-582-2230 Website: www.diakon.org

We are an affiliate of the Statewide Adoption and Permanency Network providing adoption services which include family profiles, child profiles, child preparation, child specific recruitment, placements/ finalization services and post adoption support. We also provide foster care, family finding and counseling services for women with unplanned pregnancies. Office hours: 8:00 a.m. to 4:00 p.m.

Easton Area Neighborhood Center, Inc.

902 Philadelphia Road

Easton, PA 18042 610-253-4253

Northampton County residents only

Services: ASPIRE – a mentor program for pregnant or parenting teens at Easton Area High School, Easton Academy and Wilson Area High School.

Families First

1620 Teels Road Pen Argyl, PA 18072 610-863-3688

Families First is a family center in Pen Argyl Area School District serving residents in the Pen Argyl Borough, Wind Gap Borough and Plainfield Township. Families First is a partnership committed to developing a community network of support and a welcoming place where families are offered compassionate, knowledgeable, and confidential assistance. Utilizing existing community resources, Families First assists families with various issues affecting family stability, including: housing, counseling, parenting, budgeting, transportation, education, domestic violence, and drug and alcohol issues.

Allentown Family Centers

(Se Habla Español)

Allentown Area School District

Jefferson School Contact: Vera Shade

750 St. John Street Allentown, PA 18103 484-765-4429

Fax: 484-765-4431

Main # 484-765-4030 (Community and School Services Admin. Bldg.)

Family Centers work with parents and children ages 0-5. Family Development Specialists trained in child development using the Parents as Teacher's Program make home visits twice a month. Topics include: child development, health and safety. Runs workshops and developmental screenings for ages 0-5. Services are free. You must live in Allentown School District. Referrals for services needed. Parent training, toy and book lending. Family may also self-refer by contacting V. Shade at the number above or email: shadev@allentownsd.org Bethlehem/Family Centers: The Bethlehem School District, in collaboration with parents, State & County Human Services, the United Way and other donors operate a Family Center at the Donegan Elementary School. They offer a variety of services to parents and children, including parenting education, toy and book lending libraries, child health services (includes vision, hearing, immunizations, sick care), developmental screenings, OB/GYN care for women, health care for uninsured adults, after school activities and referral to community resources. Fowler Family Center at Donegan: 1210 E. Fourth Street, Bethlehem, 610-997-3828, Ext. 3327. Marvine Family Center: 1425 Livingston Street, Bethlehem, 610-849-9345 (open year round). The Bethlehem Area School District, Parents as Teachers (P.A.T.) Program, (Bethlehem residents only) serves families with children prenatal to 5 years old. "Parents as Teachers" helps parents understand child development and connects them to the resources they need to make the best choices for their family. "Parents as Teachers" offers free personal visits customized for the needs of the family. Mosser Village Family Center: 614 S. Carlisle Street, Allentown, 610-820-4067 – Offers after-school programs for children in Mosser School area (East Allentown). Dance classes, homework club, and adult classes in sewing, computers, parenting, ESL, and others. Mosser also offers free summer programs for area children, ages 7-13. Also have a book and toy library and clothing bank. Call for information. Hours: 9 a.m. to 5 p.m. Monday through Friday.

Family Connection (c/o Cheston Elementary School)

723 Coal Street

Easton, PA 18042 610-250-2551, Ext. 24075 Website: www.familyconnectionofeaston.org Family Connection has been the family center in the Easton Area School District since 1998. They help children be successful by engaging and supporting families, building positive family-school-community partnerships, removing barriers to learning, and providing extra learning opportunities. Services include: family support, case management, information and referrals to academic and social services, health and wellness programming and helping parents navigate the school system; basic needs support, the Parent-Child Home Program (PCHP), a home-based early childhood education and family literacy program; the Cheston Cougars Learning Club (CCLC) and the Paxinosa After-School Learners Club (PALS) after school program; a 4-week family wellness and parenting group called Parents Who Care (PWC); and Kindergarten Connection which connects early childhood educators, the school district, and parents to help children make a successful transition to Kindergarten.

Ann Friedenheim, M.S., L.P.C.

1320 Hausman Rd., Suite 202 Phone: 610-462-2549 Fax: 484-294-2791 Allentown, PA 18104 Hours: By appointment only Website: www.annfriedenheim.com When working with children, I utilize child-centered play therapy techniques and adjust my approach depending on the child's development and needs. While adults are comfortable communicating verbally, children use the language of play to express the themes in their lives. Through play, children are able to communicate about issues that are troubling them and can learn ways to share feelings and thoughts. Parents or caretakers are asked to provide weekly input and to be part of the process. Over the last 25 years I have worked with adults, teens and children living through many difficult circumstances. I offer a safe and nurturing place to explore situations or problems that are causing you distress. Through therapy, you can connect with your inner strengths, identify your needs and priorities and take steps to greater peace and satisfaction. Many of my clients have been addressing depression, anxiety, life changes, unresolved issues of the past, relationships and trauma. Some people use therapy not to problem solve but to find ways to have more joy, greater well-being or to gain a clear direction towards the future.

Accepts: Capital Blue Cross, Highmark Blue Shield, Populytics, Geisinger, United Behavioral Health, AmeriHealth Caritas, and Magellan.

Hours: Monday through Thursday 10 am to 7 pm

Healing Works

1644 W. Walnut Street (rear)

Allentown, PA 18102 610-432-2168 Website: www.HealingWorksAllentown.com

Outpatient therapy for children and families.

Services: Healing Works offers psychotherapy for children, teens and families for many issues including: divorce, abuse and addiction. We use expressive therapies like play therapy and have a spiritual focus. We also offer adult groups and interventions for addiction and compulsive behaviors. We host special community events like Break the Silence, our annual sexual abuse poetry night. Healing Works does not work with the insurance industry and charges \$80/hour for therapy services.

KidsPeace and Orchard Behavioral Health

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens. Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from ages 5 through 18.

Services Provided in the Greater Lehigh Valley Area:

- Outpatient individual, family, and group therapy
- Medication management
- Walk-in urgent care assessment (9:00 a.m. to 5:00 p.m. Monday through Friday)
- Home-based treatment for children affected by autism
- Afterschool and Summer treatment programs for children affected by autism
- Acute partial day program for mental health treatment
- Inpatient mental health hospital

KidsPeace Locations:

Green Street Outpatient Sacred Heart Family Center Campus Sacred Heart Sigal Center Addictions Program 1620 Broadway Clinic (sees individuals 451 Chew Street, Ste. 105 451 W. Chew Street, Bethlehem, PA 18015 Allentown, PA 18102 ages 3-65) suite 105. 610-799-8600 801 E. Green Street 610-799-7100 Allentown, PA 18102 Fax: 610-867-9655 Allentown, PA 18109 Fax: 610-663-3270 610-799-8910 Phone: 610-799-7113 Fax: 610-663-3270 Fax: 610-776-1694

Orchard Hills Campus 5300 KidsPeace Dr. Orefield, PA 18069 (Inpatient Hospital)

Website: www.kidspeace.org, www.teencentral.net: web-based therapeutic support for teens and young people.

At <u>Family Center</u> we offer individual, group and family therapy, as well as psychiatric evaluations and medication management. We currently have ASD groups that run throughout the year and LGBTQ group. We also offer Parent-Child Interactive Therapy for ages 2.5-7.

At <u>Green Street</u> we offer individual, group and family therapy as well as psychiatric evaluations and medication management. We also offer Parent-Child Interactive Therapy for ages 2.5-7.

At <u>Sacred Heart</u> we offer individual, group and family therapy as well as psychiatric evaluations and medication management.

At <u>Sacred Heart Addictions</u> program we offer individual and group D&A treatment as well as D&A Intensive Outpatient. Sacred Heart Addictions Program (sees individuals ages 13-65, younger on a case by case basis) To inquire about KidsPeace programs and services call: 1-800-8KID-123 (1-800-854-3123)

La-Leche

484-695-6191

Support group for breastfeeding women

Website: http://www.lehighvalleybreastfeeding.org/

Lehigh Children's Academy is a non-profit early education center.

Lehigh Children's Academy

5910 Hamilton Blvd.

Allentown, PA 18106 610-841-5801 – Contact Marie Andrew Fax: 610-841-5805

Email: director@LehighChildrensAcademy.com Website: www.LehighChildrensAcademy.com

Description: Lehigh Children's Academy provides care and education for young children starting at six weeks and provides before and after school care for school age children. Located in Lower Macungie Township, the curriculum at Lehigh Children's Academy is focused on promoting the acquisition of skills by students through the design and enhancement of learning environments, activities, and routines of children and their families.

The philosophy behind the curriculum at Lehigh Children's Academy is that young children learn best by doing and encourages active thinking, experimenting to learn how things work and learning firsthand about the world. Lehigh Children's Academy's mission is to help children become enthusiastic, independent, self-confident, inquisitive learners. Lehigh Children's Academy's curriculum includes music, art, foreign languages, technological integration, cooking, and classes dedicated to developing and promoting fine and gross motor skills.

Before and after school care is available for children from age 5 to 12 and includes afterschool homework help. Summer Camp is available for children ages 5 through 12 and includes educational field trips to places like the Da Vinci Science Center and the Allentown Art Museum.

Lehigh County Office of Children and Youth

Lehigh County Government Center

17 South Seventh Street Hours: Monday thru Friday 8:00am to 4:30pm Allentown, PA 18101-2401 610-782-3200 610-782-3064 (After Hours)

Services: Local public agency required by state and federal law to respond to referrals of child abuse and neglect. The agency provides a wide range of services to protect children and strengthen families by partnering with many different service providers throughout Lehigh County. While the agency is committed to providing high quality services to the victims of child abuse/neglect and their families, the agency also believes that prevention efforts create the strongest foundation for the future well-being of our children, families, and community.

Lehigh Valley Health Network

1200 S. Cedar Crest Blvd. 610-402-2273

Allentown, PA 18103 Offers parenting workshops/classes. Call for more information or to register.

Maternal and Family Health Services: Lehigh Valley WIC Clinic

1227 W. Liberty Street, Suite 104 610-432-3455 (Appointments only) Fax: 610-432-1221

Allentown, PA 18102 1-866-942-8463 (toll free) Email: avery@mfhs.org

Contacts: Corina Moser or Avery Mertz Website: www.mfhs.org Email: corinas@mfhs.org

Hours: Monday & Friday 8:00 AM – 4:00 PM, Tuesday – 9:00 AM – 5:00 PM,

Wednesday & Thursday 8:00 AM – 6:00 PM

The WIC (Women, Infants, and Children) Program promotes the health of women, infants, and children by

providing food and nutrition education to pregnant women, breastfeeding mothers, infants and children. WIC services include: nutrition education, healthy food vouchers, breastfeeding support, farmer's market vouchers, and much more.

Bright Creations Learning Center

7462 Penn Drive Allentown, PA 18106

Contact Person: Suzanne Herman (Director)

Phone: 610-841-3522 Fax: 610-841-4660 Website: www.brightcreations.center

Days/Hours of Operation: Monday- Friday, 6 AM to 6 PM

Northampton County Children, Youth and Families

2801 Emrick Blvd. Main Number: 610-829-4690 24 hr. Emergency Services: 610-252-9060 Bethlehem, PA 18020 Toll Free: 1-800-634-0808 <u>To report child abuse call 1-800-932-0313</u>

Website: www.northamptoncounty.org M-F: 8AM-5PM 24 hr. emergency available

Northampton County Children, Youth and Families Division is responsible for planning and providing State mandated social services to dependent and abused children and youth in Northampton County. These services include activities designed to prevent neglect, abuse and exploitation and that help individuals overcome problems that result in dependency and abuse; provide services to families in their own homes which protect children from continued harm; provide temporary, substitute care in foster family homes or residential (24 hour) child care facilities for any child in need of such care; reunite children and their families if children are placed in temporary substitute care; provide a permanent, legally assured family for any child in temporary, substitute care who cannot be returned to their home; and provide court ordered care or supervision to alleged or adjudicated dependent or abused children.

ParentChild+ Program

The ParentChild+ Program ("parent child plus") is a free home visitation program for children ages 18 months to 3 years old. Trained staff visit children and parents in their home two times a week for 30 minutes, bringing educational toys, books, crafts and games that are gifts to the family. They sit with the child and parent and engage in a fun educational experience. If you live in the Easton School District and want to know more about our program, call 610-250-2542, ext. 20018. Program runs September to May. Home visits take place M-F with parents' availability.

Pinebrook Family Answers

402 North Fulton Street 1101 Northampton St. Suite 201 16 South Broadway, Suite 2

Allentown, PA 18102 Easton, PA 18042 Wind Gap, PA 18091

610-432-3919 610-559-8151 610-863-8151

Website: www.pbfalv.org

Our mission at Pinebrook is to promote the well-being and self-sufficiency of the children, young adults, and families in our communities by providing the highest quality prevention, treatment, and advocacy services. The agency offers a continuum of community-based prevention, treatment, placement and adoption services: specialneeds & international adoption, behavioral health services including outpatient counseling & psychiatric services, family-based mental health services, and high fidelity wraparound services, community-based services including transportation and family visitation program, family life education, and making the grade (a truancy reduction/family support program), and placement services including foster care and kinship permanency services.

Progressions Behavioral Health Services, Inc.

881 Marcon Blvd., Suite 3900 Hours: 8:30 a.m. to 5:00 p.m. Website: http://www.pbhsi.com

Allentown, PA 18109 610-266-2656 Allison Branche Fax: 610-266-2627 Progressions provides Behavioral Health Rehabilitation Services (BHRS) (wrap around services)

Outpatient

Project Child

3400 High Point Blvd. Phone: 267-930-4625—Pam Wallace Website: www.projectchildlv.org
Bethlehem, PA 18017 Fax: 267-930-4625 E-mail: projectchild@projectchildlv.org
Project Child is the Child Abuse Prevention Coalition of the Lehigh Valley. Project Child provides: public
education, professional development, parent support and specialized programs in order to prevent child abuse
and neglect and child safety. Project Child's services are mainly designed for parents, professionals and paraprofessionals in the community. Project Child offers ongoing weekly parenting classes and parent support
groups, which are open to all. Call for dates and times.

ProJeCt of Easton - SIZZLE! Summer Reading Program

(Se Habla Español)

320 Ferry Street Website: www.projecteaston.org

Easton, PA 18042 610-258-4361 Call 610-258-1100 Ext 14 for Language and Literacy Programs

SIZZLE! provides 6 weeks of summer literacy day camp for at-risk, low-income Easton area children in grades K-5. Enrollment is upon referral from the Easton Area School District. All services are free.

The Salvation Army of Bethlehem

521 Pembroke Road

Bethlehem, PA 18018 Phone: 610-867-4681 – Contact Jennifer Litzinger Fax: 610-867-9847

St. Luke's Hospital – Bethlehem Campus

801 Ostrum Street

Bethlehem, PA 18015 1-866-ST-LUKES (1-866-785-8537) Offers parenting classes. Call for days/times and to register.

St. Luke's Nurse-Family Partnership

240 Union Station Plaza

Bethlehem, PA 18015 Phone: 484-526-2786 – Contact Tiffany Grabinski or Tina Wida Fax: 833-514-6883

Website: www.nursefamilypartnership.org Office Hours: 8:00 am - 4:30 pm

Email: nfp@sluhn.org

Nurse-Family Partnership (NFP) is an evidence-based nurse home visiting program for pregnant women. This free program begins during pregnancy and continues until the child's second birthday. The goals of this program are to assist mothers in having a healthy pregnancy, encourage child health and development, and to guide mothers on reaching their life goals. Serving Lehigh and Northampton counties. Eligibility criteria is based on income, not insurance carrier.

Third Street Alliance for Women and Children

(Se Habla Español)

41 North 3rd Street 610-258-6271 Website: www.ThirdStreetAlliance.org

Easton, PA 18042 Hours: Monday through Friday 6:00 AM to 6:00 PM

The Learning Center provides high quality, affordable curricula for children 6 weeks to 12 years old. We are a NAEYC accredited program that has earned the Keystone Star 4 level. We encourage and develop cognitive,

physical, social, and emotional growth for each individual child while responding to the needs of families. We care for children in a way that is loving, respectful, and educational. It is our job to assist children in growing to their individual potential in an atmosphere that is supportive, rich, and challenging. Our students learn through play and hands-on experiences. We also have a Pre-K Counts classroom during the school year. This classroom also prepares the students so that they are well-rounded and have a smooth transition to Kindergarten.

Unconditional Child Care

402 N. Fulton Street Allentown, Pennsylvania 18102 Bethlehem, PA 18018 610-432-3919 Ext

Provides support and intervention for young children whose behavior in child care is difficult to manage. Services and resources are brought to the child care programs and to the family to help the child succeed in child care. Unconditional Child Care uses a Wrap Around approach to address the needs of the child, family, and child care program. Families with children who are enrolled in licensed child care centers and in group and family day care homes in Northampton and Lehigh counties may request Unconditional Child Care services. Parents must be working at least a part time and/or be enrolled in school. Referrals may be made by the parents, child care providers, and others involved with the child.

VIA of the Lehigh Valley, Inc.

336 West Spruce Street 610-317-8000

Bethlehem, PA 18018 Website: www.ViaNet.org Email: Via@ViaNet.org
Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with developmental disabilities like cerebral palsy, Down syndrome, autism and other intellectual disabilities.
Everyone deserves the chance to succeed and, through the support of our community, Via is able to provide opportunities for children and adults with disabilities living in the Lehigh Valley.

- <u>Farly Intervention</u>: Via provides Speech, Physical and Occupational Therapies, as well as Special Instruction for children from birth through the first three years, addressing individual disabilities and delays, both inhome and in care settings. We respect and build on the family's strengths, values, diversity and competencies. Care-givers are included in the teaching process so therapy can continue across the child's daily routines.
- <u>Early Literacy Promise Project (Reading Together at Home)</u>: Via's Reading Specialists work together with children and families to establish literacy skills and a love of reading. This early literacy program is free to families who reside in the city of Allentown and is provided in a family's own home, funded in part by the United Way.
- <u>Lehigh Children's Academy:</u> Lehigh Children's Academy provides quality care and education for children ages six weeks through Kindergarten, and before and after care for school ages through 12 years. We focus on creating learning opportunities through educational and recreational experiences that promote all areas of a child's growth and development. We work collaboratively with families every step of the way, from first feedings, to the first day of school and beyond. In our inclusive setting, we provide a developmentally appropriate educational environment for every young child that accounts for each individual's unique abilities and potential in an accepting, respectful climate.
- <u>Teen Experience</u>: Held during summer and winter break, Teen Experience includes job shadowing, career counseling, volunteering, and recreational and team-building activities. With the help of Via staff, teens develop life skills to plan their futures and gain independence upon graduation.

- <u>Student Work Experience</u>: Funded through the Office of Vocational Rehabilitation, high school students participate in paid work-based learning experiences at local businesses. Via focuses on the individual student, tailoring the paid internship experience to their career goals.
- <u>School-to-Work Transition Services:</u> Via works with students, in partnership with their school districts and the Office of Vocational Rehabilitation, to create an employment plan and explore careers of interest. Pre-Employment Transition Services are also available under this service.
- <u>Community Employment:</u> Via helps adults with disabilities work in integrated, competitive employment settings within their community, while providing ongoing support to ensure job stability.
- <u>ViaWorks Small Group Employment</u>: ViaWorks helps people with disabilities enter the work force, be a part of the community and earn a paycheck. ViaWorks teams work on site at local companies, providing contract services for local employers. This service teaches job skills in a supportive, hands-on environment.
- <u>Via Business & Industrial Services</u>: For more than 56 years, Via has specialized in contract packaging and assembly work, providing consistent high-quality work for businesses. Staff help provide a safe and productive environment for individuals to enhance skills and gain work experience.
- <u>Community Connections</u>: Via connects people to their community through volunteer, recreational, social and educational activities. Participants take an active role in planning their schedules and developing goals and objectives for each activity. Staff educate participants on a variety of life skills, such as the use of public transportation, understanding housing options, and the importance of money management.
- <u>Autism Services:</u> Via provides adults on the autism spectrum with resources to connect with each other
 and community resources to explore their talents and potential. Vocational, educational and recreational
 services are available.
- <u>Behavioral Supports:</u> Behavioral Support Services promote the growth, development, and independence of individuals with disabilities who experience behavior challenges. Our Masters-level staff work with a person's natural support system and caregivers to develop a behavioral support plan.
- <u>Creative Expressions Adult Training Services:</u> This service supports growth through artistic self-expression. Individuals engage their local community through visits to artist studios, museums, galleries, schools and cultural events. While at our facility, we focus on art projects, wellness, culinary skills and working to achieve independence and improve self-awareness

YMCA of Easton, Phillipsburg & Vicinity

1225 West Lafayette Street 610-258-6158, ext. 26 – Contact Sarah Wassel

Easton, PA 18042 Fax: 610-258-8903

Website: www.greatervalleyymca.org

Before and after school care, summer day camp, preschool, nursery school, youth programs, limited parenting classes.

Youth Advocate Programs

701 W. Broad Street, Suite 110 Contact: Cheryl Hopkins Email: chopkins@yapinc.org

Bethlehem, PA 18018 Website: www.yapinc.org 610-865-9111 Fax: 610-865-2607 Hours: 8:00 a.m. to 5:00 p.m.

We provide Advocate/Family Support services to families in need with a referral from Northampton County Children, Youth & Families and Mental Health Services.

Cops 'n' Kids Reading Room-Bethlehem

The Cops 'n' Kids Reading Room, in partnership with Northampton Community College, provides a place for children and families to read together, share stories, and select a free book to take home. Special programs can be planned for groups (storytelling, puppet shows, or other learning experiences linked to a specific curriculum standard or classroom topic). Teachers and group leaders may select up to five books per visit – for larger quantities, please contact us.

The Cops 'n' Kids Reading Room is located on the fourth floor, room 403, Northampton Community College Fowler Family Southside Center, Bethlehem, Pennsylvania. Phone: 610-861-5526. Website: www.copsnkidslv.org

Cops 'n' Kids Reading Room- Easton

The Cops 'n' Kids Reading Room, in collaboration with the Easton Area Community Center, provides a comfortable and welcoming place for children and families to read together, share stories, and select up to three free books to take home on every visit.

The Cops 'n' Kids Reading Room is located on the lower level, Easton Area Community Center, 901 Washington Street, Easton. Phone: 610-250-6562 Website: www.copsnkidseaston.org

CONSUMER INFORMATION Información Al Consumidor





Bureau of Consumer Protection

15th Fl. Strawberry Square Harrisburg, PA 17120 717-787-9707 800-441-2555

Will assist with complaints of poor quality services or products

Penn State Extension – Lehigh County

(Se Habla Español)

Lehigh County Extension Office 4184 Dorney Park Road, Room 104

Allentown, PA 18104

610-391-9840 Fax: 610-391-0683

Northampton County Extension Office Greystone Building, Gracedale Complex

Contact: Dora Boyd Simons – Office Manager

Nazareth, PA 18064

610-746-1970

Contact: Tina Weidele – Office Manager

Email: tms59@psu.edu

Website: http://extension.psu.edu/lehigh

Hours: 8:00 a.m. to 4:30 p.m.

Penn State Extension provides sound research-based educational programs and resources to the residents of Lehigh and Northampton counties. Program areas include: youth resiliency/family strengths, child development and professional development for early childhood educators, basic parenting skills, nutrition education for low-income families (EFNEP) and 4-H. Master Gardeners are trained volunteers who educate residents on topics related to home gardening. Programs and resources are available in various formats on topics such as food preservation, food safety, integrated pest management and starting a small farm.

COUNSELING Consejería





If you are looking for treatment for your child, regardless of whether you have Medical Assistance, any of the managed care insurances, or CHIP--contact your family doctor/clinic for a referral. You can then contact the number on your medical insurance card to ask for an updated listing of the providers that accept your child's insurance.

Access ServicesMonroe Office3975 Township Line Rd.2505 Milford Rd.Bethlehem, PA 18021East Stroudsburg, PA

Phone: 484-456-8717 FAX: 610-866-9323

Website: accessservices.org

Contact: Suzanne McFadden Email: smcfadden@accessservices.org

M-F: 8:30AM- 4:30PM

Provides Behavioral Health Rehabilitative Services to children under the age of 21 who are experiencing emotional or behavioral problems. Using a family-centered philosophy, BHRS is based on the principle of "wrapping" services and supports around the specific needs of children and their families. Individualized service is provided to children and their families in their home environment.

Bethany Counseling Ministry

36 S. Sixth Street Phone: 610-437-2466

Allentown, PA 18101

Family, couples and individual counseling – serves children, teens, adults. Sliding fee scale.

Catholic Charities (Se Habla Español)

900 S. Woodward Street Phone: 610-435-1541

Allentown, PA 18103

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday (Appointment Only)

Counseling for grief experiences and family problems. Runs a pregnancy/support counseling program for expectant adults and young families called "Pregnancy Support." Must attend 4 classes to receive free items for newborn. Adoptions, to adopt, or adopt out. Foster care program. New 55 and over program to assist with employment and other issues. Immigration problems, paperwork and citizenship classes. Free or sliding fee scale for some programs. There is a fee for the Immigration services.

Center for Humanistic Change

555 Union Blvd., Suite 7

Allentown, PA 18109 Phone: 610-443-1595

Website: www.thechc.org Fax: 610-433-1598 M-F 8:30-4:30PM

Mission is to give people especially youth, the knowledge and tools they need to make better-informed and more positive life choices. CHC programs are offered in schools, communities and workplace. Our clients include students, counselors, parents, social service employees, teachers, administrators, community groups, and individuals interested in personal growth. Drug and alcohol prevention programs remain a core service.

Community Solutions, Inc.

2015 W. Hamilton Street, Suite 204A Phone: 610-435-3343 Fax: 610-435-7211

Allentown, PA 18104 Website: www.csi-online.org Email: iwestdorp@csimail.org

Contact: Jill Hoch – Area Director; Isaac Westdorp- Program Director

Hours: 8:30 a.m. to 4:30 p.m.

Multi-systemic Therapy Treatment Program:

• Multi-systemic Therapy (MST) is an intensive family and community based treatment service that addresses multiple aspects of serious behavior adolescents.

- The multi-systemic approach views an individual's behavior as being influenced by the systems around them-family, peers, school, neighborhood, as well as by the individual's thoughts and feelings about that system.
- MST interventions address the many factors that are known to contribute to delinquency where the youth lives, works and plays. Therapists work with parents/care-givers to impact and provide support in school, youth, peer, and community settings for 4-6 months. Contact can be daily at the outset, with families receiving 2-3 sessions per week on average. Therapists are available around the clock for emergencies and support. These family interventions promote positive family relationships and development of skills to impact adolescents' risky and acting-out behaviors, as well as enhance the parent's capacity to monitor and manage the adolescent.

Coughlin, Kathleen, LSW & Associates

(Se Habla Español)

308 E. Broad Street Bethlehem, PA 18018

610-861-8779 Fax: 610-861-4677

Website: www.kcoughlinandassociates.com Email: info@kcoughlinandassociates.com

Hours: 8:00 a.m. to 9:00 pm Monday through Friday, 8:00 a.m. to 3:00 p.m. Saturday

Kathleen Coughlin and Associates is a group of private practitioners that provide counseling services for individuals, couples, and families. Our group provides individual, family, marital and couples counseling. We believe that all feelings are part of being human. We help you to understand your feelings, sort through difficult situations and connect with your inner wisdom so you can make healthy choices in life. Our practice offers services to young children, adolescents, adults, and the elderly. Our group is dedicated to providing you with the personal care you deserve. In our warm and caring environment, you will receive guidance from sensitive, respectful professionals whose experience and qualifications will ensure you attain the solutions you seek. Our staff consists of caring individuals with extensive training and licensing in their respective areas of expertise.

Crime Victim's Council of the Lehigh Valley

801 Hamilton Street, Suite 300 Easton Office:1555 Northampton Street

Allentown, PA 18101 Easton, PA 18042

610-437-6610 Fax: 610-437-9394 610-250-6313 (call for information)

Website: www.cvclv.org Email: info@cvclv.org

Individual Counseling, Group Counseling (Sexual Assault/Abuse Survivors, Homicide Survivors),

Court/Hospital/Police Accompaniment, Community Education and Prevention Programs, and Assistance with

Victim's Compensation. Hours: Monday through Friday 8:30 a.m. to 4:30 p.m.

24-Hour Hotline: 610-437-6611

Crisis Intervention

Lehigh County Northampton County Emergency Services

17 South Seventh Street 45 North 2nd Street Allentown, PA 18101 Easton, PA 18042

24 hour hotline: 610-782-312 Fax: 610-820-8266 24 hour emergency number: 610-252-9060

Website: www.lehighcounty.org

Hrs: Telephone 24/7 Mobile Visits: 8-12p

Walk-ins: 8am-5pm Referrals/intake for mental health crisis.

Immediate referral for children, youths, and adults in crisis. Mental health, suicide, other issues. No cost.

Lehigh County Integrated Services

17 South 7th Street Allentown PA 18101 610-782-

3376

https://www.lehighcounty.org/Departments/Human-Services/Integrated-Family-Services

Hours: Monday through Friday 8:30 to 4:15

Provides a free service through Children's Mental Health and the Children's Adolescent Service System Program (CASSP) in bringing systems and services together to increase communication and collaboration and to explore and identify services and support for a child and his/her family. Referrals can be made by anyone.

Forensic Treatment Services/Valliere & Counseling

732 Turner St Phone: 610-433-1529

Allentown, PA 18102 Fax: 610-289-4883 Website: www.vallierecounseling.com

Contact person: Vickie Moyer 8am-8pm

Provides violent offender Outpatient treatment and therapy. Specializes in domestic violence issues. Works with children and adolescents who are sexually aggressive, as well as with child victims of sexual abuse. Group and individual therapy. Referrals through Children and Youth, Department of Corrections, Probation and Parole and self-referred. Accepts Magellan, BC/BS, Medicare and other insurances. Call for more information.

Ann Friedenheim, M.S., L.P.C.

1320 Hausman Rd., Suite 202 610-462-2549 Fax: 484-294-2791

Allentown, PA 18104 Hours: by appointment only Website: www.annfriedenheim.com When working with children, I utilize child-centered play therapy techniques and adjust my approach depending on the child's development and needs. While adults are comfortable communicating verbally, children use the language of play to express the themes in their lives. Through play, children are able to communicate about issues that are troubling them and can learn ways to share feelings and thoughts. Parents or caretakers are asked to provide weekly input and to be part of the process. Over the last 25 years I have worked with adults, teens and children living through many difficult circumstances. I offer a safe and nurturing place to explore situations or problems that are causing you distress. Through therapy, you can connect with your inner strengths, identify your needs and priorities and take steps to greater peace and satisfaction. Many of my clients have been addressing depression, anxiety, life changes, unresolved issues of the past, relationships and trauma. Some people use therapy not to problem solve but to find ways to have more joy, greater well-being or to gain a clear direction towards the future.

Accepts: Capital Blue Cross, Highmark Blue Shield, Populytics, Geisinger United Behavioral Health, Amerihealth Caritas, and Magellan.

Hours: Monday through Thursday 10 am to 7 pm

Nigito-Raftas, Joanne

1754 W. Broad St. Bethlehem, PA 18018

610-814-6263 Offers play therapy

Lehigh County Information and Referral

17 South 7th Street Allentown, PA 18101

610-782-3200 Hours: Monday through Friday 8:30 a.m. to 4:15 p.m. www.Lehighcounty.org Email: informationandreferral@lehighcounty.org

Provides information and referrals for the County Department of Human Services which includes Children & Youth, Mental Health and Intellectual Disabilities, Children's Mental Health, Office on Aging and Adult Services, Drug & Alcohol and Early Intervention services.

Haven House

1411 Union Blvd.

Allentown, PA 18109 610-433-6181 Fax: 610-433-5124

Hours of Operation: Monday – Saturday, 8:00 am – 7:00 pm

EXECUTIVE DIRECTOR: Jessica Katzbeck NCC MS

Programs: Haven House is an outpatient community mental health clinic offering: outpatient therapy, mental health evaluations, therapy support groups, medication management, psychiatrists and nurse practitioners, psychiatric rehabilitation services (on-site), and mobile psychiatric rehabilitation services (in-home), and Wellness Recovery Team, for individuals ages 14 and up. Haven House also hosts groups open to anyone from the community in Healthy Family Relationships and Anger Management (bi-lingual Spanish speaking available). We have English and Spanish speaking staff, therapists and doctors. Magellan Behavioral Health, Medicaid, Medicare, Lehigh and Northampton County MH assistance accepted, as well as some private insurances. Access to public bus transportation within 1 block.

* Hispanic American Organization

(Se Habla Español)

462 Walnut Street

Allentown, PA 18102 610-435-5334

Counseling Service: 610-351-2292 x 412 Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Holcomb Behavioral Health Systems (BHS)

<u>Allentown</u> <u>Easton</u>

1245 S Cedar Crest Blvd Suite 303929 Northampton St.Allentown, PA 18103Easton, PA 18042610-435-4151610-330-9862Fax: 610-435-3044Fax: 610-330-2853M-F 8:30-7:00pmM-F 8:30am-5:00pm

www.chimes.org Intake for new clients 1-800-258-8860

KidsPeace and Orchard Behavioral Health Green Street Clinic

801 E. Green Street Phone: 610-799-8910 Contact: Neville Tomlinson

Allentown, PA 18109 Fax: 610-776-1694 Email: neville.tomlinson@kidspeace.org

Website: www.kidspeace.org

Outpatient mental health individual, family, and group counseling. Medication Management and Psychiatric

Evaluation. Urgent Care walk-in assessments Monday through Friday 9:00 a.m. to 5:00 p.m.

Hope House

3606 Hecktown Road Bethlehem, PA 18020 610-882-2008

Fax: 610-882-2009

Contact: Valerie Roseburgh

Website: www.hopehouse-rhd.org

Email: hopehouse@rhd.org

Hope House provides short-term residential services for adults in need of mental health intervention. We offer a safe and supportive environment for people who need a place to stay until they stabilize and can safely return to the community. Our maximum capacity is eight individuals. The average length of stay is one week. Trained staff members are on duty 24 hours a day, 365 days a year. Our dedicated staff of Bachelor's and Master's level professionals is focused on assisting consumers in resolving their immediate crisis and mobilizing support systems in the community for ongoing treatment and support.

Our services are a safe and cost-effective alternative to hospitalization and are available to adults, 18 years of age and over, who reside in Northampton, Lehigh and surrounding counties. Referrals must be submitted by a mental health professional such as an individual's Intensive Case Manager, a Crisis Hotline worker, therapist, psychiatrist, etc. Services we offer include, but are not limited to:

- 24 Hour Crisis Intervention
- Individual & Group Therapy
- PsychiatricTreatment
- Medication Monitoring
- Case Management
- Psycho-Education
- Mental Health Recovery

Hope House is licensed by the Commonwealth of Pennsylvania and is primarily funded through contracts with Magellan Behavioral Health, Northampton County MH/MR and Lehigh County MH/MR.

Lehigh Valley Community Mental Health Centers (Se Habla Español)

Serves both Northampton and Lehigh counties

214 North 6th Street 530-532 Ridge Avenue 226 Northampton Street

Allentown, PA 18102 Allentown, PA Easton, PA 18042 610-432-4356 484-223-3112 610-330-0489

2030 Tilghman St # 105B, Allentown, PA 18104

Services: Ages 5 years and above, individual, family and group therapy available for those with mental health disorders--hyperactivity, anxiety, depression, mood and sleeping disorders. Provides services to adolescents and adults in the mental health area offering a psychiatric, individual and family psychotherapy. They also provide psychiatric medications. Medicare & other insurances. Call for availability, walk-ins welcome. Accepts: Magellan, Gateway, Medical Assistance, and Northampton County with authorization.

Methodist Services Community Counseling

51 Market Street 1555 Northampton St. Bangor, PA 18013 Easton, PA 18042 610-588-9109 610-252-2000 FAX: 610-588-5016 FAX: 610-252-1484

Non profit charitable organization. Services provided include: psychotherapy for individual children, adults and for families; diagnostic evaluations; psychiatric evaluation and medication management. Northampton, Lehigh and Carbon/Monroe/Pike County Health choices plans (Medicaid) accepted; most private insurances accepted; reasonable self-pay rates.

Monocacy Counseling Associates

826 Delaware Avenue 610-317-0503 Contact: Gregory Krausz

Bethlehem, PA 18015 Fax: 610-419-3309 Email: greg@monocacycounseling.com

Website: www.monocacycounseling.com

At Monocacy Counseling Associates, we are trained and experienced to assist our clients with a wide range of psychological and mental health problems. We can work with you to manage problems associated with trauma, grief and loss. This includes personal, business or community trauma. We offer College Counseling services such as preparation for interviews and auditions, essay writing and other preparatory services. Our staff includes a trained Reiki therapist. Fees are based on a sliding scale. We participate with several insurance companies. Call us for details. Evening and weekend hours are available. Hours: Monday through Friday 9:00 a.m. to 8:00 p.m., Saturday by appointment

New Vitae, Inc. (formerly The Mitchell Clinic)

555 Harrison Street Phone: 484-664-1400, ext. 501 – Contact Pam DeHart or Todd Barlow

Emmaus, PA 18049 Fax: 610-421-6285

Hours: Day, Evening and weekend hours available. Walk-ins Tuesday& Thursday 10:00am-3:00pm Outpatient program. Services: Group and individual counseling. Psychiatric evaluation and ongoing medication management. Servicing ages 18 and older and their families. Accepting most private insurances. Specializing in co-occurring challenges in drug and alcohol and mental health.

Northampton County Intake and Referral Line

2801 Emrick Blvd. Bethlehem, PA 18020

610-829-4800 or 610-559-3270 Monday to Friday, 8 AM to 5 PM (voucher office)

First time intakes and referrals for Mental Health/Developmental Programs, Early Intervention and Agency on Aging come through this number; must live in Northampton County; agency will refer to one of their case workers and make other referrals where appropriate

Pennsylvania Mentor

3865 Adler Place, 2nd Floor Bethlehem, PA 18017 610-867-3173

Fax: 610-867-2695 8:30am-4:30pm M-F

Family based services. ASD specific BHRS program. Therapeutic foster care. Children's intensive case

management.

St. Luke's University Health Network Psychiatric Associates

1107 Eaton Avenue

Bethlehem, PA 18018 484-526-

2400 Fax: 866-521-0526

Outpatient counseling for adults and children. Takes MA and also private insurance.

Counseling for mental health issues and assists clients to return to their daily lives. Also have group sessions

and a partial hospitalization program. (There is a waiting list for MA clients.)

Salisbury Behavioral Health, Inc.

3894 Courtney Street, Courtney Bldg. 1, Suite 100

Bethlehem, PA 18017

Phone: 610-973-0970 Fax: 610-391-1735

Family-based mental health services. Blended case management (children/adults).

Step By Step, Inc. (Se Habla Español)

Lehigh Valley Region Cross Valley Commons 623 West Union Blvd 744 Kidder Street Bethlehem, PA 18018 Wilkes Barre, PA 18701

610-867-0688 570-829-3477

Services: Supportive living services for individuals with mental health diagnoses and individuals with intellectual developmental disabilities; residential living options. Home and community habilitation services and supported living through life sharing services for IDD clients. Mobile psych rehab services for MH clients. Outpatient program for mental health and substance abuse clients.

Pinebrook Family Answers (Se Habla Español)

Main Office- Allentown Easton Office Wind Gap Office

402 N. Fulton Street 1101 Northampton St., Suite 201 16 S Broadway, Suite #2 Allentown, PA 18102 Easton, PA 18042 Wind Gap, PA 18091

610-432-3919 610-559-8151 610-863-8151

Main Office Phone: 610-432-3919 OR 1-800-382-0404 Fax: 610-740-9550

Website: www.pbfalv.org

Hours: Monday through Thursday 9 AM to 8:15 PM, Friday 9 AM to 7:30 PM, and Saturday 9:00 AM to 1:00 PM (Allentown & Easton) 9 AM to 12 PM (Wind Gap).

A social service agency headquartered in Allentown, Pennsylvania, has been serving Lehigh Valley residents of all ages for over 110 years. By providing service through our various programs we can help individuals, couples and families overcome various problems they encounter in their day-to-day lives.

Currently we offer:

- Counseling by licensed clinical social workers (individual, couples, family)
- Homecare services support with activities of daily living
- Family preservation assistance
- and a financial literacy course coupled with a low-interest car loan program for employed parents of children under the age of 18

Our programs are designed to assist individuals and families to become self-reliant and self-sustaining.

Turning Point of Lehigh Valley, Inc.

(Se Habla Español)

444 Susquehanna St., Allentown, PA 18103

Administrative Office (Hours: 8:30am-4:30pm) Phone: 610-797-0530 Fax: 610-797-0585

24/7 Helpline 610-437-3369 or TTY: 610-419-4594

Website: www.turningpointlv.org

Turning Point is a safe place where survivors of domestic and intimate partner abuse and their children can find refuge. We provide inclusive programs and services to individuals and families in Lehigh and Northampton counties and reach nearly 3,500 people a year through our programs and services. Those include: a 24-hour Helpline, Emergency Safe House, Empowerment Counseling, Empowerment Groups, Child/Teen Advocacy, Legal Advocacy, Outreach Education, and Medical Advocacy. All programs and services are confidential and at no cost. We speak English and Spanish as well as a translation line for other languages.

Valliere and Counseling Associates, Inc.

726 Church Street 610-530-8392

Fogelsville, PA 18051 Fax: 610-530-8940 Website: www.vallierecounseling.com

Trauma-focused outpatient therapy for children and adults. Domestic violence, sexual assault, depression, grief, anxiety. Referrals through Children and Youth. Accepts Magellan, BC/BS, Medicare, and other insurances. Call for more information.

Valley Youth House

3400 High Point Blvd. Bethlehem, PA 18017 610-820-0166

8th Avenue Shelter 539 Eighth Avenue

Bethlehem, PA 18018 610-691-1200 – Contact Michele Albright

Email: malbright@valleyyouthhouse.org

Visit our website at <u>www.valleyyouthhouse.org</u> for a complete list of programs.

In the Lehigh Valley, Valley Youth House has offices in Allentown, Bethlehem and Easton. Services offered include: mental health counseling for families and youth, family preservation; family based mental health; independent living program for youth including teenage moms and their babies (therapy supervised

residence); a runaway and homeless youth shelter for ages 12 through 17 (there is also a shelter in Bucks County); student assistance program (SAP) for mental health counseling through Northampton County school districts; school based drug prevention services; child abuse prevention coalition; Camp Fowler providing youth a place to heal, learn, and grow, including overnight camping, challenged based recreation and character education programs. Valley Youth House Shelter is a short-term emergency placement for youth in crisis. Services are available to females and males between the ages of 12 & 17. The program provides individual, family and group counseling, with the ultimate goal of family reunification. Outreach services are available for older adolescents (18 and up) through the Synergy Project. Contact number for outreach is 484-866-5556.

*In addition to the Lehigh Valley, the Independent Living Program offers assistance in Delaware, Lancaster, Luzerne, Montgomery, and Philadelphia Counties.

CRISIS Crisis





RESOURCES FOR CHILDREN AND FAMILIES EXPERIENCING HOMELESSNESS RECURSOS PARA NIÑOS Y FAMILIAS SIN HOGAR

EMERGENCY AND TRANSITIONAL SHELTERS REFUGIOS DE EMERGENCIA Y TRANSITORIOS

Allentown Rescue Mission

(Se Habla Español)

355 Hamilton Street

Allentown, PA 18101 610-740-5500

Provides housing for homeless males in crisis. * Must get a voucher for shelter from the Allentown Police Department. <u>Gateway Emergency Shelter-</u> Shelter, food, and clothing for homeless adult men. Open 3:30pm to 8:30am. Needs assessed and referrals provided. Includes referral for mental health and chemical addictions. <u>Christian Living Program</u>- Rehabilitation program to heal from emotional and mental traumas and develop self-discipline and employment skills to be a responsible citizen and family member.

<u>Clean Team</u> – Employment in day labor service doing general unskilled labor for above minimum wage and transition to permanent employment.

Easton Area Neighborhood Center, Inc./Roofover Family Shelter

902 Philadelphia Road

Easton, PA 18042 610-253-4253

Northampton County residents only

Services: Rental assistance, Roofover Family Shelter for homeless families, Food Bank for Easton families, LISHP (Low-Income Self-Help Program) gas assistance and they also offer Social Security Representative Payee Program.

Ferry Street Apartments (A program of the Community Action Committee of the Lehigh Valley and the Sixth Street Shelter)

600 Ferry St. 610-253-3980 Easton, PA 18042 Fax: 610-252-4368 Website: https://sixthstreetshelter.caclv.org/74-2/

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

The Hospitality House – The Salvation Army

(Se Habla Español)

344 N. 7th Street 610-432-0128 Allentown, PA 18102 Fax: 484-223-1615 Website: http://pendel.salvationarmy.org/easternpa

Open 24 hours a day – 7 days a week. Emergency shelter for women and children. Also runs a permanent housing program for chronically homeless women.

**Lehigh County Conference of Churches (Se Habla Español)

457 W. Allen St.

Allentown, PA 18102 610-433-6421

An association of over 140 local churches, the conference has the following social service programs: Linkage-Street caseworker connects homeless people with services. Homeless Supportive Services- Provides intensive case management for the disabled and chronically homeless.

The Nehemiah House

416 Canal Street, Easton, PA, 18042 (610) 253-6083

The Nehemiah House is a Christian transitional housing program for adult male alcoholics and drug addicts preparing for re-entry into society. Residents are given shelter and expected to: contribute to their treatment, attend outpatient counseling, Christian and/or secular AA/NA meetings, Bible study, church, do housework, obtain outside work, save money, meet their financial obligations, and assume a responsible role in society.

Pathways Housing Services- 1031 W. Linden Street Programs:

Pathways Housing Services offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation.

PHONE: 610-439-8653 FAX: 484-664-7322

www.lehighchurches.org Walk-in hours: Monday – Thursday 9:00AM-11:00PM and 1:00PM-3:00PM

Cay Galgon Life House

714 West Broad Street Bethlehem, PA 18018

Website: www.caygalgonlifehouse.org

Phone: (610)867-9546 Fax: (610)419-3255

Hours of Operations: 24/7

Provides residential and non-residential services for pregnant women and women with newborns who are in need of a supportive environment because of a lack of suitable housing or favorable family relationships. Shelter services provided for expectant mothers, which include temporary housing, counseling, as well as parenting, relationship, and housekeeping skills.

New Bethany Ministries

333 W. 4th Street Phone: 610-691-5602

Bethlehem, PA 18015 Website: www.newbethanyministries.org

Offers short-term transitional housing and supportive services for homeless families in individual rooms for up

to six months. Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday.

Soup Kitchen Breakfast: 8-10:30am. Lunch 12-1pm. Food Bank: 10:30-11:30am. Day Shelter 8am-4pm (showers, address usage). * Must bring some form of identification

New Bethany's Restoration House

Restoration House is a long-term transitional program for homeless families or families who are currently in shelters. They offer 10 apartment units where families can stay for up to two years. An adult in the family must work on education goals (like a GED, Vo-Tech, or Community College) while they are in this program. Apply at the New Bethany office (see address, phone, and hours in listing above).

Safe Harbor Easton

536 Bushkill Drive

Easton, PA 18042 610-258-5540

Shelter for adults only, men and women on an as-needed basis. Meal center on site, open weekdays to public from 9 a.m. to 3 p.m for breakfast and lunch.

Sixth Street Shelter

(A program of the Community Action Committee of the Lehigh Valley)

219 North 6th Street

Allentown, PA 18102

610-435-1490 Fax: 610-433-3282 Website: www.caclv.org

Located in Allentown. A non-emergency shelter providing housing and supportive services for families with children. Individual apartments, 60-day program, referral required (Pathways, Children and Youth). Call 211 hotline for assistance. Office hours Monday- Friday 8:30am – 4:30pm.

Third Street Alliance for Women and Children

(Se Habla Español)

(Se Habla Español)

41 North 3rd Street 610-258-6271 Website: www.ThirdStreetAlliance.org

Easton, PA 18042 Hours: Monday through Friday 6:00 AM to 6:00 PM

The Learning Center provides high quality, affordable curricula for children 6 weeks to 12 years old. We are a NAEYC accredited program that has earned the Keystone Star 4 level. We encourage and develop cognitive, physical, social, and emotional growth for each individual child while responding to the needs of families. We care for children in a way that is loving, respectful, and educational. It is our job to assist children in growing to their individual potential in an atmosphere that is supportive, rich, and challenging. Our students learn through play and hands-on experiences. We also have a Pre-K Counts classroom during the school year. This classroom also prepares the students so that they are well-rounded and have a smooth transition to kindergarten.

Turner Street Apartments (A program of the Community Action Committee of the Lehigh Valley and Sixth Street Shelter)

219 North 6th Street 610-435-1490

Allentown, PA 18102 Fax: 610-433-3282 Website: www.caclv.org

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

Turning Point of Lehigh Valley, Inc.

(Se Habla Español)

444 Susquehanna St. 18103

Administrative Office (Hours – 8:30am-4:30pm) - Phone: 610-797-0530, Fax: 610-797-0585

24/7 Helpline 610-437-3369 or TTY: 610-419-4594

Website: www.turningpointlv.org

Turning Point is a safe place where survivors of domestic and intimate partner abuse and their children can find refuge. We provide inclusive programs and services to individuals and families in Lehigh and Northampton counties and reach nearly 3,500 people a year through our programs and services. Those include: a 24-hour Helpline, Emergency Safe House, Empowerment Counseling, Empowerment Groups, Child/Teen Advocacy, Legal Advocacy, Outreach Education, and Medical Advocacy. All programs and services are confidential and at no cost. We speak English and Spanish as well as a translation line for other languages.

Valley Youth House

539 Eighth Avenue

Bethlehem, PA 18018 610-691-1200 – Contact Lorrie Reddy

Valley Youth House Shelter is a short-term emergency placement for youth in crisis. Services are available to females and males between the ages of 12 & 17. The program provides individual, family and group counseling, with the ultimate goal of family reunification. Outreach services are available for older adolescents (18 and up) through the Synergy Project. Contact number for outreach is 484-866-5556.

Victory House (Se Habla Español)

314 Filmore Street

Bethlehem, PA 18015 610-691-3373

Emergency shelter for male adults, transitional housing, case management, also for Veterans.

HOUSING HOTLINES AND REFERRALS PHONE NUMBERS LÍNEAS DIRECTRICES DE LA VIVIENDA Y NÚMEROS TELEFÓNICOS DE REFERENCIAS

National Center for Homeless Education Initiatives (Se Habla Español)

1-800-308-2145 - NCHE Homeless Education Helpline

https://nche.ed.gov/

For assistance with an issue related to the education of a child or youth experiencing homelessness, contact the NCHE homeless education toll-free helpline or homeless@serve.org.

PA 211 (Se Habla Español)

Dial 2-1-1 or the number 855-501-6785

http://pa211east.org/

2-1-1 is a free, accessible, 3 digit telephone number available to everyone. All residents have access to customized health, housing, and human services information in one place.

OVERNIGHT WARMING STATIONS ESTACIONES DE CALENTAMIENTO POR LA NOCHE

Fountain Park Pool Building - Winter Shelter

889 Martin Luther King Jr. Drive

Allentown, PA 18102 610-776-4009

Emergency shelter November-April. 5:00 pm-7:00 am for homeless men and women throughout the winter. Building has bathroom and shower facilities. No food or laundry at this location.

Bethlehem Emergency Shelter

73 East Market Street

Bethlehem, PA 18018 484-379-6694

Provides overnight shelter 5:30 pm-7:30 am December-March, evening meal, and breakfast.

Safe Harbor Easton - Warming Shelter Site

536 Bushkill Drive

Easton, PA, 18042 610-258-5540

An emergency, cold -weather shelter December-March 8:00 pm-7:00 am for adult men and women, available on a walk-in basis before posted curfew hours. Snacks served, hot beverages, hygiene kits, clothing closet, case management available, additional day program 9:00am-5:00 pm.

SCHOOL DISTRICT HOMELESS LIAISONS AYUDA PARA FALTA DE VIVIENDA EN DISTRITO ESCOLARES

LEHIGH

Allentown School District

Jimmy Torres, Site Coordinator torresi@allentownsd.org 484-765-4037

Arts Academy Charter School

Nicole Thomson- Homeless Liaison/Counselor nthomson@artsacademyelementary.com 610-841-4560 ext. 2251

Arts Academy Elementary Charter School

Jay Eitner- Chief Executive Officer <u>jeitner@artsacademyelementary.com</u> 610-841-4560 ext. 1191

Catasauqua Area School District

Robert J Spengler--Superintendent spenglerr@cattysd.org 610-264-5571

Circle of Seasons Charter School

Jill Jenkins- School Counselor-K, 4-5th grades <u>jienkins@circleofseasons.org</u> 610-285-6267 ext. 106

Circle of Seasons Charter School

Lauren Kocis- School Counselor-1-3rd,6th grades

<u>lkocis@circleofseasons.org</u> 610-285-6267 ext. 103 610-285-2444

East Penn School District

Karla Matamoros- Home & School Visitor kmatamoros@eastpennsd.org 610-966-8448

Executive Education Academy Charter School

Sue Sos- Business Manager/Homeless Liaison ssos@ee-schools.org
610-841-7044

Innovative Arts Academy Charter School

Brad Schisko, School Counselor bschisko@iaacslv.net

610-403-2787 ext. 111

Lincoln Leadership Academy Charter School Sis-

Obed Torres-Cordero-Director of Operations/Homeless Designee sisobed1@aol.com 484-860-3300

Northern Lehigh School District

Melissa DeSocio- Secondary School Nurse mdesocio@nlsd.org
610-767-9839

NORTHAMPTON

Bangor Area School District

Joseph E Kondisko- Director of Student Services kondisjo@bangorsd.org 610-599-7506

Bethlehem Area School District

Audie Torres- Supervisor of Child Accounting artorres@basdschools.org 610-861-0500 ext. 60270

Easton Area School District

Alyssa Emili- Assistant to the Superintendent emilia@eastonsd.org 610-250-2400 ext. x35032

Easton Arts Academy Elementary Charter School

Joanna Hughes- Executive Director jhughes@eaaecs.com 484-264-7302

Lehigh Valley Academy Regional Charter School

Kim Bachert- HS Counselor k.bachert@lvacademy.org 610-866-9660 ext. 4124

Lehigh Valley Charter High School for the Performing Arts

Ann Marie Squerrini-Registrar asquerrini@charterarts.org 610-868-2971 ext. 3137

Lehigh Valley Dual Language Charter School

Lisa Pluchinsky- Principal <u>Ipluchinsky@lvdlcs.org</u>
610-419-3120 ext. 102

Nazareth Area School District

Pamela Vlasaty- Director of Pupil Services

<u>PVlasaty@nazarethasd.org</u> 610-759
1170 ext. 1114

Northampton Area School District

Robert J. Steckel, Jr.- Assistant
Superintendent steckelr@nasdschools.org
610-262-7811 ext. 20020

Pen Argyl Area School District

Tricia Viglione-Supervisor of Special Education viglione.tricia@penargylsd.org
610-863-3191 ext. 344

Saucon Valley School District

Dr. Craig Butler- Superintendent craig.butler@svpanthers.org
610-838-7001 ext. 1103

Wilson Area School District

Dr. Doug Wagner- Superintendent dwagner@wilsonareasd.org 484-373-6000 ext. 6002

Pennsylvania's Education for Children and Youth Experiencing Homelessness Program Regional Sites

Eight regional sites are in operation at the locations listed below, with the state coordinator located in Harrisburg. If you have any general questions or questions about specific situations to help students experiencing homelessness, please contact any of the coordinators listed below.

Statewide Contacts

Center for Schools and Communities

Lynda Becker, Youth Development Coordinator Ph 717-763-1661 ext. 156 Fax 717-763-2083 Ibecker@csc.csiu.org

PA Department of Education Storm Camara, State Coordinator Ph 717-772-2066 scamara@pa.gov

Center for Schools and Communities

Karen Lehman, Youth Development Project Manager Ph 717-763-1661 ext. x 166 Fax 717-763-2083 klehman@csc.csiu.org

PA Department of Education

Carmen Medina, Division Chief Ph 717-783-6464 Ph 717-515-3824 Fax 717-783-4392 cmedina@pa.gov

Allegheny Intermediate Unit

Yolanda Yugar, Evaluation Specialist Ph 412-394-5801 Fax 412-394-4998 yolanda.yugar@aiu3.net

Regional Contacts

Region 1

School District of Philadelphia Al Quarles, Regional Coordinator Ph 215-400-6045 Ph 267-784-9956 Fax 215-400-4174 abquarles@philasd.org

Region 2

Berks County Intermediate Unit 14
Melissa DeMotta, Site Coordinator
Ph 484-955-9920
Fax 610-987-8400
meldem@berksiu.org

Kristen Hoffa, Regional Coordinator Ph 610-987-8509 Ph 800-510-2741 Fax 610-987-8400 krihof@berksiu.org

Tabitha Kramer, Program Specialist Ph 610-987-8509 tabkra@berksiu.org

Region 3

<u>Lincoln Intermediate Unit</u>
Melissa Gosnell, Program Liaison
Ph 717-718-5944
magosnell@iu12.org

Sonia Pitzi, Regional Coordinator Ph 717-718-5924 Fax 717-718-5943 slpitzi@iu12.org

Region 4

Allegheny Intermediate Unit
Nicole Anderson, Regional Coordinator
Ph 412-394-5894
Ph 412-295-5718
Fax 412-394-5836
nicole.anderson@aiu3.net

Allegheny Intermediate Unit 3 Tracey Finn, Community Liaison Ph 412-394-1351 Ph 412-848-5467 tracey.finn@aiu3.net

Region 5

Erie School District
Neal Brokman, Site Coordinator
Ph 814-874-6122 Ph 814-636-7804
Fax 814-874-6124
nbrokman@eriesd.org

Midwestern Intermediate Unit Bryda Drumm, Intermediate Unit Liaison Ph 724-652-6882 Ph 724-967-1965 Fax 724-652-6882 bryda.drumm@miu4.org

Northwest Tri-County Intermediate Unit Jerry Gill, Supervisor of School Improvement\ Services Ph 814-490-1367 jerry_gill@iu5.org

Midwestern Intermediate Unit 4 Wendy Kinnear, Regional Coordinator Ph 724-458-6700 ext. x1289 Ph 724-730-4859 Fax 724-458-5083 wendy.kinnear@miu4.org

Riverview Intermediate Unit 6
Mary Miller, Intermediate Unit Liaison
(Forest, Venango Counties)
Ph 814-226-7103
Fax 814-226-4850
mmiller@riu6.org

Region 6

ARIN Intermediate Unit 28
Andrea Sheesley, Regional Coordinator
Ph 724-463-5300 ext. 1235
Ph 814-242-7294
Fax 724-463-5315
asheesley@iu28.org

Region 7

<u>Luzerne Intermediate Unit</u> Gia Fahey, Assistant Coordinator Ph 570-718-4623 gfahey@liu18.org

Jeff Zimmerman, Regional Coordinator Ph 570-718-4613 Ph 570-301-4990 Fax 570-287-5721 jzimmerman@liu18.org

Region 8

Bucks County Intermediate Unit Michelle Connor, Regional Coordinator Ph 215-348-2940 ext. x1361 Fax 215-340-1964 Allentown School District
Russell A. Valentini, Site Coordinator
Ph 484-765-4037
Ph 610-392-0589
Fax 484-765-4045
valentinir@allentownsd.org

mconnor@bucksiu.org

HOUSING ASSISTANCE Asistencia y Ayuda Para Vivienda

**Rental or financial assistance may be available.

City of Allentown Bureau of Building Standards and Safety

435 Hamilton Street, 3rd Floor

Allentown, PA 18101 610-437-7694 and 610-437-7695

Hours: Monday through Friday 8 am to 4:30 pm

Handles complaints regarding unsafe living conditions, rental housing/apartments – Call 610-437-7694. For unsanitary conditions: health call 610-437-7759. For animal complaints, call 610-437-7535. For garbage and trash: recycling/solid waste, call 610-437-8729.

Allentown Housing Authority

1339 W. Allen Street Allentown, PA 18102

610-439-8678 (office) Fax: 610-439-8884

Apply for public housing or Section 8 Housing, based on income. Please visit our website at

www.allentownhousing.org. Hours: 8:30am-4:30pm

American Red Cross of the Greater Lehigh Valley

3939 Broadway Street

Allentown, PA 18104

610-865-4400 or 800-422-7677 - Disaster client line is available 24 hours.

Emergency housing assistance in the cases of disaster and/or fire. Armed Forces Emergency #: 877-272-7337

Bethlehem Bureau of Inspections

10 East Church Street Bethlehem, PA 18018 610-865-7097

Receives and acts on rental housing complaints and issues building permits.

Bethlehem Housing Authority

645 Main Street Northeast Office Website: www.bha645.homestead.com

Bethlehem, PA 18018 1429 Fritz Drive 610-865-8300 Bethlehem, PA 18017

Fax: 610-865-8318

TDD (Hearing Impaired):610-865-8333 610-865-8306 and 610-865-8355

Apply for public housing or Section 8 (private) subsidized apartment or house. Handles complaints regarding unsafe living conditions or problems with public housing. Section 8 program closed.

Bethlehem Housing Rehabilitation Program

10 East Church Street Bethlehem, PA 18018 610-865-7095

Purpose: Provides grants and loans to qualified owners in Bethlehem to correct code violations and/or rehabilitate homes.

The Right Stuff About Renting

Provide information and the "Right Stuff About Renting" booklet. Call 610-691-5620

** Catholic Charities

900 S. Woodward Street

Allentown, PA 18103 610-435-1541

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday by appointment. Rent assistance and budget counseling.

** Easton Area Neighborhood Center, Inc.

902 Philadelphia Road

Easton, PA 18042

Rent assistance (when funds are available). Call first for appointment.

Easton Codes and Inspection Office and Residential Rental Licensing Office

123 South 3rd Street, 2nd Floor

Easton, PA 18042 610-250-

6724

Handles complaints regarding unsafe living conditions in rental and other housing; Issue permits for renovations. Now has the Rental Bureau 610-250-6725. Hours: Monday through Friday 8:30 am to 4:30 pm

** Salvation Army – Pen Argyl

301 W. Main Street

Pen Argyl, PA 18072 610-863-6677

Offers rent assistance, utility and food bank on an emergency basis to those in the Bangor, Pen Argyl, Portland and Nazareth area. Call for an appointment.

Easton Housing Authority

157 S. 4th Street

P.O. Box 876

Easton, PA 18044-0876 610-

258-0806

The Housing Authority will accept applications for Low Income Housing (Public Housing) Monday through Thursday between the hours of 9:00 – 11:30 am. The Housing Choice Voucher Program (S8) wait list is currently closed until further notice. A notice will be placed in the local newspapers when the Housing Authority starts accepting applications. All applications are accepted at the offices located at 221 South Fourth Street.

**Hispanic American Organization

(Se Habla Español)

462 Walnut Street

Allentown, PA 18102 610-435-5334

Counseling Service: 610-351-2292 x 412 Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Hope for Veterans (Community Hope)

2895 Hamilton Blvd., Suite 207 Hours: 8:00 am to 4:00 pm

Allentown, PA 18104 973-270-1103 – contact Kevin Cope Website: www.communityhope-nj.org Email: kcope@communityhope-nj.org

The mission of Community Hope, Hope for Veterans® in Pennsylvania, is to help individuals, including veterans, and their families, overcome mental illness, addiction, homelessness and poverty by providing housing and support services. Community Hope has been the leading nonprofit organization serving homeless veterans and veteran families in New Jersey since 2004. We established veteran services in PA in October 2013 and saved 215 veteran households from homelessness in the first year.

Lehigh County Housing Authority and Valley Housing Development Corp.

333 Ridge Street 635 Broad Street Emmaus, PA 18049 Emmaus, PA 18049

610-433-2312 610-965-4514 Website: www.lehighcountyha.org

Serves residents of Lehigh County and possibly beyond. Apply for public or Section 8 subsidized housing or affordable housing dependent upon waiting list openings. You may call 610-421-8526, go online, or come into the office at 860 Broad St Emmaus PA to obtain an application.

Hours: Monday through Friday 8:30 am to 4:30 pm

Northampton County Housing Authority

15 S. Wood Street Nazareth, PA 18064

Voucher Program (Located on Ground Floor)

Ph: 610-759-8488; Fax: 610-759-8451

Public Housing Program (Located on 1st Floor Office)

Ph: 610-759-8145; Fax: 610-759-4045

www.northamptoncountyha.org Monday to Friday, 8 AM to 4 PM (voucher office)

Affordable Housing (55 and older – one bedroom Units)

Operates Section 8 (Rental Assistance) Housing Choice Voucher Program, two public housing subsidized developments for elderly (62 yrs. and older) and disabled Also manages two affordable housing sites for those 55 yrs. and older. Varying income limits and other restrictions may apply. Opening or closing of waiting lists or restrictions are published as necessary. Call for current information or to request an application.

FOOD & NUTRITION PROGRAMS

Programas de Alimento

FOOD BANKS/Bancos de Comida

For information on the nearest food pantry to you, and on food stamps or other available <u>welcoming</u> food resources, call Second Harvest at 484-287-4015 between 7 a.m. and 4 p.m.

Animal Food Bank of the Lehigh Valley

860 Broad St., Suite 115 Website: www.afblv.com

Emmaus, PA 18049 610-421-8014

Animal Food Bank of the Lehigh Valley is a non-profit organization that provides low income individuals,

families with pet food through their program. See website or call for requirements

Hours: vary, please call or check website

Casa Jeanette Christian Daycare

705 N. 8th Street

Allentown, PA 18102 484-860-0303

Easton Area Neighborhood Center, Inc.

902 Philadelphia Road

Easton, PA 18042 610-253-4253

Food Bank for Easton families. Hours: Fridays 9 am to 12 noon

Everlasting Life Ministries

224 N. Sixth Street

Allentown, PA 18102 610-776-4009 – Office Website: www.elmallentown.org

Food Bank: Saturdays from 9am-11am

Contact: Michele. M-W 8:30am-12:30pm TH-F 8:30am-1:00pm

Clothing bank- 2nd Tuesday+ 4 Tuesday- 9:30-11:30am

Food Bank- Every Sat 8:00-10:00am

Enter alley door (Oak St.) in the basement of New Bethany E.C Church. Clinic only sees adults over 18. Call for

appts. 610-434-1477

Mosser Village Family Center

614 S. Carlisle Street 610-820-4067

Allentown, PA 18109 Fax: 610-820-9929 Website: www.mosservillage.org

Hours: Monday through Thursday 9 am to 5 pm; Friday 10 am to 2 pm

Food pantry for residents of 18109 area. Must call 610-820-4067 for appointment. Books and toys available.

Used clothing area. All services free of charge.

ProJeCt of Easton - Interfaith Food Pantry

(Se Habla Español)

320 Ferry Street

Easton, PA 18042 610-258-4361 www.projecteaston.org

The Food Pantry is open to the public on: Mondays from 10am-12:15pm Thursdays from 10am-12:15pm & 1pm-3:15pm

The Full Choice Pantry is designed to reduce food insecurity and increase food knowledge by providing high quality, nutrient dense food to low-income, at-risk adults, children, and seniors. We incorporate learning opportunities for our clients, including how to prepare the food they receive, how to integrate fresh fruit and vegetables into their diet, and how to accommodate allergies, diet restrictions, and more.

River of Life Presbyterian Church

445 S. Main Street (right across from Walmart)
Phillipsburg, NJ 08865 908-213-1377
Call for information on answering machine.

Salvation Army – Allentown

144 N. 8th Street 610-432-0129

Allentown, PA 18101 Food Bank every 2nd and 4th Wednesday of the month.

Second Harvest of the Lehigh Valley and NE PA (A Program of the Community Action Committee of the Lehigh Valley, Inc.)

6969 Silver Crest Road 484-287-4015

Nazareth, PA 18064 (Call for referral to area pantries or visit www.shfblv.org for a list.)

Referrals for food assistance to member emergency food pantries and soup kitchens throughout the greater Lehigh Valley. Information regarding food stamps and WIC program. Administers the Commodity

Supplemental Food Program for eligible seniors and WIC "graduates"

Bethlehem:

New Bethany Ministries Mollard Hospitality Center

337 Wyandotte Street Bethlehem, PA 18015 610-691-5602

Drop-in center and free meals. Meals served: breakfast 8:00 a.m., lunch 12:00 noon to 1:00 p.m. Monday through Friday. Food baskets offered Mondays-Fridays between 10:30 am and 11:30 am. Each household is entitled to a food basket once every 30 days. Soup Kitchen Breakfast: 8-10:30am, lunch 12-1pm. Food Bank 10:30-11:30am. Day shelter 8-4pm (showers, address usage)

Salvation Army—Bethlehem

521 Pembroke Road Bethlehem, PA 18018 610-867-4681

Soup kitchen open to all on Sundays at 1:00pm

Trinity Episcopal Church/Trinity Soup Kitchen

44 E. Market Street Bethlehem, PA 18018 610-867-4741

Lunch time: Monday through Friday 12 noon to 1 p.m. All welcome! Social Worker on staff Mon. – Fri. 11:30 a.m. to 1:30 p.m.

Easton:

Safe Harbor Easton

536 Bushkill Drive Easton, PA 18042 610-258-5540

Breakfast: 9 - 10:30 a.m.

all. Lunch: 11:45 a.m. - 12:30 p.m.

Trinity Episcopal Church 234 Spring Garden Street

Easton, PA 18042 610-253-0792

Saturday noon meal. Open to

Monday – Friday (For adults but families/adults with children are welcome on an emergency basis.)

Open to the community from 9:00 a.m. to 3:00 p.m.

FOOD STAMPS/Estampillas de Alimento

Eligible families can receive assistance to purchase food, eat healthy food and maximize their food budget. Apply for food stamps at your county public welfare office. For other resources on food stamps, nutrition and food banks, call these numbers:

PA Hunger Action: 1-800-634-2033 (they can tell you if you're eligible for food stamps) Second Harvest of the Lehigh Valley: 484-287-4015 or the USDA: 1-800-221-5689

NUTRITION PROGRAMS/ *Programas de nutrición*

WIC - Women, Infants and Children Program

The WIC program provides Food Vouchers for wholesome foods to families that are eligible. Food Vouchers can be used at designated stores. The WIC program also provides nutrition education and helps mothers learn how to breastfeed. Call for an appointment. (Also see listings by city/rural under Medical Providers)

Allentown

Casa Guadalupe, 218 N. 2nd Street, Allentown, PA 18102, Phone: 610-435-5673 Fax: 610-435-0898

Email: wic@casalv.org Website: www.casa-lv.org Hours: 8:30 a.m. to 5:00 p.m. Monday through Friday

Also runs Blooming Lives Wellness Program which teaches a 12-week course to help with weight loss

and nutrition. Call to set up an appointment.

Maternal and Family Health Services: Lehigh Valley WIC Clinic

1227 W. Liberty Street, Suite 104, Allentown, PA 18102, call 610-432-3455

Bethlehem

WIC Bethlehem, 520 East 4th Street, Bethlehem, PA 18015, call 610-691-6491

Maternal and Family Health Services, Easton WIC

101 Larry Holmes Plaza, Suite 204, Easton, PA

18042 Call: 610-258-6938-Avery Mertz

Website: www.mfhs.org Hours: Monday 10 am to 6 pm, Tuesday/Wednesday 9 am to 5

pm Thursday/Friday 8 am to 4 pm

Lehighton – Carbon County WIC Program

701 Bridge Street, Suite 303, Lehighton, PA 18235, call 610-377-6097

Blooming Lives Wellness Program at Casa Guadalupe Center

218 N. 2nd Street Allentown, PA 18102 Phone: 610 435 9902

Fax: 610 435 0898 Website: www.casa-lv.org

Teaches a 12-week course to help with weight loss and nutrition. Call to set up an appointment.

Super Cupboard

A nutrition, cooking and life skills program offered through the Penn State and local extension office. Local shelters, churches or other non-profits must sponsor and get interested eligible (low-income) parent participants.

In Northampton County, call: 610-746-1970 In Lehigh County, call: 610-391-9840

CLOTHING & FURNITURE Bancos De Ropa y Mueble

Better Buy Thrift Shop at the Cathedral Church of the Nativity

321 Wyandotte Street Bethlehem, PA 18015

610-865-0727 Website: <u>www.nativitycathedral.org</u> Contact: Connie Gilbert

Thrift Shop for low/reduced cost clothing – Arrive between 10 a.m. and 3 p.m. Tuesday through Thursday and on Friday between 10:30 a.m. and 1 p.m. Sat 10am-1pm. Closed Sunday and Monday. We also sell

housewares, toys and books. No furniture. Contact: Connie Gilbert

(Summer hours 10 a.m. to 1 p.m. Tuesday, Wednesday, Thursday, Friday, and Saturday. Closed on Sunday.)

Everlasting Life Ministries

224 N. Sixth Street

Allentown, PA 18102 610-776-4009 – Office Website:

www.elmallentown.org Food Bank: Saturdays from 9am-11am Contact: Michele. M-W 8:30am-12:30pm TH-F 8:30am-1:00pm

Clothing bank- 2nd Tuesday+ 4 Tuesday- 9:30-11:30am or until clothing finish

Food Bank- Every Sat 8:00-10:00am

Enter alley door (Oak St) in the basement of New Bethany E.C Church. Clinic only sees adults over 18. Call for appts. 610-434-1477

Lehigh Valley Outreach Depot

619 E. Allen St. Phone: 610-351-1616 Website:

www.lvoutreachdepot.org Allentown, PA 18109

The Lehigh Valley Outreach Depot supports those going through devastating times due to a loss of home or business because of fire, flood, hurricane, earthquake, or other catastrophic occurrences. It is a disaster relief warehouse. Only individuals referred by recognized social agencies are given appointments. Open Tuesdays and Saturdays by appointment only. Agency referrals will be accepted

Mosser Village Family Center

614 S. Carlisle Street 610-820-4067 Allentown, PA 18109 Fax: 610-820-9929

Website:www.mosservillage.org Hours:

Monday through Thursday 9 am to 5 pm; Friday 10 am to 2 pm

Food pantry for residents of 18109 area. Must call 610-820-4067 for appointment. Books and toys available. Used clothing area. All services free of charge.

The Perfect Fit for Working Women

702 W. Hamilton St. Suite 100,

Allentown, PA 18101 610-871-5060 FAX: 610-871-5061

Hours: 10 am - 3 pm Monday through Friday

Provides gently used and new outfits for women's job interviews and first week of work. Need referral from an agency like Head Start. (Volunteer run. Call for hours, as they may vary.) A referral form can be requested from the agency.

River of Life Presbyterian Church

445 S. Main Street (right across from Walmart)
Phillipsburg, NJ 08865
908-213-1377
Call for information on answering machine.

The Salvation Army—Allentown

144 North Eighth Street Allentown, PA 18101 610-432-0129

Monday through Friday 8:30am-4:00pm

Staff: If you are referring a family, please call first. Contact Person: Giselle Martinez.

UTILITIES Utilidades

Assurance Wireless

1-888-898-4888 PO Box 686, Parsippany, NJ 07054

Call to apply for a free cell phone plan provided through Virgin Mobile. Provider of Government Lifeline Program. Website: http://www.assurancewireless.com/Public/Welcome.aspx

Casa Guadalupe Center

218 N. 2nd Street

Allentown, PA 18102 610-435-9902 – Contact Baj Njie Website: www.casalv.org Runs "Operation HELP,"-Energy Assistance Program & PPL Security Deposit waivers. Apply in person. Bring ID's for every person in household and copies of bills.

Walk-Ins Only – Monday through Friday 9:00 am to 4:00 pm

Comcast Cable – Internet Only Promotion

Internet Essential Program offers internet for \$9.95 a month and an option to purchase a Dell and Acer Netbook for \$150. The household must be located in an area where Comcast offers Internet services, have at least one child receiving free school lunches through the National School Lunch Program, not have

subscribed to Comcast Internet services in the last 90 days and not have an overdue Comcast bill. Contact 1-800-934-6489 to request an application. Spanish: 1-855-765-6995

Community Action Committee of the Lehigh Valley (CACLV)

(Se Habla Español)

1337 E. Fifth Street

Bethlehem, PA 18015 610-691-5620

Weatherization, utility bill payment assistance and furnace repair assistance.

Easton Area Neighborhood Center, Inc.

902 Philadelphia Road

Easton, PA 18042 610-253-4253 Hours: Monday through Friday 8:30 a.m. to 4:00 p.m.

Low Income Home Energy Assistance Program (LIHEAP)

Lehigh County: 610-821-6509 Northampton County: 610-250-1700 or 610-250-1786

Toll-Free LIHEAP Hotline: 1-866-857-7095 Website:

https://www.compass.state.pa.us/compass.web/Public/CMPHome

Assistance with oil, gas, electric heat bills; must meet guidelines, referrals to agencies, applications starting in October/November. (Phone answered October – April)

Note: If you received fuel assistance through this program last year, you will be mailed an application this year.

Pennsylvania Public Utility Commission

PO Box 3265

Harrisburg, PA 17105-3265 1-800-692-7380

Investigates termination of utilities. Within 24 hours service may be turned back on. For telephone company complaints or concerns: 1-800-782-1110. For electric, gas or water bill problems? <u>Call local</u> company first, then if unresolved, call this agency.

PPL Cares Program

Lehigh and Northampton County: 1-800-DIALPPL (342-5775) Ask for CARES Program Monday through Friday 8:00 a.m. to 5:00 p.m. This program allows your electric amount to avoid shut-off during a crisis (like losing your job or becoming ill).

PPL Wrap Program

Call 1-800-DIALPPL (342-5775) (Ask for a WRAP application)

Weatherization assistance to lower your heat bills, for low-income customers. A referral will be made and an application sent to you.

SafeLink

1-800-Safelink (723-3546)

Website: https://www.safelinkwireless.com/Safelink

Call or go online to apply and see if you qualify for a free cell phone and free cell phone service. Provider of Government Lifeline Program.

Salvation Army – Allentown

(Se Habla Español)

144 North Eighth Street

Allentown, PA 18101 610-432-0129

Assistance with gas bills (UGI)

Salvation Army – Bethlehem

521 Pembroke Road

Bethlehem, PA 18018 610-867-4681 – call for appointment

Energy assistance. UGI utility customers only.

Salvation Army – Easton

1110 Northampton Street

Easton, PA 18042 610-258-9531 Gas bill assistance (UGI).

Hours: Monday through Friday 9:00 a.m. to 4:00 p.m. Closed noon to 1 p.m. for all services.

Salvation Army - Pen Argyl

301 W. Main Street

Pen Argyl, PA 18072 610-863-6677

Offers help with electric, gas, water bills on an emergency basis (when a shut-off notice has been received). Call for information/appointment.

Telephone Bills/Installation Assistance

If you receive public assistance (TANF), food stamps, SSI or Medical Assistance, you may be eligible for help with your local phone bill. Call 1-800-771-3312 (helps with past due Verizon Basic bills) or your local phone company.

UGI Low Income Self Help Program (LISHP)

LISHP is a Customer Assistance Program that can help low-income, payment-troubled customers better afford their UGI bills. Please call 800-276-2722 or email at warm@ugi.com for eligibility guidelines and to apply.

FINANCIAL ASSISTANCE Asistencia Financiera

American Red Cross of the Greater Lehigh Valley

3939 Broadway Street

Allentown, PA 18104 610-865-4400 800-422-7677 –

Disaster client line is available 24 hours.

Emergency housing assistance in disasters and fires. Armed Forces Emergency #: 877-272-7337

Lehigh County Assistance Office (Department of Human Services)

(Se Habla Español)

555 Union Blvd., Suite 3, 2nd floor 610-821-6509

Allentown, PA 18109-3389 Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy

Assistance, if received last year you automatically will be sent another application.

Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

Lehigh County Conference of Churches

(Se Habla Español)

457 W. Allen St.

Allentown, PA 18102

610-433-6421

An association of over 140 local churches, the conference has the following social service programs: Linkage-Street caseworker connects homeless people with services. Homeless Supportive Services- Provides intensive case management for the disabled and chronically homeless. Pharmaceutical Assistance- Provides once-a-year emergency medical assistance for certain kinds of medications to qualifying low-income individuals. For any of these programs, call 610-433-6421.

Rep Payee- Assists those on SSI/SSD (including children) who need help to manage their income and bills. Call 610-433-1881

Permanent Employment Program (PEP) Assists chronically unemployed individuals reach a level of self-sufficiency through subsidized to unsubsidized work experiences. Participants are assisted in search for and obtaining meaningful employment by educational, case management and subsidized work opportunities while involved in the program. Call 610-439-8521.

1031 W. Linden Street Programs:

Aspires- Is a mentoring program that is dedicated to the recruitment of volunteers, who offer support for students in the Allentown public schools who are at risk of not graduating, helping them to succeed academically, graduate from high school, and to become productive citizens. Call 610-439-8653

HOPE Program- Homeless Outreach and Positive-social Engagement (HOPE) Program provides a pathway to stability for homeless adults dealing with mental illness and substance abuse. Call 484-664-7320

Pathways- Pathways Housing Services offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation. Call 610-439-8653 Fax: 484-664-7322 www.lehighchurches.org

Walk-in hours: Monday – Thursday 9:00AM-11:00PM and 1:00PM-3:00PM

Lehigh County Clearinghouse- Assists with rental assistance and other housing-related needs for the homeless, transitioning youth adults (age 18-23), residents of a community rehabilitation residence, individuals being released from incarceration. Call 610-841-1370 through the website.

Northampton County Assistance Office (Department of Human Services)

(Se Habla Español)

201 Larry Holmes Drive

Easton, PA 18042

610-250-1738 Fax: 610-250-1839

Website: pa.gov

Hours: 7:30 a.m. – 5:00 p.m.

Monday through Friday.

Department of human services Medical assistance-food stamps, medical assistance and/or cash assistance.

Project of Easton—Assist Program

(Se Habla Español)

320 Ferry Street

Easton, PA 18042

610-258-4361

Emergency assistance for Northampton County residents. Helps with emergency shelter, prescriptions, home heating oil, baby needs, children's furniture and clothing, eye exams/glasses. Requires intake interview. Open: 8:30 a.m. to 4:30 p.m. Monday through Friday. Bus passes available for designated appointments. All services are free.

Salvation Army—Allentown

(Se Habla Español)

144 North Eighth Street

Allentown, PA 18101

610-432-0129 – Contact Danilo Velez

Emergency Assistance for Lehigh County residents, food pantry, used clothing assistance. UGI assistance and referrals.

Salvation Army—Bethlehem

521 Pembroke Road

Bethlehem, PA 18017 610-867-4681 – call for appointment

Assistance with: rent/utilities (limited to UGI utility), food, clothing and furniture.

Salvation Army—Easton

1110 Northampton Street

Easton, PA 18042 610-258-9531 Call for assistance, information and/or material needs.

Trinity Episcopal Church

44 East Market Street

Bethlehem, PA 18018 610-867-4741

Open Monday – Friday from 12:00 to 1:00 p.m. Family support program for new moms. Diapers, baby food and other items are available (once a month). Referral needed from Head Start or another agency. Only for Bethlehem, Northampton County families. Social Worker on staff 11:30am-1:30pm Mon. – Fri. Information on clothing and food banks, and referrals given here.

Welfare Helpline

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance (run by state of PA).

UNEMPLOYMENT COMPENSATION Compensación por desempleo

Unemployment Compensation

(Se Habla Español)

Call 1-888-313-7284. Website: www.uc.pa.gov

This is recorded information about applying for unemployment. You can (eventually) speak to a person. Hours are 8 a.m. to 4 p.m. Monday, Tuesday, Thursday and Friday. You can still submit a UC appeal in person at the CareerLink office:

Allentown: 555 Union Blvd., 610-437-5627

DAY CARE (ADULTS) Cuido de Ancianos





Daybreak

The Lehigh Conference of Churches 457 Allen Street

Allentown, PA 18102

610-439-8653 Fax: 484-664-7322 Website: www.lehighchurches.org

Walk-in hours: Check website

Pathways Housing Services offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation.

(Se Habla Español)

Third Street Alliance for Women and Children – Sharing the Caring Adult Day Services

41 North Third Street Time: Mon-Fri. 7:30 a.m. to 5:00 p.m.

Easton, PA 18042 Cost: \$55.00 a day

610-258-6271

Website: www.thirdstreetalliance.org

Sharing the Caring is a social adult day services program for people experiencing a decrease in physical and mental abilities due to Alzheimer's, dementia, stroke, Parkinson's, intellectual disabilities, or other ailments associated with aging. Sharing the Caring offers a fun energizing day program for adults incorporating a Montessori based dementia care program, healthy lunch and two snacks, and plenty of opportunities for participants to socialize such as physical activity, arts and crafts, musical programs, dog therapy, memory enhancement, intergenerational program, podiatry services and rehabilitation services. Qualified staff manage health monitoring, medication, and personal hygiene needs. Sharing the Caring Adult Day Services is licensed by Pennsylvania Department of Aging and an approved provider for following assistance program: Block Grant program of Northampton County, PDA Waiver program of Pennsylvania, New Jersey Assistance for Community Caregiving (JACC), and Global option Waiver (GO).

YWCA Bethlehem

3895 Adler Place, Building A, Suite 180 Bethlehem, PA 18017 610-867-4669

Website: www.ywcabethlehem.org

Hours: Monday through Friday 8 am to 5 pm

Operates Adult Day Services Center for seniors with disabilities and/or dementia to assist family caregivers. Operates TechGYRLS afterschool program at multiple BASD elementary schools. Holds annual Prom Dress Day each March to help girls purchase inexpensive gently used gowns.

DRUG/ALCOHOL SUPPORTS Servicios de Alcoholismo y Drogadicción





A Clean Slate (Slate Belt Recovery Center)

100 S. 1st Street

Bangor, PA 18013 610-452-9348

Mon 10-3pm

Tues 11am-7pm

Wed 2:00 -7pm

Thur & Fri 10am - 5pm

Sat 10am-2pm

Recovery-oriented system of care

Al-Anon-Alateen

Website: www.al-anon.org/

Provides an updated listing of support groups in the Lehigh Valley for relatives and friends of alcoholics.

Alcoholics Anonymous Support Groups

(Se Habla Español)

610-882-0558 (24 hour hotline) Website: www.aalv.org Call for listing of support groups in the Lehigh Valley.

Allentown Rescue Mission

(Se Habla Español)

355 Hamilton Street

Allentown, PA 18101 610-740-5500

Provides housing for homeless males in crisis. (Must get a voucher for shelter from the Allentown Police Department.) <u>Gateway Emergency Shelter</u>- Shelter, food, and clothing for homeless adult men. Open 3:30pm to 8:30am. Needs assessed and referrals provided. Includes referral for mental health and chemical addictions. <u>Christian Living Program</u>- Rehabilitation program to help heal from emotional and mental traumas and develop self-discipline and employment skills to be a responsible citizen and family member. <u>Clean Team</u> – Employment in day labor service doing general unskilled labor for above minimum wage and transition to permanent employment.

Bethlehem Recovery Center

548 N. New St, 2nd

Fl. Bethlehem, PA 610-849-2209 M-Sun: 9:00AM-5:00PM (by appointment only)

Recovery-oriented system of care

Center for Humanistic Change

555 Union Blvd., Suite 7

Allentown, PA 18109 610-433-1595 M-F:8:30AM-4:30PM

Community education and resources

Change on 3rd

117 N. Third Street

Easton, PA 18042 610-829-2770 Call for Hours

Recovery-oriented system of care

Confront

1130 Walnut Street 610-433-0148 Fax: 610-433-6201

Allentown, PA 18102 Contact: Chelsea Edmunds Website: www.treatmenttrends.org

Hours: Mon. - Fri. 8:30am to 9pm and Saturday 8:30am to 11:30am.

Confront provides drug and alcohol assessments, Intensive Outpatient and Outpatient drug and alcohol treatment for individuals aged 12 and older. The staff is also well-trained and experienced to provide individual and group counseling services to individuals suffering with co-occurring disorders, as well as trauma.

We encourage community members to call to find out if our services will meet your needs.

Habitat OPCO Inc. 4400

S Cedar Brook Rd Allentown, PA 18103 610-481-0444

M-F: 6:00am-2:00pm (Medicating 6am-11am) Sat, Sun & Holidays 6:00AM-9:00AM (Medicating only)

Walk-in Hours: M-F: 6:00AM-2:00PM

Screening and assessment, Methadone (MAT) and Outpatient individual/group counseling

Hispanic American Organization

462 W Walnut St

Allentown, PA 18102 610-435-5334 M,W,F 8:00AM-9:00PM T&TH: 8:00AM-6:30PM

SAT: 9:00-12PM Walk-in Hours- call 610-353-7427 for an apt.

Screening and assessment, Outpatient and Intensive Outpatient individual/group counseling (bilingual)

Hogar Crea of Pennsylvania

(Se Habla Español)

Live-in drug rehab program specializes in Latino community. Information and referral. In-patient drug therapy. 2 to 3 year internal process, 5-year follow-up.

Women: 1409 Pembroke Road Men: 132 North Fourth Street 1920 E. Market Street

Bethlehem, PA 18017 Allentown, PA 18102 Freemansburg, PA 18017

610-866-3442 610-776-0525 610-694-0700

Cost: None. Non-profit. Raises its own funds.

Keenan House (Se Habla Español)

18-22 South Sixth Street

Allentown, PA 18101 610-439-8479

Residential care for drug & alcohol addiction. Offers short & long-term rehab programs. Must be over 18.

Latinos for Healthy Communities

(Se Habla Español)

716 W. Chew Street

Allentown, PA 18102 610-434-6890

Currently provides: Outreach, Interventions Delivered to Individual, Interventions Delivered to Groups; HIV Counseling/testing services; Drug and Alcohol Treatment Referrals; Tobacco Prevention/Cessation Services; Diabetes Management Program for Spanish speaking individuals; Low impact exercises for elderly Latinos; Hepatitis C Counseling/testing and Case Management for Northampton County Residents who are receiving services at Drug Free sites; and referrals to community resources.

Lehigh County Crisis

17 S 7th St.

Allentown, PA 18101 610-782-3127 24 Hours a day / 7 days a week

Crisis Counseling

Lehigh County Drug and Alcohol

17 South Seventh Street

Allentown, PA 18101 610-782-3555 Fax: 610-820-2064

Home.lehighcounty.org/drugandalcohol M-F: 8:00-4:00PM

Lehigh County Drug and Alcohol Intake

100 N. Third Street, Ste. 401

Easton, PA 18042 Phone: 610-923-0394 Fax: 610-923-0397 M-F: 8:30AM-4:30PM

Walk-ins: M-F: 8:30AM-12:00PM Assessment, Intake & Referral Services

548 N. New Street, 1st floor Bethlehem, PA 18018 610-

849-2209

Neighborhood Health Center of the Lehigh Valley

218 N 2nd St

Allentown, PA 18101 610-515-4067 M,W,F: 8:00AM-5:00PM T&TH: 8:00AM-8:00PM

Center for excellence for opioid use disorder.

The Nehemiah House (For more information please refer to pg. 49)

New Directions Treatment Services-Methadone Maintenance

4224 Broadhead Rd

Bethlehem, PA 18020 610-758-8011 M-F: 5:30AM-6:00PM, Sat: 6-11AM, Sun 7-9:30AM

Northampton County Crisis

2801 Emrick Blvd, Bethlehem, PA 18020

610-252-9060 24 Hours a day/ 7 days a week Crisis Counseling

Northeast Treatment Centers, Inc.

44 E Broad Street, Ste. 20 300 S. 7th Street Bethlehem, PA 18018 Easton, PA 18042

610-868-0435 610-253-6760 M-TH: 9:00AM-9:00PM F: 9:00AM-5:00PM

Screening & assessment (bilingual), Outpatient and Intensive Outpatient individual/group counseling, family

counseling

M&F: 9:00AM-5:00PM

T, W &TH: 9:00AM-9:00PM Call for Appt.

Pyramid Healthcare, Inc.- Allentown

Roma Corporate

Center 1605 N Cedar Crest Blvd Ste. 602

Allentown, PA 18104 610-434-1126 M-TH 8:30AM-8:30PM, F: 8:30AM-3:00PM

Walk-in hours: M: 9:00-5:00PM, T-F: 9:00AM-2:00PM

Overdose Prevention education, Naloxone admin, Rx Drug Current trend, Rally in the Valley, Intervention, Screening and Assessment (bilingual), SAP assessment, outpatient and intensive outpatient individual/group counseling, Certified recovery specialist, MAT

Recovery Revolution, Inc.

109 Broadway

Bangor, PA 18013 610-599-7700 M-F: 8:30AM-7:30 PM

OP, Individual/Group & Family Counseling

Step By Step, Inc.

375 W Linden St. lower level

Allentown, PA 18102 610-776-1224 M-F8:30AM-4:30PM

Screening and assessment (bilingual), Individual OP Counseling dual OP counseling, MAT (Vivitrol and

Suboxone), MAT OP Individual Counseling

Treatment Trends, Inc.- Centers of Excellence

24 S 5th St

Allentown, PA 18101 610- 432-7693 M-F: 8:00-4:30PM

Centers of excellence for opioid use disorder

Treatment Trends, Inc.- Confront

1130 Walnut St

Allentown, PA 18102 610-433-0148 Hours: Mon.- Fri. 8:30am to 9pm and Saturday

8:30am to 11:30am. www.treatmenttrends.org

Screening and assessment, Outpatient and Intensive Outpatient Ind/Grp Counseling, Certified Recovery

Specialists, MAT (Vivitrol)

Valley Youth House

3400 High Point Blvd

Bethlehem, PA 18017 610-820-0166

Education and Family Intervention

White Deer Run, Inc. - Allentown

1259 S Cedar Crest Blvd

Allentown, PA 18103 610-595-9066 M-F:9:00AM-5:30PM

Walk in Hrs: 9:00AM-12:00PM

Screening and assessment (bilingual), Outpatient and Intensive Outpatient Individual/Group Counseling, Certified Recovery Specialists.

National Alliance on Mental Illness (NAMI)

Call 1-800-950-6264 or text NAMI to 741741

www.nami.org

PA Get Help Now

This helpline gives residents of Pennsylvania intervention help for free in drug addiction and substance abuse. It is managed by the Department of Drug and Alcohol Program (DDAP). Anyone looking for help with addiction treatment of a treatment provider, the 24/7 toll-free 1-800-662-HELP hotline can be a great resource.

BPAIR (Bethlehem Police Assisting in Recovery)

For Bethlehem residents seeking treatment for substance use disorders. Call BPD at 610-865-7179. Walk into police headquarters, ask an officer for help

Lehigh County Drug and Alcohol

(Se Habla Español)

17 South Seventh Street

Allentown, PA 18101 610-782-3555 Fax: 610-820-2064

Home.lehighcounty.org/drugandalcohol

Services: Prevention, intervention, treatment services and program speakers.

Hours 8:00 a.m. to 4:00 p.m. Can arrange for bilingual service.

Assessments can be provided by Confront, White Deer Run in Allentown, Step By Step, Pyramid Health Care, or Northeast Treatment Center Mid-Atlantic Rehabilitative Services, Inc.

Lehigh Valley Drug and Alcohol Intake Units (Se Habla Español)

100 N. Third Street, Suite 401 548 N. New Street, 1st floor Easton, PA 18042 Bethlehem, PA 18018

610-923-0394 610-849-2209

Contact: Ashley Wright

Hours: Monday thru Friday 8:30 a.m. to 4:30 p.m., Walk-ins Monday through Friday 8:30 a.m. to 12:00 p.m. We provide clients with an assessment to get into the recommended treatment they need. We can assist in getting into out-patient services, detox and/or rehab.

Mid-Atlantic Rehabilitation Services (MARS)

826 Delaware Avenue 610-419-3101 Email:

info@marsatp.com Bethlehem, PA 18015 Fax: 610-419-3309 Website: www.marsatp.com

Contact: Greg Krausz, MA, CAADC, LPC

Hours: Monday through Friday 8:30 a.m. to 9:00 p.m., Saturday 9:00 a.m. to 2:00 p.m.

MARS-ATP provides client-centered, community based quality treatment services to those with Substance Use Disorder (SUD) in the least restrictive and most-cost effective level of care. We provide comprehensive assessment, intensive outpatient and outpatient drug and alcohol use counseling services for adolescents and adults. We have programs day, evening, and Saturdays to meet the needs of individuals who seek out our services. Most insurance including private insurance, managed Medicaid, and county funding are accepted. Services are provided through individual, group and/or family counseling.

Naranon

610-439-1998 – Support group for families & friends of drug abusers. Call for listings in Lehigh Valley.

Narcotics Anonymous Support Groups

610-439-1998 – 24-hour hotline; support groups for addicts; call for meeting information.

New Directions Treatment Services and Cedar Point Family Services (Se Habla Español)

2442 and 2456 Brodhead Road 1 Park Plaza

Bethlehem, PA 18020 Wyomissing, PA 19610

610-758-8011 Fax: 610-758-8013 Contact Julie Lebouitz Website: www.ndts.org

New directions provides Methadone maintenance and counseling for opioid use disorder along with a DUI program and education, testing for HEPC and AIDS. Cedar point provides mental health counseling and medication management. Cost: Accepts MA, Magellan, and has county contracts.

Northampton County Drug and Alcohol Division

2801 Emrick Boulevard

Bethlehem, PA 18020 610-829-4725 Contact: Tiffany Rossanese

The Drug & Alcohol Division is a county office responsible for the provision of prevention, education, treatment and case management for those impacted by addiction. The majority of direct services are made available to the public through contracts with community service providers. The objectives are to raise public awareness of the dangers of alcohol abuse, drug abuse and problem gambling, and to offer resources to arrest the disease of addiction. Hours: 8:30 a.m. to 5:00 p.m.

Northampton County MH/EI/DP

2801 Emrick Blvd.

Bethlehem, PA 18020 610-829-4840

Mental health services are targeted for adults who are seriously mentally ill and children/adolescents who are seriously emotionally disturbed or at-risk of becoming so. Developmental Programs, in cooperation with the Commonwealth Office of Developmental Programs, coordinates services to county residents of all ages who are diagnosed with Intellectual Disabilities or Autism Spectrum Disorder. Early Intervention services are designed to meet the developmental needs of children from birth to three years old. The Early Intervention Program will also assist families to access the many community services and supports in their local area.

Oxford House

1319 Turner Street (Men only) 1605 Chew Street (Women only)

Allentown, PA 18104 Allentown, PA 18104

610-433-1985 610-841-3072

Self-supported recovery house program for individuals recovering from alcoholism and drug addiction. Oxford House assures an alcohol and drug-free environment. Individuals pay equal share of the house expenses. Several Oxford Houses nationally and within the state of Pennsylvania. Interested individuals must submit an application and be interviewed by existing members of the house. If an opening is available and 80% of house members approve, interested individuals are accepted and move in. Oxford House has houses for men only, women only, and women with children. To learn current vacancies go to www.oxfordvacancies.com

Tobacco Free Northeast PA

(Se Habla Español)

236 N. 17th Street, 2nd Floor 610-969-2745 – Contact Myra Pina, Program Director

Allentown, PA 18104 Fax: 610-969-3940

Hours: 8:30 am to 4:30 pm. We service a 10 county area in northeast Pennsylvania. Tobacco

education/awareness, prevention and cessation services.

Treatment Trends Inc. The Halfway Home of the Lehigh Valley

24 S. 5th Street 610-439-0218 – Contact Christine Burnette

Allentown, PA 18101 Fax: 610-439-8713

Website: www.treatmenttrends.org

Hours: Monday through Friday 8:30 am to 4:30 pm

Residential drug and alcohol treatment for men and women. Veteran-specific treatment.

EMPLOYMENT *Empleo*





* CareerLink Lehigh Valley

(Se Habla Español)

Lehigh and Northampton Counties

PA CareerLink Lehigh Valley is your ONE-STOP resource for employment and training programs for eligible youth, adults, dislocated workers, veterans and other targeted populations. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- Workshops: resume, career exploration, basic computer, job and labor market information and
- Training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

Visit us online at www.careerlinklehighvalley.org or stop by our Career Resource Centers at either convenient location:

555 Union Blvd.

Allentown, PA 18109

610-437-5627 / FAX: 610-434-4122 / TTY: 610-437-0741

Hours: Monday, Tuesday, Thursday, Friday

8:30 A.M. until 4:00 P.M.

Wednesdays, 10:30 A.M. until 7 P.M.

Donley Center

718 West Hamilton Street Allentown, PA 18101 610-

799-1205

Hours: Monday through Thursday 9 A.M. to 3 P.M.

(Se Habla Español) **Hispanic Center Lehigh Valley**

520 East 4th Street

Bethlehem, PA 18015 610-691-5448 Administration: 610-868-7800 Hours: 8:30 AM until 4:30 PM Monday through Friday. – Contact: Enid Arroyo

www.hclv.org

Basilio Huertas Senior Center, Food Pantry, Community Engagement Program, and WIC program; health screening and supplemental food for pregnant, nursing moms and small children.

Hispanic American Organization

(Se Habla Español)

462 Walnut Street

Allentown, PA 18102 610-435-5334

Counseling Service: 610-351-2292 x 412 Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the evenings (7 p.m.-9 p.m.); Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Office of Vocational Rehabilitation (Se Habla Español)

45 N. Fourth Street (in Social Security Building)

Allentown, PA 18102 610-821-6441 1-800-922-9536 TTY/TDD: 610-821-6144

Hours: Monday through Friday 8:00 AM to 5:00 PM – Call for appointment.

OVR is a state and federal program that assists individuals with disabilities to obtain, maintain and prepare for employment. Services include job training, vocational assessment, vocational counseling, $\frac{78}{78}$

job placement, and on-the-job supports. Transition services for students with disabilities may start as early as age 14. Serves Lehigh, Northampton, Carbon and Monroe Counties.

Pennsylvania Human Relations Commission

Harrisburg Regional Office

717-787-9780 Hours: 8:00 AM until 5:00 PM

Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender

discrimination.)

Private Industry Council of Lehigh Valley, Inc. / Supported Employment Program (Se Habla Español)

72 North Second Street

Easton, PA 18042

610-829-1244 Fax: 610-829-1257 piclv.org

M-F 8:30AM to 4:30PM

PIC Supported Employment Program services the Lehigh Valley. Provides community assessments, interview prep and assistance, job placement, on-boarding assistance, on-site job coaching and on-going support services for job seekers and workers with disabilities. Services funded through Office of Vocational Rehabilitation (OVR), Lehigh County MH/ID, Northampton County MH/ID, and Office of Developmental Programs (ODP). PIC is also a Social Security Employment Network (EN) and provides Ticket to Work Program services to beneficiaries regardless of location in PA as well as New Jersey.

Some services are provided at community Employers

Via of the Lehigh Valley, Inc.

336 West Spruce Street Bethlehem, PA 18018 610-317-8000

Website: www.ViaNet.org Email: Via@ViaNet.org

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy and Down syndrome. Serving the community since 1954, Via's staff and volunteers help individuals and families from birth through retirement to gain life skills, obtain meaningful employment and develop social connections.

Via Community Employment provides job training, placement and coaching services for high school students and adults. Via Work Training Services Workshop offers a safe, comfortable and friendly environment where individuals with disabilities work on packaging and assembly projects for local businesses. The John E. Walson Center at Via, an adult training facility, provides educational, social, cultural and wellness activities for adults with disabilities. Participants spend a portion of their time at our facility in Bethlehem, combined with opportunities to explore the community. Via Community Connections connects people to their community through volunteer, recreational, social and educational activities. Via Supported Living helps adults live independently in their community and form the bonds and relationships of a neighborhood.

Work Ready Program (a program of Community Action Committee of the Lehigh Valley)

(Se Habla Español)

1337 E. 5th Street

Bethlehem, PA 18015

610-849-7800 Hours: 8:30 AM until 4:00 PM

WorkReady provides services to individuals who receive cash benefits in Lehigh or Northampton counties. You must be referred by the \underline{D} epartment of \underline{H} umans \underline{S} ervices, County Assistance Office. This

program offers services with job preparation, resume development, job leads, life skills training, work experiences through community service, skills training help with child care, GED assistance clothing referrals and other necessary linkages to services available in the community. Contact your caseworker at DHS County Assistance Office.

PUBLIC ASSISTANCE OFFICES Oficinas de Asistencia Publica





Lehigh County Assistance Office (Department of Human Services)

(Se Habla Español)

555 Union Blvd., Suite 3, 2nd floor Allentown, PA 18109-3389

610-821-6509 Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For

Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

Northampton County Assistance Office (Department of Human Services)

(Se Habla Español)

201 Larry Holmes Drive Easton, PA 18042 610-250-1700

Hours: 8:30 a.m. – 5:00 p.m. Monday through Friday. Medical assistance, food stamps, cash grants, energy assistance. Employment and training resources and referrals. Access to language line for clients speaking other languages.

Social Security Office—Allentown

41 N. Fourth Street

Allentown, PA 18102 877-405-6746 TTY: 800-325-0778

Social Security Office—Bethlehem

555 Main Street (in Woolworth Building)

Bethlehem, PA 18018 866-810-0010 TTY: 800-325-0778

Social Security Office—Easton

134 S. Fourth Street 1-866-964-5056

Easton, PA 18042 TTY: 1-800-772-1213 Operators on duty 7 a.m. – 7 p.m.

Website: www.socialsecurity.gov

Services Provided: Handling all inquiries concerning Social Security

Toll free number for all social security offices information is 1-800-772-1213.

Valley Social Security Office Hours: 9:00 a.m. to 4:00 p.m. Monday, Tuesday, Thursday, Friday

9:00 a.m. to 12:00 p.m. Wednesday

HEALTH RELATED SERVICE AGENCIES *Agencias de Servicio de Salud y Clínicas*





Aidsnet

31 South Commerce Way, Suite 400

Bethlehem, PA 18017

Phone: 610-882-1119 Fax: 610-954-7921 Website: www.aidsnetpa.org

M-F 8 a.m. – 4 p.m. Victoria McKinzey-Gonzalez, Executive Director

Plan and fund HIV/AIDS Care and prevention services, HIV testing and case management services referrals.

No direct services provided.

Allentown Women's Center

31 S. Commerce Way, Suite 100 484-821-0821 – Contact Kristin or 1-877-342-5292

Bethlehem, PA 18017 Fax: 484-821-0826

Website: www.allentownwomenscenter.com

Hours: M-THUR 9am-5pm, F 9am-4pm, Sat 9am-12pm, Sun -Closed

Gynecology, Gender Affirming Health Care, and abortion care services to 23 weeks; Abortion by pill to 10 weeks; All methods of birth control including morning after pill, Uterine ablation for too heavy periods; Free pregnancy options counseling including referrals to supportive adoption agencies; Accepts many insurance plans; Low cash prices; Call for an appointment or more information; Welcoming and affirming to people of all gender identities, expressions, and sexual orientations.

American Heart Association and American Stroke Association

968 Postal Road, Suite 110

Allentown, PA 18109 (484) 245-6290 FAX: 610-264-2090 Website: www.heart.org Hours: Monday – Friday 8:30 a.m. – 5:00 p.m.

Advocates of early detection/prevention of cardiovascular disease. Limited free literature on heart disease and stroke. For local CPR and first aid courses, please call our national number 1-800-AHA-USA-1. This is the fundraising office for the AHA and ASA.

American Lung Association in Pennsylvania

3001 Gettysburg Road

Camp Hill, PA 17011

717-971-1137 – Julie Bartol 1-800-LUNGUSA Website: www.lung.org

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease, through research, education and advocacy. Our work is focused on four strategic imperatives: to defeat lung cancer; to improve the air we breathe; to reduce the burden of lung disease on individuals and their families; and to eliminate tobacco use and tobacco-related diseases.

Blue Mountain Health System

211 North 12th Street

Lehighton, PA 18235-9989

610-377-1300 - Contact Mary Lou McGeehan

Kid Zone, Blue Mountain Health System – Car Seat Program. For information or to access the program, call 610-379—0411. Periodic car seat safety checks (610-377-7070). Safesitter babysitting program (610-377-7070).

Blue Mountain Health System Hospital for Lehighton and Palmerton

217 Franklin Ave Palmerton, PA 18071 610-826-1158

Adult day care program – 610-379-4880 Home Health Services – 610-377-7157

Woman Wise program and all others offered at this location as well.

Bright Hope Pregnancy Support Centers

1034 W. Hamilton Street Allentown, PA 18101 610-821-4000

Services: free pregnancy testing, free early pregnancy ultrasounds (eligibility determined by medical staff), EWYL incentive program education (parenting/life skills/finances/healthy relationships paying "baby bucks" to spend in our baby store), men's mentoring. All services are free and confidential. Does not refer for or perform abortions.

Bethlehem OfficeEaston OfficeAllentown Office541 E. Broad Street2204 Northampton Street1036 Hamilton StreetBethlehem, PA 18018Easton, PA 18042Allentown, PA 18101610-821-4000610-821-4000610-821-4000

Cancer Support Community of the Greater Lehigh Valley

944 Marcon Blvd., Suite 110 610-861-7555 Fax: 610-861-9177

Allentown, PA 18109 Contact Amanda Buss, Executive Director or Jen Sinclair, Program

Director

Website: www.CancerSupportGLV.org Hours: Monday through Friday 9 am to 5 pm

We offer programs, at no cost, of emotional support, educational resources, wellness classes and social opportunities to people with cancer and their loved ones.

Center for Vision Loss

845 W. Wyoming Street Allentown, PA 18103 610-433-6018

Fax: 610-433-4856

Website: www.centerforvisionloss.org

Services for people who are blind or visually impaired, including casework, transportation, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at preschools, day care centers, and community sites and for adults.

Hours: Monday- Friday 8:30 am – 4:30 pm. Serving Lehigh, Northampton & Monroe counties.

Hispanic Center Lehigh Valley

(Se Habla Español)

520 East 4th Street Bethlehem, PA 18015

610-691-5448, 610-868-7800 Website: <u>www.hclv.org</u>

Basilio Huertas Senior Center, Food Pantry, Community Engagement Program, and WIC program; health screening and supplemental food for pregnant, nursing moms and small children.

Everlasting Life Ministries

224 N. Sixth Street

Allentown, PA 18102 610-776-4009 – Office Website: www.elmallentown.org

Food Bank: Saturdays from 9am-11am

Contact: Michele. M-W 8:30am-12:30pm TH-F 8:30am-1:00pm

Clothing bank- 2nd Tuesday+ 4th Tuesday- 9:30-11:30am or until clothing finish

Food Bank- Every Sat 8:00-10:00am

Enter alley door (Oak St.) in the basement of New Bethany E.C Church. Clinic only sees adults over 18. Call

for appts. 610-434-1477

Healthy Prenatal Behaviors Program, Center for Women's Medicine

Lehigh Valley Hospital 1627 Chew St. 1st Floor Allentown, PA 18102 610-

402-1600

Rewards women with gifts for keeping appointments during pregnancy. Serves pregnant women 1st trimester (will accept later in pregnancy); helps apply for MA; childbirth preparation and parenting classes. Hours: Monday through Thursday, 7:30 a.m. to 5:00 p.m. and Friday, 7:30 a.m. to 4:30 p.m. Bilingual staff. Referrals to community services.

Transportation provided, postpartum check-up.

Accepts insurance, MA or self-pay.

CHS- Comprehensive Health Services

(Se Habla Español)

17th and Chew Streets (1627 W. Chew St) 3rd Floor (Green elevator)

Allentown, PA 18104

610-969-2290 Fax: 610-969-2027

Hours: 8:00AM-4:30PM

We provide a multidisciplinary approach in Health care and social services to those living and affected by HIV/AIDS.

Lehigh Valley Hospital Center

(Se Habla Español)

17th and Chew Streets Allentown, PA 18104-7017 Hospital: 610-402-8000

Pediatric clinic: 610-969-4300 Adult clinic: 610-969-4370

Women's OB/GYN clinic: 610-402-1600

Depression after Delivery: 610-402-3800 – Support group meets 1st Wednesday of month at 7 p.m.

MA accepted, physical exams, immunizations, sick care

Uninsured low income need to call for financial screening prior to appointment 610-969-2394 Call for appointment at daily clinics. Also have free child care service for clinics and outpatient appointments.

March of Dimes Foundation

435 Devon Park Dr Ste 300

Wayne, PA 19087 phone: 610-814-7000 Fax: 610-814-7019 – Contact Rose Anema

Hours: Monday through Friday 9:00 am to 5:00 pm website:www.marchofdimes.org

March of Dimes is a non-profit foundation dedicated to "improve the health of babies by preventing birth defects and infant mortality." They raise funds and provide educational materials on topics like diet in pregnancy ("Eating for Two"), vaccinations, smoking and pregnancy, and newborn care.

New Directions Treatment Services

2442 and 2456 Brodhead Rd. Website:

www.ndts.org

Bethlehem, PA 18020 610-758-8011 x127 – Contact Julie Lebowitz Fax: 610-758-8013

Hours: Monday through Friday 6 am to 6 pm

Medication assisted treatment for opioid use disorder, DUI program and psychiatric outpatient clinic.

Sacred Heart Home Care and Hospice

402 W. Chew Street

Allentown, PA 18102 800-840-9081

Our agency provides medical home care services including registered nursing and social work visits, physical, occupational, and speech therapy visits, and certified nursing assistant visits. We accept most insurance plans and Medical Assistance.

HOPE at St. Luke's Hospital/Community Health & Preventive Medicine

(Se Habla Español)

502 E. Fourth St 100 N. Third St., 2nd Floor Bethlehem, PA 18015 Easton, PA 18042

484-526-2063 – Testing Fax: 484-526-2039

484-526-2874 – Case Management

Free Easton STD Clinic: Thursdays: 1pm-4pm Call 484-503-8008

Bethlehem Walk-in HIV Testing: Mondays: 9am-12pm Wednesdays: 1pm-4pm

Easton Walk-in HIV Testing: Tuesdays: 1pm-4pmThursdays: 9am-12pm

FREE HIV/STD testing, prevention education, HIV support, information and referrals, case management

services.

Su Familia Hispanic Family Helpline

(Se Habla Español)

Will make referrals to help Hispanic and other families get basic health information to prevent or manage chronic conditions. Refers to local health providers and federally supported programs, including CHIP (the Children's Health Insurance Program). Call 1-866-783-2645 (a free call) or 1-866-SU-FAMILIA. (Will help all families.)

Vision USA

1-800-766-4466 Website: www.visionsusa@aoa.org

Basic eye health and vision care services for individuals with low-income and who do not have vision insurance. Eligible individuals are referred to a volunteer doctor of optometry who will provide a comprehensive eye exam at no charge. Must meet eligibility guidelines.

Visiting Nurse Association of St. Luke's Eastern PA

1510 Valley Center Parkway, Suite 200

Bethlehem, PA 18017 610-691-1100

Offers home health care, including skilled nursing, health care aides, physical, occupational and speech therapy. Health education and parenting skills, special birth preparation and new mother programs. Direct health and therapy services require pre-certification by insurance companies. Some education programs do not. (Call) Accepts: Gateway, AmeriHealth Mercy, Keystone and most other insurance

Weller Health Education Center

1401 N. Cedar Crest Blvd., Suite 100 610-841-4494 Fax: 610-841-4413

Allentown, PA 18104 Website: www.wellercenter.org

The Weller Center supplements the teaching of health, character education and life science for students in grades Pre-K through 12 by providing outreach and online programs for children in a 39-county area of Pennsylvania and New Jersey. For nearly 30 years, the mission of the Weller Health Education Center has been to measurably improve children's lives by giving students the tools they need to make informed and healthy life choices.

HEALTH INSURANCE PLANS (for the uninsured) Plan de Seguro Médico (para los no asegurados)





Children's Health Insurance Program (CHIP)

If you are a working parent who needs health coverage for your children, but you make too much for Medical Assistance to cover them, apply for CHIP! This is a health insurance plan that can cover many PA children at no or very low cost. (Described below):

CHIP, brought to you by Capital Blue Cross

1-800-543-7101

1-800-986-5437 Website: www.chipcoverspakids.com

Services: no cost or subsidized health insurance for children ages 0 until 19. Serves Lehigh and Northampton Counties. Coverage includes medical, dental, prescription and vision care. Requirements: child has no health insurance, no medical assistance and not eligible for MA NOTE: Head Start and Early Head Start has applications for CHIP. Ask your Head Start staff person.

Healthy Beginnings

State funded payment program for medical services to children 0 to 18 years of age with or without medical coverage; prenatal/postnatal care for mothers. Based on income; must apply. They'll send you an application; must be citizen/resident alien. Call 888-402-LVHN (5846)

Medical Assistance

The Medical Assistance Program (Access) is now a managed care system called "Health Choices." To apply for Medical Assistance (Access) for yourself and/or your family, you must visit or call the County Assistance Office (Welfare Office). For Lehigh County residents, call 610-821-6509. For Northampton County residents, call 610-250-1700. They will send you an application. There are three health managed care MA groups you can choose from, based on your health needs. (And also some groups, especially for those with addiction or mental health needs). They will send anyone found eligible information on these groups. You can then pick one to have as your health insurance group; you can change groups if you decide another is better. Anyone found eligible for Medical Assistance who has not chosen a group will be placed in a group (but you can still switch later). You will be able to get sent to you a list of doctors and dentists who take your group. To get information about the different health choices groups, you can call 610-437-6237 in Lehigh County or 610-923-5214 in Northampton County.

FREE OR LOW-COST HEALTH CLINICS/CLINICAS GRATIS O BAJO COSTO





Neighborhood Health Centers of the Lehigh Valley – Fowler Family Center at Donegan

1210 E. 4th Street Bethlehem, PA 18015

610-408-0755 Fax: 484-408-0756 Website: www.nhclv.org

Hours: Monday 8:00 am – 4:30 pm, Tuesday, 8:00 am – 8:00 pm, Wednesday 8:00 am – 4:30 pm, Thursday 8:00 am – 8:00 pm, Friday 8:00 am – 4:30 pm one Saturday per month 8 am-1 pm Primary care, Pediatric Care, Women's Health, Integrated behavioral health, Social Services, Medically assisted treatment for opioid use disorder.

Neighborhood Health Centers of the Lehigh Valley- Two Rivers Health and Wellness- Easton 1101 Northampton St.

Easton, PA 18042 484-544-3113 Fax: 484-544-3114

Services Provided: Routine Medical Care, Physicals, Immunizations, Sexually Transmitted Infection Screening Clinic, Pregnancy Testing, Prenatal Group visits, Diabetes Group Visit, Social Services and Educational Programs. No health insurance needed, sliding fee scale for care. Must make appointment.

Hours: Mon, Thurs, Fri 8am-4:30pm, Tues, Weds 8:00am-8:00pm One Sat a month 8:00am-1:00pm

Neighborhood Health Centers of the Lehigh Valley – Allentown

218 N. 2nd St.

Allentown, PA 18102

610-841-8400 FAX: 610-841-8401

Services Provided: Routine Medical Care, Physicals, Immunizations, Sexually Transmitted Infection Screening Clinic, Pregnancy Testing, Prenatal Group visits, Diabetes Group Visit, Social Services and Educational Programs

No health insurance needed, sliding fee scale for care. Must make appointment.

Hours: Monday 10am to 7pm, Tuesday – Friday 8am to 5pm

New Bethany Church Medical Needs Clinic

224 N. 6th Street Allentown, PA 18102

610-434-1477 Hours: 9:00 a.m. to 12:00 noon on Tuesdays

For anyone who is uninsured and may need a medical evaluation. Provided by Sacred Heart Hospital Parish Nursing/Community Outreach Program. This is not an actual clinic that will provide an examination by a doctor or nurse practitioner. However, they will assess the medical needs of clients and try to set them up with appropriate medical services and get them insured. For more information, contact the church at the above number or Cheryl Cosmos, Community Health Advocate at 610-776-4850.

Sixth Street Shelter Adult Health Clinic

219 N. 6th Street (between Turner and Chew Streets) Allentown, PA 18102 610-435-1490 – Contact Maritza Elmi

Fax: 610-433-3282

Website: www.caclv.org

Planned Parenthood Keystone

Allentown 29 N. 9th Street Allentown, PA 18101 800-230-PLAN (7526)

Website: www.ppkeystone.org

Hours Vary. Check website for most up-to-date info.

Other locations in Bensalem, Lancaster, Harrisburg Quakertown, Reading, Warminster, Wilkes-Barre, York

This clinic provides contraceptives and reproductive health services, counseling, walk-in pregnancy testing and morning after pill, male and female sexually transmitted disease testing, premenopausal and menopausal exam, test and treatment, breast and cervical cancer screenings. Cost: MA accepted, sliding fee scale, other insurance plans. Call first for hours.

Medical Provider Resource Directory *Directorio de Proveedores de servicios Médicos*





Allentown Medical Providers

Proveedores médicos de Allentown

ABC Family Pediatricians

1611 Pond Rd.

Allentown, PA 18104 Phone: 610-395-4300 Fax: 610-530-9372

Accepts Keystone Blue Chip

Hours: Mon. - Fri. 8:00 -5:00 PM

Allentown Family Practice

450 Chew Street, Suite 101 Allentown, PA 18102 610-776-4888, contact Anisa Roche Fax:

610-776-4895

Hours: 8:30 am to 5:00 pm Monday through

Friday

Allentown Health Bureau

Alliance Hall 245 N. 6th Street Allentown, PA 18102 Phone: 610-437-7760

Fax: 610-437-8799

By appointment only. (Except for walk-in STD testing clinics, see below) MA/Low income – Allentown residents only. Immunizations – Free of cost to all but they do accept donations. Immunization Clinics – by appointment

Wed. 1:30-3:30 PM Thurs. 8:30-11:45 AM Adults: Fri. 1:30-4PM

Free Pregnancy Testing

Thurs. 2-4PM TB Clinic Mon. 2-4PM

Allentown Kids Care

1501 Lehigh St, Suite 103 (Temp address)

Allentown, PA 18103 Phone: 484-526-3060

Fax: 833-824-1517 Contact: Rosa Cruz

M, F: 8:00AM-4:00PM T-TH: 8:00-8:00PM

Pediatric service age 0-18 yrs of age

Central Elementary School Health Clinic

829 W. Turner St.

Allentown, PA 18102-4066

To Make an Appointment call the Children's Clinic Ph: 610-969-4300 Clinic Ph: 484-765-4818

Fax: 484-765-5957

School Office Phone: 484-765-4800

LVPG Family Medicine-Cetronia Road

250 Cetronia Rd. Suite 115 Allentown, PA 18104 Phone: 610-395-0307 Fax: 610-395-0950

Children's Health Care

1517 Pond Rd.

Allentown, PA 18104 Phone: 610-395-4444 Fax: 610-366-7886

Hours: Mon. - Thurs. 8:00 AM - 7:00 PM

Fri. – 8:00 AM – 5:00 PM Emergencies only weekends

9:30 AM - 12:00 PM

Accepts: Blue Chip, Keystone, BC/BS, others.

No Access or state issued insurances Cornerstone Healthcare Services

Dr. Deborah J. Wilson

1702 S. 4th St

Allentown, PA 18103 Phone: 610-791-2755 Fax: 610-791-2754

Conelly Family Practice

501 N. 17th St., Suite 108 Allentown, PA 18104 Phone: 610-434-4760 Fax: 610-820-9122

Accepts: CHIP, Amerihealth Mercy (for existing

patients only) no MA groups accepted

Appointments only Fax: 610-866-8352

St. Luke's Lehigh Primary Care

619 Dalton Street Emmaus, PA 18049 Check website for hours Phone: 610-628-8200

Fax: 866-672-9882

Call to ask about insurance accepted

Hanover Family Medical Group

1202 Hanover Ave. Allentown, PA 18109 Phone: 610-437-6490

Fax: 610-437-4151

Hours: Mon., Thurs & Fri. 8:00 AM - 5:00 PM,

Tue. & Wed. 8:00 AM - 6:00 PM

(Private Practice – satellite of Sacred Heart

hospital)

Heritage Family Medicine

3080 Hamilton Blvd. Suite 250

Allentown, PA 18104 Phone: 610-437-0739 Fax: 610-437-3601

Tayyaba S. Jan, MD - Pediatric Health

7615 Tilghman St. Allentown, PA 18106 Phone: 610-366-9990 Fax: 610-366-9930

Accepts: Gateway, CHIP (except for Keystone),

Private Insurance

LVH Cedar Crest NICU

1200 S. Cedar Crest Blvd. Allentown, PA 18103 Phone: 610-402-7853 Fax: 610-402-7553

Lehigh Valley Family Health Center

1730 Chew Street Allentown, PA 18104 Phone: 610-969-3500

Fax: 610-969-3605

Accepts MA, Gateway, Mercy, CHIP

Lehigh Valley Hospital Outpatient Pediatrics – The Children's Clinic

17th and Chew Streets 6th Floor

Allentown, PA 18104

Pediatric Clinic: 610-969-4300

Fax: 610-964-4332

Accepts MA, PE, immunizations, sick care. (Low-income without insurance need to call for financial screening prior to appointment)

Lehigh Valley Pediatric Associates, Inc.

401 N 17th St. Suite 307 Allentown, PA 18104 Phone: 610-434-2162 Fax: 610-434-9370

(No MA or Gateway (will accept newborns

through Gateway), Med+, CHIP, etc.

Lehigh Valley Physician's Practice

17th and Chew Streets, Suite 101

Allentown, PA 18105 Phone: 610-969-2362

Contact: Teresa Benner 8:00-4:30pm

Accepts: Access, Gateway, Mercy, Med+, others Internal medicine practice sees patients 18 years and older. This is a primary care practice.

LVPG Family Medicine

1251 S. Cedar Crest Blvd. Suite 102A Allentown, PA 18103 Phone: 610-402-3940

Fax: 610-402-3950

LVPG Family Medicine-Cetronia Rd.

250 Cetronia Rd., Suite 115 Allentown, PA 18104 Phone: 610-395-0307

Fax: 610-395-0950

LVPG Pediatrics - Pond Rd

1611 Pond Rd., Suite 400 Allentown, PA 18104 Phone: 610-395-4300 Fax: 610-530-9372

Dr. Alan P. Muto

1425 Linden Street Allentown, PA 18102 Phone: 1-888-797-3725 Fax: 610-434-7484

Accepts: AmeriHealth Caritas, Gateway, and

Blue Chip

Neighborhood Health Center of the Lehigh Valley - Vida Nueva at Casa

218 N. 2nd St.

Allentown, PA 18102 Phone: 610-841-8400 Fax: 610-841-8401

Oakwood Medical Center

451 N. 4th Street Allentown, PA 18102 Phone: 610-434-8801 Fax: 610-434-8812

Walk-in/Appointments

Hours: Monday – Thursday 8:00 AM – 7:00 PM

Friday – 8:00 AM – 5:00 PM Accepts: MA

Patient First - Allentown

3178 Tilghman St. Allentown, PA 18104 Phone: 610-844-9150 Fax: 610-844-9151

Dr. Pavel Terreros

451 Chew St.

Allentown, PA 18102 Phone: 610-434-4445 Fax: 610-434-4401

Scott A. Rice, MD

401 N 17th St. Suite 311 Allentown, PA 18104 Phone: 610-821-4920 Fax: 610-821-1358

Accepts: Chip, AmeriHealth Caritas

Sacred Heart Hospital Pediatric & Adolescent Services

Sigal Center,

450 Chew St. Suite 202 Allentown, PA 18102 Phone: 610-776-4767 Fax: 610-606-4458

Clinic - Birth to 20 years old

Monday - Friday 9:00 AM - 5:00 PM Call for

appointments at daily clinics.

Accepts: MA, Mercy Health Plan, Med+,

Gateway

Sacred Heart Pediatric Associates

Sigal Center

450 Chew Street Suite 203 Allentown, PA 18102 Phone: 610-776-5160 Fax: 610-606-4476

Accepts CHIP, No MA plans

(Private practice – not affiliated with Pediatric

clinic but has same doctors)

Accepts: Blue Cross/Blue Shield, Keystone

Sacred Heart Primary Care

3570 Hamilton St., Suite 201 Allentown, PA18104

Phone: 610-433-7481 Fax: 610-433-3991

St. Luke's Allentown Pediatrics

501 Cetronia Road, Suite 115

Allentown, PA 18104

Contact: DeAnna Godreau Phone: 484-426-2468

Fax: 833-822-5229

Mon-Thur 8am-6pm F 8am-5pm

St. Luke's Hospital- Allentown Campus

1736 W. Hamilton St. Allentown, PA 18104 Phone: 610-628-8300

Fax: 484-526-4724

Saint Luke's Family Health Center

1501 Lehigh St. Suite 105 Allentown, PA 18103 Phone: 484-526-3060 Fax: 833-822-5231

Southside Family Medicine

141 E. Emmaus Avenue Allentown, PA 18103 Phone: 610-791-5930

Fax: 610-791-2157

Accepts: Blue Chip, (AmeriHealth Caritas - only

for existing patients)

Dr. Tayyaba S. Jan, MD

7615 Tilghman St. Allentown, PA 18106 Phone: 610-366-9990 Fax: 610-366-9930

St. Luke's Total Family Health Care

3050 Hamilton Boulevard Suite 100

Allentown, PA 18103

Phone: 610-437-7181 Fax: 833-814-7402

West End Medical Group

250 Cetronia Rd, Allentown, PA 18104 Phone: (610) 395-0307

Allentown WIC Sites Oficina Wic en Allentown

WIC – Casa Guadalupe

218 N. Second Street Allentown, PA 18102

Local: 610-841-8400 Fax: 610-841-8401

Hours: Mon, Tues & Thurs: 8am-8pm, Wed & Fri 8AM-4:30pm two Saturdays a month 8am-

1pm

www.casa-lv.org

MFHS Lehigh Valley Center - Liberty Plaza

1227 Liberty Plaza, Suite 104

Allentown, PA 18102

Phone: 610-432-3455 Fax: 610-432-1221 Hours: Mon., Wed. 8-6; Tues. 9-5; Thurs. & Fri.

8am-4pm

Allentown Dental Providers Dentistas de Allentown

Advance Smile Dental Creator, LLC

501 N 17th St., Suite 107 Allentown, PA 18104 Phone: 484-350-3239 Fax: 484-350-3701

Family Dentistry – Dr. I. Abraham, DDS - Dr. A. Yacoub and R. Dr. Salloum

1111 N. 19th St. Allentown, PA 18104 Phone: 610-434-3310 Fax: 610-434-4270

(This office does not release records- Parents

must pick-up)

Accepts: AmeriHealth Caritas, Med+, Gateway

Dr. G. Assali

1305 W. Hamilton St. Allentown, PA 18102 Phone: 610-351-6285 Fax: 610-351-6273

Allentown Family Dental – Dr. Cecilia Balbuena, DDS

845 W. Tilghman Street Allentown, PA 18102 Phone: 610-433-4533 Fax: 610-433-4543

Accepts: CHIP, Gateway, Med+ (Unison),

MetLife, Delta, Aetna, others

Allentown Pediatric Dental Associates

3057 College Heights Blvd. Allentown, PA 18104 Phone: 610-433-2357

Fax: 610-433-9133

American Dental Arts

2527 East Texas Blvd. Allentown, PA 18103 Phone: 610-434-2000

Fax: 610-434-7728

Christina Lawrence

4132 W Tilghman St. Allentown, PA 18104 Phone: 610-395-4400

Fax: 610-395-9888

Contemporary Family Dentistry

Dr. Jeffrey M. Rosen 3131 College Heights Blvd.

Allentown, PA 181-4 Phone: 610-434-4077 Fax: 610-434-3002

Dr. Hari Dalsania

1225 Union Boulevard Allentown, PA 18109 Phone: 610-434-8008

FAX: 610-965-2755

Accepts: Mercy, Med+, CHIP

Hours: Monday and Wednesday 8:30 AM – 4:30

PM Tuesday – closed

Dental Dreams

2180 MacArthur Road Whitehall, PA 18052 Phone: 610-437-1800

Fax: 610-437-1900

Designing Smiles - Dr. James Tynecki

1350 W Hamilton St. Allentown, PA 18102 Phone: 610-437-0330 Fax: 610-437-0604

Fairmont Dental Associates

1414 W. Fairmont St. Allentown, PA 18102

(484) 268-2171; Fax: 610-435-5451

Accepts: CHIP

Family Dental Services

123 N. 13th Street P.O. Box 4237

Allentown, PA 18102 Phone: 610-572-1896 Fax: 610-434-1167

Siri Family and Cosmetic Dentistry

Dr. Amir Ghali, DDS

948 W. Hamilton St. Allentown, PA 18101 Phone: 610-432-0113 Fax: 610-432-9270

Accepts: MetLife, Humana, Delta Dental, Cigna, Aetna, United Healthcare, DenteMax, Guaridan,

Amerihealth Caritas and others

Hamilton Dental Associates of the Lehigh Valley

Dr. Patel Smita
1144 Hamilton St.
Allentown, PA 18101
Phone: 610-435-2550
Fax: 610-351-7451

(This office does not release records- Parents

must pick-up)

Dr. Eugene McGuire

Springhouse Professional Center 1575 Pond Road, Suite 105 Allentown, PA 18104

Phone: 610-481-9100 Fax: 610-481-9275 Accepts: Amerihealth Caritas and Delta Blue

Chip

Dr. Talal Noumeh – East Side Family Dentistry

1640 Union Boulevard Allentown, PA 18109

Phone: 610-776-7578 Fax: 610-776-7796

tnoumeh@hotmail.com

Accepts: Aetna, Blue Chip, Keystone, Med+ (Unison), Gateway, Amerihealth Caritas, others

Dr. Karen Patenaude

2030 W. Tilghman St., Suite 109

Allentown, PA 18104 Phone: 610-437-5360

Fax: 610-437-5361

Lehigh Valley Hospital Dental Clinic

17th and Chew Sts. Allentown, PA 18103 Phone: 610-969-3955 Fax 610-969-3084

Brington Pediatric Dentistry

1517 Pond Road, Suite 201 Allentown, PA 18104 Phone: 610-395-4800 Fax: 610-395-7080

Accepts: Delta, Blue Chip, No MA, Gateway

with authorization

Pellegrino Cosmetic & Family Dentistry

5920 Hamilton Blvd., #101 Allentown, PA 18106 Phone: 610-530-7901 Fax: 610-530-7905

Dr. Jeffrey Rosen

16 N. 13th Street Allentown, PA 18102 Phone: 610-434-4077

Private Insurance or cash only

Sacred Heart Hospital Dental Clinic

450 Chew Street – Sigal Center, Suite 201 Allentown, PA 18102

Phone: 610-776-4802 Fax: 610-606-4473 Accepts only Gateway

Hours: 8-3:00 Monday - Friday

Smile Krafters Dentists

1247 S. Cedar Crest Blvd. Suite 300

Allentown, PA 18103 Phone: 610-628-1228 Fax: 610-432-2332

Website: www.smilekrafters.com

Accepts all insurances, including medical

assistance. Tell them "Weed and Seed sent me"

and they will make a contribution to the

Allentown Boxing Gym.

Smile On Dental Care

Liberty Square Medical Center 501 N. 17th St., Suite 107 Allentown, PA 18104

Phone: 610-351-1515 Fax: 610-351-1800

Richard Stauffer, DDS, PC

899 W. Turner Street Allentown, PA 18102 Phone: 610-435-6151 Fax: 610-433-233 Accepts: CHIP, Aetna

Risley Dental Practice

Jennifer K. Risley DMD 6201 Hamilton Blvd. Allentown, PA 18106 Phone: 610-395-6965 Fax: 610-841-9971

Scott A. Gradwell, DMD FAGC

1251 Cedar Crst. Blvd., Suite 305 Allentown, PA 18103 Phone: 610-770-1050 Fax: 610-770-6592

Suburban Dental Associates

1651 N Cedar Crest Blvd., Suite 206 Allentown, PA 18104 Phone: 610-820-9900 Fax: 610-820-9922

Dr. Michael Taras

2900 Hamilton Blvd., Suite 106 Allentown, PA 18195 Phone: 610-432-1320 Fax: 610-432-0148

Union Dental Specialties – American Family Dental Care – Dr. Vanaeyah Tran, DMD

1901 Union Blvd. Allentown, PA 18109 Phone: 610-437-5353 Fax: 610-439-5760

Windsor Family Dental

7540 Windsor Drive, Suite 203

Allentown, PA 18195 Phone: 610-336-4845 Fax: 610-871-5212

Accepts: most CHIP and Aetna

Allentown Eye Doctors Oculistas en Allentown

Allentown Vision Center

939 Hamilton Street Allentown, PA 18101 Phone: 610-434-1000 Fax: 610-434-9592

Accepts: CHIP, Amerihealth Caritas, Gateway

and Med+

Association for the Blind and Visually Impaired of Lehigh County

845 Wyoming St. Allentown, PA 18103 Phone: 610-433-6018

Low income/non-MA - Aids in getting glasses Private insurance, CHIP for eye Problems

Bausch and Jones Eye Associates

Andrew Bausch, M.D. & David G. Jones, M.D. 1616 W. Allen Street

Allentown, PA 18102 Phone: 610-432-0201 Fax: 610-434-1210 Private Insurance

Harry Buchanan, IV, MD

400 North 17th Street, #200 .

Allentown, PA 18104 Phone: 610-433-2021 Fax: 610-433-7856

Dr. Marc Berson, OD & Monica Martocci OD

31 S. Ninth Street Allentown, PA 18102 Phone: 610-432-1500

Fax: 610-432-5559

Accepts CHIP, Mercy Health Plan, Gateway,

Med+

Family Eye Care

Dr. I.N. Fedoriu 1320 Hamilton Street Allentown, PA 18102 Phone: 610-434-1371

Accepts: Private Insurance and takes CHIP

Dr. Binae Karpo OD

2821 Tilghman Street Allentown, PA 18104

Phone: 610-434-1166; Fax: 610-434-1934

Lehigh Eye Specialists

Maz Kazahaya, M.D. 1251 S. Cedar Crest Blvd Suite 307

Allentown, PA 18103 Phone: 610-820-6320 Fax: 610-820-8376 MA only Access, CHIP

Lehigh Valley Center for Sight

(Ophthalmologist on site) 1739 Fairmont Street Allentown, PA 18104

Phone: 610-437-4988; Fax: 610-437-4176 By appointments only (eye medical problems only & emergencies) *Only accepts MA for

existing patients.

Dr. Nancy Perez/Dr. Patricia Seyer

1040 Hamilton Street Allentown, PA 18101

Phone: 610-433-5128; Fax: 610-433-9484

Accepts: Gateway, Med+, Mercy

Dr. Gino Romig, OD

1202 Washington Street Allentown, PA 18102 Phone: 610-433-3990

Accepts: Mercy, Gateway, Med+, CHIP, others

Sacred Heart Hospital Eye Clinic

421 Chew Street 3rd Floor
Allentown, PA 18102
Phone: 610-776-5180
To schedule appointments.
Open Mondays. Accepts MA, Mercy Health
Care,
Gateway, Med+ (Unison)

Paul Schenck, M.D.

5239 Hamilton Blvd, Suite 1 Allentown, PA 18106 Phone: 610-398-2800

Fax: 610-366-1343

Total Eye Care - Dr. William Semmel

3323 Hamilton Blvd. Allentown, PA 18103

Phone: 610-776-6600; Fax: 610-776-6619

Has Spanish speaking staff

Visually Impaired and Blind Services

845 W Wyoming St. Allentown, PA 18103 Phone: 610-433-6018 Fax: 610-433-4856

MA referral – Accepts all MA insurances – Gateway, Mercy Blue Chip, Davis Vision, helps uninsured county residents for exams and glasses. Eye doctor on site 3 days a week.

Allentown Specialists and Prenatal Care

Especialistas y Cuido Prenatal en Allentown

Allentown Asthma and Allergy

1605 N. Cedar Crest Blvd. Suite 605

Allentown, PA 18104 Phone: 610-820-9000 Fax: 610-820-9078

Dr. Nandini Bhargav Iyengar

Developmental Behavioral Pediatrics 850 South 5th Street Allentown, PA 18103

Phone: 610-776-3578 Fax: 610-776-3278

Care Net of the Lehigh Valley

1034 Hamilton St. Allentown, PA 18101 Phone: 610-821-4000 Fax: 610-821-4949

Offering prenatal services

Center for Allergy and Asthma Care, LLC

250 Cetronia Road, Suite 103 Allentown, PA 18104

Phone: 610-841-3890; Fax: 610-841-3899

Holcomb Behavioral Health

1245 S Cedar Crest Blvd Suite 303

Allentown, PA 18103 Phone: 610-435-4151

Lehigh Valley Hospital Center for Women's Medicine – First Floor

1627 Chew St

Allentown, PA 18102 Phone: 610-402-1600 Fax: 610-969-2197

Accepts: Access, Mercy, Med+, Gateway Records for Casa Guadalupe are sent here as

well*

NHCLV - Neighborhood Health Centers of the LV - Vida Nuevaat CASA -

"Vida Nueva" Clinic 218 N. 2nd St.

Allentown, PA 18101

Phone: 610-841-8400; Fax: 610-841-8401 Accepts: Access, Mercy, Med+, Gateway Send for records at LVH 17th & Chew*

Lehigh Valley Women's Medical Specialties, P.C.

440 South 15th St.

Allentown, PA 18102 Phone: 610-437-7000

Fax: 610-437-6381

LVPG Obstetrics and Gynecology- Pond Rd

1611 Pond Road Suite 300 Allentown, PA 18104

Phone: 610-398-7700; Fax: 610-398-6917

Lvhn.org

(M-TH) 8:00am-5:00pm (F)8:00am-4:00pm

Pediatric Specialists of the Lehigh Valley

Pediatric Pulmonologist 1210 S. Cedar Crest Blvd. Suite 2700 Allentown, PA 18103

Phone: 610-402-3866 Fax: 610-402-3859

Pediatric Neurology of LV

Dr. Boosara Ratanawongsa 1517 Pond Rd. Unit 2 Allentown, PA 18104 Phone: 610-398-9898

Fax: 610-398-9899

LVPG Obstetrics & Gynecology – 17th St.

Ernesto Rodriguez, MD 401 N 17th St., Suite 301 Allentown, PA 18104 Phone: 610-969-3630

Fax: 610-433-0949

Sacred Heart Hospital OB/GYN Services - Sigal **Center for Family Medicine**

450 Chew Street, Suite 204 Allentown, PA 18102 Phone: 610-776-4500

Fax: 610-776-5176

Dr. Karen Senft

Developmental Behavioral Pediatrics Good Shepherd Rehabilitation 850 S 5th St

Allentown, PA 18103 Phone: 610-776-3278

Accepts: AmeriHealth Mercy, Gateway, MA

Total Women's Health Care

Dr. John Scaffidi /Dr. Gary Karounos, MD 2200 W. Hamilton Street, Suite 111 Allentown, PA 18104

Phone: 610-821-8321

St. Luke's Women's Health Center Allentown

1837 W. Linden Street Allentown, PA 18104 Phone: 610-628-8400 Fax: 833-828-1816

Accepts: Gateway, Mercy, Access

St. Luke's – Valley OB/GYN Associates

322 S. 17th St.

Allentown, PA 18104

Phone: 610-434-4015; Fax: 610-435-4821

St. Luke's Maternal Fetal Medicine

(Perinatal Center) 1837 West Linden St. Webster Place – 2nd Floor Allentown, PA 18104

Phone: 610-628-8415; Fax: 866-410-7401

St. Luke's West End Medical Center

501 Cetronia Road, Suite 120 Allentown, PA 18104

Phone: 484-426-2530; Fax: 866-849-6463

St. Luke's Hamilton Ob/Gyn

1941 W Hamilton St., Suite 100

Allentown, PA 18104

Phone: 610-628-8910; Fax: 833-822-5227

St. Luke's Maternal Fetal Medicine

(Sigal Building) 450 Chew St., Suite 205 Allentown, PA 18102

Phone: 484-526-3900; Fax: 866-410-7401

St. Luke's Women's Care Ob/Gyn

1251 South Cedar Crest, Suite 109

Allentown, PA 18103

Phone: 610-820-0300; Fax: 833-822-5225

Bethlehem Medical Providers

Medicos en Bethlehem

LVPG Pediatrics-West Broad

325 W. Broad St. SE, 2nd Floor Bethlehem, PA 18018

Phone: 484-626-9222 Fax: 484-626-9220

ABW St. Luke's Pediatrics

834 Eaton Ave. Suite 201 Bethlehem, PA 18018 Phone: 484-526-7722

Fax: 833-822-5223

Accepts: CHIP, private insurance

Bethlehem Area Pediatric Associates

2925 William Penn Hwy. Suite 201

Bethlehem, PA 18045 Phone: 610-258-1400 Fax: 610-258-3047

Bethlehem Health Bureau

10 E. Church Street Bethlehem, PA 18018

Phone: 610-865-7083 (office) Hours 8:00-4:30 www.bethlehem-pa.gov AskBHB@bethlehem-

pa.gov

Offers public health, cancer screening programs. Home visiting program for pregnant and new moms, FREE breastfeeding support in the home or by phone. Healthy Homes inspection program for families, Family Planning services for teens through adults, STD and Tuberculosis clinics. Immunizations for children and adults. Breast and cervical cancer screening programs. MA and some private insurances are accepted.

Call for an appointment or for more information.

Bethlehem Medical Center

2092 Stefko Blvd. Bethlehem, PA 18017 Phone: 610-694-1000

Fax: 610-867-7180

Dr. Hassan Bozorgnia

4315 Easton Avenue Unit 1 Bethlehem, PA 18020 Phone: 610-861-8830 Fax: 610-861-0891

Accepts: Aetna, CHIP, others (No MA)

Easton Medical Group

3101 Emrick Blvd Suite 112 Bethlehem, PA 18020 Phone: 610-419-6426

Fax: 610-438-6135

Greater Lehigh Family Medicine

Dr. Vasu Singh 4379 Easton Ave. Unit 5 Bethlehem, PA 18020 Phone: 610-866-6297 Fax: 610-866-6298

Dr. Sally Haggerty

204 E. Market St. Bethlehem, PA 18018 Phone: 610-866-4566 Fax: 610-866-3166

Saint Luke's Family and Internal Medicine-Bethlehem Township

Dr. G. Gopal, M.D. 4379 Easton Ave, Suite 110 Bethlehem, PA 18020 610-866-6297 Fax: 610-866-6298 www. slhn.org

LVPG Family Medicine-Easton Avenue

3024 Easton Ave.

Bethlehem, PA 18017-4208

Phone: 610-694-1000; Fax: 610-867-7180 Lehigh Valley Family Practice Associates, LLP

190 Broadhead Rd. Suite 101

Bethlehem, PA 18017 Phone: 610-694-9090 Fax: 610-861-8295

Lehigh Valley Pediatric Associates, Inc.

612 Elm Street

Bethlehem, PA 18018 Phone: 610-865-3151 Fax: 610-865-3249

(No MA or Gateway, Med+, CHIP, etc.)

Only for existing patients

LVPG Internal Medicine-Muhlenberg

2649 Schoenersville Road, Suite 201

Bethlehem, PA 18017 Phone: 484-884-8110 Fax: 610-868-5333 Only private insurance

Saint Luke's Family and Internal Medicine-Bethlehem Township

Dr. G. Gopal, M.D. 4379 Easton Ave, Suite 110 Bethlehem, PA 18020 484-884-8110 www.slhn.org

LVPG - Neighborhood Pediatrics

3445 High Point Blvd. Bethlehem, PA 18017 Phone: 610-866-8566 Fax: 610-866-8503

Northwestern Human Services Children's Program of Lehigh Valley

701 W. Broad Street, Suite 105 Bethlehem, PA 18018 Phone: 610-866-8842

Accepts: Access, Gateway, Mercy, others

Primary Care Associates

325 W. Broad St. Bethlehem, PA 18018 Phone: 484-626-9200 Fax: 610-867-8499

Neighborhood Health Centers of the Lehigh Valley at Donegan

(Entrance at street level facing light on 4th and Hobart St.)

1210 E. 4th Street Bethlehem, PA 18015 Phone: 484-408-0755

Fax: 484-408-0756

Physicals, shots, well and sick care

Accepts: AmeriHealth Caritas, Gateway, other

insurances and uninsured. Hours – by

appointment

St. Luke's Family Practice Center

2830 Easton Avenue Bethlehem, PA 18017

Phone: 484-526-3555; Fax: 833-822-5230 Closed for lunch 12 – 1:00 PM - Have evening

hours - Accepts: CHIP

St. Luke's Southside Medical Center

511 East 3rd Street, Suite 200 (2nd Floor)

Bethlehem, PA 18015

Phone: 610-954-4700; Fax: 833-1813 Medical clinics for adults (not pre-natal)

St. Luke's University Hospital-Women's Health Center

801 Ostrum Street, East Wing 3 Bethlehem, PA 18015

Phone: 610-954-4761; Fax: 833-828-1814

St. Luke's Kids Care

Fowler Family Center

511 East 3rd St. Ste. 201 Bethlehem, PA 18015

Phone: 484-526-3060 or 610-954-3060

Fax: 833-828-1811

Accepts: Access, Gateway, Mercy, CHIP, others

St. Luke's South Mountain Family Practice

1545 Broadway

Bethlehem, PA 18015

Phone: 484-526-7091; Fax: 866-230-3194

Accepts: CHIP, other insurance

Drs. Richard and Stanley Stein

701 N. New Street Bethlehem, PA 18018

Phone: 610-866-8076; Fax: 610-866-1222 Takes all insurance but not MA managed care

groups. Takes Blue Chip.

William Penn Family Practice

4379 Easton Avenue, Suite 101 Bethlehem, PA 18020

Phone: 610-814-2424; Fax: 866-865-0916

Lehigh Valley Pediatric Associates, Inc.

612 Elm Street

Bethlehem, PA 18018

Phone: 610-865-3151; Fax: 610-865-3249 (No MA or Gateway, Med+, CHIP, etc.)

Only for existing patients

Dr. Sally Haggerty

204 E. Market St.

Suite 101

Bethlehem, PA 18018

Phone: 610-866-4566; Fax: 610-866-3166

Bethlehem WIC Site

WIC - Bethlehem

520 E. 4th Street

Bethlehem, PA 18015

Phone: 610-691-6491 or 1-866-942-8463 (toll

free)

Fax: 610-868-5836

Hours: Monday 9:00 AM – 6:00 PM, Tuesday – Thursday 9:00 AM – 4:30 PM, Friday 9:00 AM –

Thursday 3.00 Aivi - 4.30 Fivi, Thuay 3.00 Aivi

4:00 PM

Fountain Hill

Children's Choice Pediatrics 514 Delaware Ave. Fountain Hill, PA 18015

Phone: 610-865-6545; Fax: 610-758-9595

Bethlehem Dental Providers Dentistas en Bethlehem

Baglyos Dental Care

2551 Baglyos Circle, Suite A-12 Bethlehem, PA 18020

Phone: 610-691-3050; Fax: 610-691-7950

Broad Street Dental Associates

627 W. Broad Street Bethlehem, PA 18018

Phone: 610-691-6200; Fax: 610-691-1840

Children's Surgical Center

89 South Commerce Way Suite 900

Bethlehem, PA

Phone: 484-892-6777; Fax: 484-892-6773

Dr. Ramon Arreola

1020 West Broad Street Bethlehem, PA 18018

Phone: 610-691-6900; Fax: 610-691-8278 Accepts: Mercy, Blue Chip, Med Plus, Gateway

(for children only)

Bethlehem Health Bureau

10 E Church St.

Bethlehem, PA 18018

Phone: 610-865-7083; Fax: 610-865-7326

www.bethlehem-pa.gov

Offers public health, cancer screening programs. Home visiting program for pregnant and new moms, FREE breastfeeding support in the home or by phone. Healthy Homes inspection program for families, Family Planning services for teens through adults, STD and Tuberculosis clinics. Immunizations for children and adults. Breast and cervical cancer screening programs. MA and some private insurances are accepted.

Call for an appointment or for more information.

Family & Cosmetic Dental Care

Bethlehem Family Dental PC 2162 W. Union Blvd., Bethlehem, PA 18018

Bethlehem Pediatric Dental Associates – Dr. Ibrahim Durra

2229 Broadhead Rd., Suite C-1 Bethlehem, PA 18020

Phone: 610-954-5400; Fax: 610-954-9008

Broadway Family Dentistry

Dr. Rami Khoury DMD 1003 Broadway Bethlehem, PA 18015 Phone: 610-691-3311

Fax: 610-317-6052

Dr. Ian Cantor

Advanced Smile Design 1106 Broadway Fountain Hill, PA 18015 Phone: 610-625-0750

Fax: 610-625-0730

Gentle Family Dentistry

2431 Easton Ave. Bethlehem, PA 18017 Phone: 610-861-0190 Fax: 610-861-3771

Keystone Dentistry

3859 Nazareth Pike, Suite 203 Bethlehem, PA 18020 Phone: 610-849-2777

Fax: 610-849-2667

Lehigh Valley Hospital – Muhlenberg Dental Center South Entrance

2545 Schoenersville Road Bethlehem, PA 18017 Phone: 484-884-2315

Fax: 484-884-3309

Accepts: Gateway, Med+ and AmeriHealth Caritas. United Health care (Medicaid) &CHIP UPMC for you (Medicaid) Aetna Better Health

(Medicaid)

Hours: Monday – Friday 8:30 AM – 5:00 PM We have a day in February every year (annually) that is free if patients do not have insurance ("Give Kids a Smile Day") Call our office for that day. Patient must have a PCP

within the Lehigh Valley Health Network who can refer them to us. We ask that the referral be faxed to us, or entered by PCP (LVHN) into EPIC (medical record system used by Network) We do not do Operating Room cases. Our emergency patients (if not an LVHN patient), can be seen by LVHN ER or Express care LVHN, and be seen for extractions only.

Lehigh Valley Pediatric Dentistry

1665 Valley Center Pkwy. Suite 100 Bethlehem, PA 18017

Phone: 610-694-0711 Fax: 610-694-0710

Website: lvpdsmiles.com

Alan Parker, DMD

1665 Valley Center Pkwy, Suite 160 Bethlehem, PA 18017 Phone: 610-691-1500

Fax: 610-691-7801

St. Luke's Dental Health Center

511 East Third St., Suite 301 Bethlehem, PA 18015 Phone: 610-526-2460

Fax: 484-526-2466

Accepts: Gateway, Mercy, private insurance,

self-pay, No Med+, No CHIP

Wolfe Dental - Dr. Charles G. Wolfe, DDS

5250 Freemansburg Ave., Bethlehem, PA 18045 Phone: 610-691-6522 Fax: 610-691-3040

Soun Wong, DMD

601 Delaware Avenue Fountain Hill, PA 18015 Phone: 610-868-6768 Fax: Same as phone

Accepts Mercy and Gateway until age 21, other

Insurances

Dr. Jeannine Wyke

260 E Broad St. Bethlehem, PA 18018

Phone: 610-867-1511 Fax: 610-867-7223

Dr. Mark Steinberg, DDS

2299 Broadhead Rd., Suite G. Bethlehem, PA 18020 Phone:

610-866-0172 Fax: 610-861-8908

Bethlehem Eye Doctors Oculistas en Bethlehem

Lehigh Valley Eye Center

3535 High Point Blvd. Bethlehem, PA 18017 Phone: 610-867-9900

Accepts: Amerihealth Mercy, Capitol Blue

Cross, private insurance, Aetna

Hours: Monday thru Friday 8am to 430pm

Medoptic "See for Less" - Dr. Sylvia Medina, O.D.

2037 Stefko Blvd, Bethlehem, PA 18017 (610) 419-6444

Saint Luke's Eye Clinic – Retina Center

801 Ostrum Street Bethlehem, PA 18015 Phone: 610-954-2130 Low income MA

*Serious eye problems that require surgery must see an Ophthalmologist through the hospital clinic. Referral from providers.

Care Net of the Lehigh Valley

541 E. Broad St. Bethlehem, PA 18018 Phone: 610-997-0195

Fax: (610) 997-0228

College Heights OB/GYN Assoc.

1665 Valley Center Parkway, Suite 130

Bethlehem, PA 18017 Phone: 610-317-0208 Fax: 610-317-0210

Good Shepherd Rehabilitation Hospital Pediatric Unit

2855 Schoenersville Rd. Bethlehem, PA 18017 Phone: 610-807-4200 Fax: 610-807-4205

Dr. Boosara Ratahawongsa

Pediatric Neurologist 2545 Schoenersville Rd. – 3rd Floor Bethlehem, PA 18017

LVPG Obstetrics and Gynecology

Valley Center Parkway 1665 Valley Center Parkway Suite 130 Bethlehem, PA 18017 Phone: 610-317-0208

St. Luke's Obstetrics and Gynecology Associates (New Location)

834 Eaton Avenue, Suite 101 Bethlehem, PA 18018

Phone: 484-526-7474; Fax: 833-814-7405

Accepts: Private Insurance

Bethlehem Specialists and Prenatal Care Especialistas y Cuidado Prenatal en Bethlehem

Specialist - Bruce Greenspan M.D.

940 N. New Street Bethlehem, PA 18018 Phone: 610-868-6900 Ear, Nose & Throat Specialist

Accepts: Mercy, Gateway, CHIP, others

Johnnie Willis, M.D.

685 Delaware Avenue Bethlehem, PA 18015

Phone: 610-867-4151 Fax: 610-867-9129

Accepts: private insurance

St. Luke's Women's Health Center

801 Ostrum Street, East Wing 3

Bethlehem, PA 18015 Phone: 610-954-4761 Fax: 833-828-1814

Prenatal care and women's medicine All Access and MA groups accepted

Has day and evening hours Call for appointment

St. Luke's Christmas City OB/GYN

701 Ostrum Street, Suite 501 Bethlehem, PA 18015

Phone: 484-526-6161; Fax: 833-206-6928

Community Care Center for Easton Hospital

325 Pine Street Easton, PA 18042 Phone: 610-253-1460

F ... 16

For those over 16 years of age

Accepts: Mercy, Gateway, Access, Med+

Easton Area Family Medicine Associates

Charles Chrin Commons II Building 2925 William Penn Highway Suite 201

Easton, PA 18045 Phone: 610-258-1400 Fax: 484-373-8448

Does not take Mercy, Gateway, Med+. Takes

Blue CHIP.

Easton Family Practice

Dr. K. Makhoul 1901 Hay Terrace Suite 7 Easton, PA 18042

Phone: 610-438-4314 Fax: 610-438-4315 Accepts: Mercy, Gateway, CHIP, Med+, and

private insurance

Easton Hospital

250 S. 21st. St. Easton. PA 18042

Phone: 610-250-4000; Fax: 610-250-4895

Easton Medical Providers Medicos en Easton

Easton Medical Associates – Easton Hospital at Park Plaza

1800 Sullivan Trail, Suite 201

Easton, PA 18040

Phone: 610-250-8799; Fax: 610-258-1917

Dr. H.C. Lee

1825 Northampton Street

Easton, PA 18042

Phone: 610- 253-0811; Fax: 610-253-6045 Accepts: Keystone, Aetna, and CHIP. (Does not

accept MA groups.)

LVPG Family Medicine

2020 Sullivan Trail Easton, PA 18040

Phone: 484-373-3031; Fax: 484-373-3032

LVPG Pediatrics-Madison Farms

4807 Freemansburg Ave., Suite 100

Easton, PA 18045

Phone: 484-591-7620; Fax: 484-591-7621

Northampton County State Health Center - PA Dept. Of Health

1600 Northampton Street

Easton, PA 18042

Phone: 610-250-1825; Fax: 610-250-1812 Immunizations for children. Accepts: Access,

Gateway, Med+, Mercy, CHIP. Call for

appointment. Accepts non- or under insured

children.

Palmer Pediatrics

21 Corporate Dr. Suite #4 Easton, PA 18045

Phone: 610-252-4220; Fax: 610-258-2553

Palmer Family Practice

41 Community Dr. Easton, PA 18045

Phone: 610-252-8037 Fax: 610-252-1861

Patient First

2450 Butler Street Easton, PA 18042 Phone: 610-559-2060

Fax: 610-559-2064

Dr. Gabriela E. Popescu, MD

1700 Sullivan Trail Suite 12 Easton, PA 18040

Phone: 610-258-6700

LVPG Pediatrics

Palmer Township 3701 Corriere Rd, Suite 10 Easton. PA 18045

Phone: 484-591-7060 Fax: 484-591-7061

Redi-Care Medical Center

25th St. Shopping Center 2461 Nazareth Rd., 25th St. Shopping Center

Easton, PA 18045 Phone: 610-258-5300 Fax: 610-258-5138

St. Luke's Hospital

414 Northampton St. Easton, PA 18042 Phone: 610-559-2175

Fax: 610-559-2195

St. Luke's Family Practice at Palmer Forks Location

2003 Sullivan Trail Easton, PA 18040

Phone: 484-503-6400 Fax: 484-503-6401

St. Luke's Anderson Pediatrics

1700 St. Luke's Boulevard

Easton, PA 18045

Phone: 484-503-0060; Fax: 833-466-8211

St. Luke's Kids Care - Easton

220 Ferry Street Easton, PA 18041

Phone: 484-526-3060; Fax: 833-828-1812

St. Luke's Family Practice - Palmer

3213 Nazareth Rd. Easton, PA 18045

Phone: 610-559-2060; Fax: 610-559-2064

Tender Care Pediatrics – Dr. Lisa Caso

3330 Nazareth Road Easton, PA 18045

Phone: 610-559-0266; Fax: 610-559-0509

Dr. Maheshwer Verma

21 Corporate Drive Easton, PA 18042

Phone: 610-252-4220; Fax: 610-258-2553 Accepts: private insurance, Aetna, CHIP

Easton WIC Site Oficina Wic en Easton

WIC of Easton

101 Larry Holmes Plaza, Suite 204

Easton, PA 18042 Phone: 610-991-0150

1-866-942-8463 (toll free) Fax: 610-258-0147

Must call for appointment.

Hours: Mon. and Thur. 8:00 AM – 5:00 PM,

Tue., Wed., Fri. 8:00 AM – 4:00 PM

Easton Dental Providers Dentistas en Easton

Adam G. Bernhardt, Jr. D.M.D.

3413 Sullivan Trail Easton, PA 18040

Phone: 610-258-6116; Fax:

Private Insurance, Takes Delta CHIP

Start Seeing Children Age 3 Children's Dental Health Associates 1800 Sullivan Trail, Suite 120 Easton, PA 18040

510 011 1700 5

Phone: 610-914-1700; Fax: 610-743-8699

Complete Dental of Easton

4727 Freemansburg Ave, Suite 104 Easton, PA 18045

Phone: 610-419-9121; Fax: 610-419-9234

Easton Family Dental

2031 Hay Terrace Easton, PA 18042

Phone: 610-252-3861; Fax: 610-253-7934

Fabey Dental – Mark J. Fabey, D.M.D.

2690 Kingston Rd Easton, PA 18045

Phone: 610-253-4400; Fax: 610-253-4600

Gentle Dental Care

Andrew V. Inge, D.D.S. 3442 Nazareth Rd. Easton, PA 18045

Phone: 610-250-6411; Fax: 610-250-7174

Palmer Smile Design (Old Dr. Prabu Dev)

3465 Nazareth Road Suite 200

Easton, PA 18045

Phone: 610-923-0100; Fax: 610-923-0115

Dr. Steven Saffren - Dr. Don Gibson

1625 Northampton Street

Easton, PA 18042

Phone: 610-252-8966; Fax: 610-252-6691

The Easton Dental Center of St. Luke's

100 N. Third Street

(Second Floor of Santander Bank Building)

Easton, PA 18042 - 1869

Phone: 484-503-8001; Fax: 610-250-2735

Dr. Miriam Sternberg

3305 Nazareth Rd. Easton, PA 18045

610-258-5388; Fax: 610-252-3621

Neighborhood Health Center

1101 Northampton St. Easton, PA 18042 Phone: 610-820-7605

Amara Dentals (Filling, Extractions & Cleaning)

(formerly 25th Street Easton Dental)

2441 Nazareth Road Easton, PA 18042

Phone: 484-544-0059; Fax: 610-250-7118

Rose Dental Center

4500 William Penn Hwy Easton, PA 18045

Phone: 610-923-8340; Fax: 610-923-8342

Twin Rivers Dental at Affordable Dental Solutions

2762 Nazareth Road

Easton, PA 18045 phone: 610-253-4227;

Fax: 610-465-8929

William Penn Family Dental PC

4013 William Penn Hwy.

Easton, PA 18045

Phone: 610-258-2000; Fax: 610-258-2400

Easton Eye Doctors Oculistas en Easton

Dr. Gary Dietterick - Palmer Family Eye Care

21 Corporate Drive, Suite 2

Easton, PA 18045

Phone: 610-258-2442; Fax: 610-258-7961 Private insurance only for vision. Accepts most

commercial medical insurance.

Easton Walmart Eye Center

3722 Easton Nazareth Hwy,

Easton, PA 18045

Phone: 610-253-6476; Fax: 610-253-6489 Accepts: Gateway, Amerihealth Mercy,

Keystone CHIP, Aetna CHIP

Dr. Gabrielle Schoeppner

3735 Nazareth Road, Suite 205

Easton, PA 18045

Phone: 610- 258-7255; Fax: 610-258-5197 Insurance accepted: only private – no MA groups. (Sees only adults – refers children to

pediatric specialists)

Dr. Hildy Strongwater, OD

Dr. Maurice Strongwater, OD 441 Northampton Street Easton, PA 18042

Phone: 610-253-8132; Fax: 610-253-2286

Easton Specialist and Prenatal Care

Especialistas y Cuidado Prenatal en Easton

Care Net of the Lehigh Valley

2204 Northampton St. Easton, PA 18042

Make an appointment: 610-821-4000 Office hours by appointment only

Brighton OBGYN

2925 William Penn Hwy, Ste. 104

Easton, PA 18045

Phone: 610-991-0150; Fax: 484-373-8447

Dr. John Kim, MD

1108 Van Buren Rd. #301 Easton, PA 18045

Phone: 610-923-0484; Fax: 484-923-0485

LVPG Obstetrics and Gynecology - Easton

2401 Northampton St., Suite 200

Easton, PA 18045

Phone: 484-591-7450; Fax: 484-591-7451

St. Luke's Riverside Women's Health Care - Anderson Campus

2200 St. Luke's Boulevard., Suite 200

Easton, PA 18045

Phone: 484-503-0628; Fax: 833-820-1009

St. Luke's Caring for Women

4051 Freemansburg Avenue

Easton, PA 18045

Phone: 484-503-7474; Fax: 833-203-6416

St. Luke's Health Center - Forks

2003 Sullivan Trail Easton, PA 18040

Phone: 484-503-0628; Fax: 833-820-1009

Rural Medical Providers Medicos en Areas Rural

BANGOR

Bangor Medical Center

Dr. Cinelli/Dr. Baird 153 North 11th Street Bangor, PA 18013 Phone: 610-588-4502

Fax: 610-588-6928

Accepts: Keystone CHIP, private insurance

Blue Mountain Pediatrics

316 Washington Blvd. Bangor, PA 18013 Phone 610-599-9000 Fax 610-599-9119

Accepts: Gateway, Access, private insurance

Brodheadsville Office

1612 Route 209, P.O Box 405 Broadheadsville, PA 18322 Phone: 570-402-8900

Fax: 570-402-8122

BATH

ABW St. Luke's Pediatrics

6651 Silver Crest Rd. #103

Bath, PA 18014

Phone: 484-526-7360 Fax: 833-822-5223

LVPG Family and Internal Medicine-Bath

6649 Chrisphalt Drive

Suite 101

Bath, PA 18014

Phone: 484-287-1111; Fax: 484-287-1117

Moorestown Family Medicine

586 Moorestown Drive

Bath, PA 18014

Phone: 610-746-2010 Fax: 610-746-2060

St. Luke's Northern - Valley Primary Care

6651 Silver Crest Rd., Suite 101 Bath, PA 18014

Phone: 484-526-7265 Fax: 610-261-2187

CENTER VALLEY

LVPG Pediatrics – Center Valley

3800 Sierra Circle, Suite 100 Center Valley, PA 18034 Phone: 484-664-2090

COOPERSBURG

Fax: 484-664-2089

St. Luke's Coopersburg Pediatrics

5445 Lanark Rd Suite 103 Center Valley, PA 18034 Phone: 484-526-7337 Fax: 833-820-1010

LANCASTER

Bright Side Clinic

515 B Hershey Ave. Lancaster, PA 17603 Phone: 717-299-6371 Fax: 717-397-8881

LEHIGHTON

Northeast Pediatrics, LLC-LVHN

281 N. 12th St. Suite E Lehighton, PA 18235 Phone: 610-377-6969 Fax: 610-377-9099

MACUNGIE

LVPG Family Medicine - Macungie

6451 Village Lane Macungie, PA 18062 Phone: 610-967-2772 Fax: 610-967-2599

NAZARETH

Saint Luke's Family Medicine Nazareth

Dr. Pogodizinski 4059 Jandy Boulevard Suite 103

Nazareth, PA 18064

Phone: 484-503-6450; Fax: 833-820-1004 Does not accept MA or MA groups New patients – private insurance only

Dr. Craig Sabre

111 South Spruce St. Suite 104 Nazareth, PA 18064

Phone: 610-746-9640; Fax: 746-9642

Dr. David Zambo

4263 Lonate Drive Nazareth, PA 18064 Phone: 610-759-5501 Fax: 610-759-2216

Private Insurance only

LVPG Nazareth Primary Care

863 Nazareth Pike Nazareth, PA 18064 Phone: 484-373-3260 Fax: 484-373-3128

NORTHAMPTON

Northampton Medical Associates

602 E. 21st Street, Suite 400B Northampton, PA 18067

Phone: 610-262-1519; Fax: 833-691-7853

Accepts MA, Med+, Gateway (Has evening and Saturday hours)

Northwestern Medical Center

7096 Decatur St. New Tripoli, PA 18066 Phone: 610-298-8521 Fax: 610-298-3021

Rural Eye Doctor Oculistas en Areas Rural

COPLAY

A Plus Pediatrics

17 North Third St. Coplay, PA 18037

Phone: 610-200-8183 Fax: 610-262-5238

EMMAUS

Dr. Bub & Associates Family Medical Center

619 Dalton St.

Emmaus, PA 18049 Phone: 610-628-8200 Fax: 610-965-6595

LVPG Family Medicine - Emmaus

1040 Chestnut St. Emmaus, PA 18049 Phone: 610-966-5549 Fax: 610-967-0204

FOGELSVILLE

LVPG Pediatrics - Fogelsville

1431 Nursery St. Suite 102 Fogelsville, PA 18051 Phone: 610-821-4920 Fax: 610-821-1358

HELLERTOWN

LVPG Family Medicine - Hellertown

1072 Main St. Hellertown, PA 18055

Phone: 610-838-7069 Fax: 610-838-7060

St. Luke's Saucon Valley Family Practice

255 Front St.

Hellertown, PA 18055

Phone: 484-526-5255; 484-526-5260 Fax: 610-838-6285; 484-526-5261

LAURYS STATION

LVPG Pediatrics - Laurys Station

5649 Wynwood Drive, Laurys Station, PA 18059 Contact: Donna Miller Phone: 610-262-6641 Fax: 610-262-0428 M-

F8AM-5PM

Accepts: AmeriHealth Mercy

Well visits birth-18yrs old, Immunizations birth-

18yrs, well visits birth-18yrs old

LVPG Family Medicine – Laurys Station (Formerly called Riverside Family Practice)

5649 Wynwood Drive, Suite 203 Laurys Station, PA 18059 Phone: 610-261-1123 Fax: 610-262-1739

PALMERTON

St. Luke's Palmerton Pediatrics -

Dr. Mira Slizovsky, MD 217 Franklin Ave. Palmerton, PA 18071

Phone: 484-426-2001; Fax: 833-820-1012

STROUDSBURG/ EAST STROUDSBURG

Pocono Kids Pediatrics

Clementine Abeloff Community Health Center 200 E. Brown St.

East Stroudsburg, PA 18301

Phone: 570-476-3585; Fax: 570-422-8249

PMC Physician Associates Pocono Kids

175 E Brown St. #114 East Stroudsburg, PA 18301

Phone: 570-420-2188; Fax: 570-421-9014

Pocono Adult & Pediatric Medical Group

302 E Brown St. Suite A East Stroudsburg, PA 18301

Phone: 570-476-9954; Fax: 570-476-4161

St. Luke's Pocono Pediatrics Assoc.

9090 Franklin Hill Rd., Suite 201 East Stroudsburg, PA 18301

Phone: 570-223-5010; Fax: 866-230-8060

St. Luke's Pocono Pediatrics Assoc.

208 Lifeline Road. Suite 201 Stroudsburg, PA 18360

Phone: 570-476-6700; Fax: 570-476-0735

Maternal & Family Services – Monroe County – East Stroudsburg Center - WIC

175 East Brown Suite 205 East Stroudsburg, PA 18301

Phone: 570-424-8784; Fax: 570-424-8279

TREXLERTOWN

LVPG Pediatrics - Trexlertown

Carter Debra L, MD 6900 Hamilton Blvd Trexlertown, PA 18087

Phone: 610-402-2600; Fax: 610-402-0409

LVPG Family Medicine - Trexlertown

6900 Hamilton Blvd

PO Box 127

Trexlertown, PA 18087

Phone: 610-402-0101; Fax: 610-402-0102

WALNUTPORT

Cressman and Yablonski, LLP

Family Medicine, Podiatric Foot & Ankle 215 N. Best Avenue Walnutport, PA 18088

Phone: 610-760-7044; Fax: 610-760-8587

St. Luke's Family Practice - Walnutport

330 North Best Avenue, Suite A

Walnutport, PA 18088 Phone: 610-628-8922

Fax: 833-816-5610

WINDGAP

ABW St. Luke's Pediatrics

487 E. Moorestown Rd. Suite 105 Wind Gap, PA 18091

Phone: 484-526-7740 Fax: 833-822-5223

St. Luke's - Bushkill Family Practice

497 Bushkill Plaza Lane Wind Gap, PA 18091

Phone: 610-863-7020 Fax: 866-833-9399

Accepts CHIP

St. Luke's Family Practice Wind Gap

Dr. Mark Powell & Dr. Shelia Borick 487 E Moorestown Rd. #101 Wind Gap, PA 18091

Phone: 484-526-7888; Fax: 833-816-7517

Slate Belt Family Practice

826 South Broadway Wind Gap, PA 18091 Phone: 610-863-3019

Fax: 610-863-6732

WHITEHALL

Lehigh County State Health Center

(Lehigh County Child Health) 3730 Lehigh Street, Suite 206 Whitehall, PA 18052

Phone: 610-821-6770; Fax: 610-821-6564

Contact: Nichole Pfujer Mon-Fri 8am-4:30pm

By appointment only - offers immunizations for non-insured children. Cannot serve Bethlehem

or Allentown city residents

Whitehall Medical Associates

Dr. W. Yacoub, MD 525 5th St.

Whitehall PA 18052 Phone: 610-434-6678

Fax: 610-434-6671

Starts seeing children-Age 3

Accepts: Mercy, Med +, Gateway, CHIP,

and others.

North Whitehall Family Practice

3560 Route 309 Orefield, PA 18069

Phone: 610-398-2600; Fax: 866-926-3612

Vision Masters

706 Grape Street Whitehall, PA 18052 610-266-7700

Fax: 610-266-9300 Accepts CHIP

NORTHAMPTON

Drs. Angello, Sharkey and Kokosky

1935 Center Street Northampton, PA 18067

Phone: 610-262-2091; Fax: 610-262-2239 Accepts: Aetna, CHIP, other private insurance

<u>Rural WIC Site</u> *Oficina de Wic en Areas Rural*

WIC - Lehighton-Carbon County

146 North Street, Suite 1 Lehighton, PA 18235

610-377-6097 or 1-866-942-8463 (toll free)

Fax: 610-377-9667

Rural Dental Providers Dentistas en Areas Rural

BANGOR

Pacífico Dental Care

48 N 3rd St.

Bangor, PA 18013

Phone: 610-588-2722; Fax: 610-599-1034

BARTONSVILLE

Smiles for Keeps

Dr. Wezmar 3361 Route 611

Bartonsville, PA 18321

Phone: 570-629-1142 Fax: 570-629-1149

COOPERSBURG

Deering Dental, LLC

7001 Route 309

Coopersburg, PA 1803

Phone: 610-282-1122 Fax: 610-282-1130

Lehighton Family Dentistry

233 S. 3rd St Lehighton, PA 610-377-5948

EMMAUS

Dr. Dabania Harilal, DDS

927 Chestnut St. Emmaus, PA 18049

Phone: 610-965-2755; Fax: 610-965-2755

FOUNTAIN HILL

Family & Cosmetic Dental Care

Dr. Soun Wong, DMD 601 Delaware Ave. Fountain Hill, PA 18015

Phone: 610-868-6788; Fax: 610-868-6768

HELLERTOWN

Hellertown Dental Group

1213 Main St.

Hellertown, PA 18055

Phone: 610-838-0131; Fax: 610-838-1308

KING OF PRUSSIA

Dr. Jay Goldsledger, Pedodonist

Upper Merion Dental Association 357 S. Gulph Road King of Prussia, PA 19406

Phone: 610-337-2325; Fax: 610-337-3863

LIMERICK

Children's Dental Health Associates

292 West Ridge Pike, Building B, Suite A

Limerick, PA 19648

Phone: 484-985-0666; Fax: 484-902-8151

QUAKERTOWN

APlus Dental

24 S. 14th St. Quakertown, PA

Phone: 855-275-3368; Fax: 215-536-2972

READING

Penn Dental

1027 Penn St. Reading, PA 19601

Phone: 610-374-0906; Fax: 610-374-0597

STROUDSBURG/EAST STROUDSBURG

Pocono Kids Dental 206 E. Brown St.

East Stroudsburg, PA 18301

Phone: 570-476-3506; Fax: 570-420-2408

Pocono Dental Associates

243 E. Brown St.

East Stroudsburg, PA 18301

Phone: 570-424-1201; Fax: 570-476-8841

Serenity Advanced Dentistry

6290 Route 209

Stroudsburg, PA 18360

Phone: 570-992-2121; Fax: 570-992-2120

TREXLERTOWN

Trexler Family Dental Group

6900 Hamilton Blvd. P.O. Box 721

Trexlertown, PA 18087

Phone: 610-395-3335; Fax: 610-395-0388

Website:trexdent@ptd.net

WALNUTPORT

Dr. Karen Lehman

Walnutport Dental Center

961 Riverview Drive

P.O. Box 118

Walnutport, PA 18088

Phone: 610-767-5388; Fax: 610-767-7072

Professional Dental Associates

433 S. Best Avenue

Walnutport, PA 18088

Phone: 610-767-0601; Fax: 610-743-8566

Accepts Blue CHIP, No MA

Dr. David Wyke

Professional Dental Association 433 S. Best Ave., Walnutport, PA 18088

Phone: 610-767-0601

WHITEHALL

Advanced & Comfort Dentistry

3655 Municipal Dr. Whitehall PA 18052

Phone: 610-432-9871; Fax: 610-432-8150

Whitehall Dental Associates

450 Pershing Blvd

Whitehall PA 18052

Phone: 610-434-6796; Fax: 484-664-7221

Whitehall Dental Group

5501 MacArthur Rd.

Whitehall, PA

Phone: 610-440-0075

Root canal, cleaning, whitening, implant crown

bridges, veneers

Whitehall Family Dentistry – Ayham Yacoub

2123 North First Avenue, Suite A2

Whitehall, PA 18052

Phone: 610-266-1101; Fax: 610-266-1170

Dr. Skaff's Dental Center PC

1634 MacArthur Rd. Suite 2

Whitehall, PA 18052

Phone: 610-433-3361; Fax: 610-433-2120

Dr. Michael E. Kun, DMD

881 Third St.

Whitehall, PA 18052

Phone: 610-266-9048; Fax: 610-266-0250

WIND GAP

Gentle Smiles of Wind Gap

477 Bushkill Plaza Lane Wind Gap, PA 18091

Phone: 610-863-4692

Fax: 610-863-3052

Rural Specialists and Prenatal Care

Especialistas y Cuidado Prenatal en Areas Rural

HEARING SCREENING – AUDIOLOGIST **Carbon Lehigh Intermediate Unit #21**

4750 Orchard Road Schnecksville, PA 18078-2597 Phone 610-769-4111, ext. 1680 (Audiology – no vision)

Care Net of the Lehigh Valley

5573 Hamilton Blvd. - Left Rear Wescosville, PA 18106

Phone: 484-223-3958; Fax: 484-223-3960

Community Resources for the Uninsured

Recursos en la Comunidad Para las Personas Sin Seguro

ENGLISH

St. Luke's Community Health line

Call 610-954-2100 to schedule an appointment on the St. Luke's Dental Van at one of their after-school appointments. The van visits many schools in our area and have set aside some appointments after-school for members of the community.

St. Luke's Dental Clinic

The phone number for the St. Luke's Dental Clinic is 484-526-2460.

Lehigh Valley Hospital - Muhlenberg Dental Clinic

Provides exams, cleanings and treatment to uninsured or underinsured families. The family would complete an application form, provide proof of income and submit the paperwork to a Financial Counselor. Upon acceptance, they would be able to schedule an appointment for treatment. Depending on their income the treatment may be done at little to sometimes no cost. 2545 Schoenersville Rd., Bethlehem, PA 18017, (484) 884-2315

The Northampton Dental Initiative

For uninsured families or families receiving Medical Assistance who have no dental insurance, meet financial criteria and live in Northampton County. Call 1-866-903-9104 for additional information.

Allentown Health Bureau

Can provide free immunizations (including the Varicella vaccines for children who live or attend school in Allentown.

245 N. 6th St. Allentown, PA 18102 (610) 437-7754

Bethlehem Health Bureau

10 E. Church St.
Bethlehem, PA 18018
610-865-7083/610-865-7092
www.bethlehem-pa.gov

Offers public health, cancer screening programs. Home visiting program for pregnant and new moms, FREE breastfeeding support in the home or by phone. Healthy Homes inspection program for families, Family Planning services for teens through adults, STD and Tuberculosis clinics. Immunizations for children and adults. Breast and cervical cancer screening programs. MA and some private insurances are accepted. Call for an appointment or for more information.

Pennsylvania Department of Health

Can provide free immunizations (including the Varicella vaccines) for (for residents of Allentown and Bethlehem, please contact the health bureaus in those cities directly).

Lehigh County State Health Center

3730 Lehigh St., Suite 206 Whitehall, PA 18052 610-821-6770 Offers Immunizations for non-insured/under

insured children.

ESPAÑOL

La línea de Salud Comunitaria de St. Luke's Hospital

Llame al 610-954-2100 para programar una cita en el Van Dental de St. Luke's. La camioneta visita muchas escuelas en nuestra área y han dejado de lado algunas citas para por la tarde para los miembros de la comunidad.

Clínica Dental de St. Luke's Hospital

El número de teléfono para la Clínica Dental es 610-526-2460 Lehigh Valley Hospital - Muhlenberg Clínica Dental Proporcionará exámenes, limpiezas y tratamiento a las familias sin seguro o con seguro insuficiente. La familia llena un formulario de solicitud, y presenta preuba de ingreso a un asesor financiero. Tras la aceptación, sería capaz de hacer una cita para recibir tratamiento dental. Dependiendo de sus ingresos el tratamiento se puede gratis o de bajo costo.

2545 Schoenersville Road, Bethlehem, PA 18017 (484) 884-2315

La Iniciativa de Northampton Dental

Para las familias sin seguro médico o las familias que reciben asistencia médica que no tienen seguro dental, cumplen con los criterios financieros y viven en el condado de Northampton. Llame al 1-866-903-9104 para obtener información adicional.

Oficina de Salud de Allentown

Puede proveer vacunas gratuitas (incluidas las vacunas contra la varicela) para los niños que viven o asisten a la escuela en Allentown. 245 N. 6th St.

Allentown, PA 18102, (610) 437-7754

Oficina de Salud de Bethlehem

Puede proveer vacunas gratuitas (incluidas las vacunas contra la varicela) para los niños que viven o asisten a la escuela en Bethlehem.

10 E. Church St.

Bethlehem, PA 18018
610-865-7087/610-865-7092

Departamento de Salud de Pennsylvania

Puede proveer vacunas gratuitas (incluidas las vacunas contra la varicela) para (para los residentes de Allentown y Bethlehem, por favor póngase en contacto con las agencias de salud en esas ciudades directamente).

Condado de Lehigh Estado Centro de Salud

3730 Lehigh St., Suite 206 Whitehall, PA 1805210 610-821-6770

Ofrece vacunas para niños sin seguro o con seguro insuficiente. Una tarifa de \$ 5.00 por niño es solicitada, pero se puede renunciar

PRESCRIPTION DRUG ASSISTANCE Ayuda De medicinas recetadas





Medical Assistance Tool (former Partnership for Prescription Assistance)

Connects qualified low-income people with discount or free prescription drugs, direct from the medicine manufacturer. Can help you enroll in one or more of over 150 company programs that provide more than 1,200 medicines for free or at a low cost. Go online at www.pparx.org or call 1-888-477-2669.

Pharmaceutical Assistance (See listing under Lehigh County Conference of Churches pg. 65)

Project of Easton (Se Habla Español)

320 Ferry Street Easton, PA 18042 610-258-4361

The Hospitality House - The Salvation Army

344 N. 7th Street Allentown, PA 18102 610-432-0128 – Contact Eleana Belletieri

Fax: 484-223-1615

Website – http://pendel.salvationarmy.org/easternpa/

HOTLINES Líneas De Apoyo y Emergencia





The Asthma and Allergy Foundation of America Hotline

1-800-727-8462 10 a.m. – 3 p.m. or leave message and they will answer

Child Care Concerns/Complaints/Day Care Certifications

1-800-222-2108 PA Department of Public Welfare run hotline

Childline and Abuse Registry

(Se Habla Español)

1-800-932-0313 24-hour a day hotline to call to report suspected child abuse. All calls are confidential and you can remain anonymous.

Cocaine Anonymous

1-800-347-8998

Crime Victims' Council

610-437-6611

Crisis Intervention

24 hour hotline: 610-782-3127

Domestic Violence

Domestic Abuse—Aid for Victims

Local: Turning Point: 24 hour hot line 610-437-3369, 1-877-438-4957

National: Toll free 24 hours: 1-800-799-SAFE / For the Deaf (TTY): 1-800-787-3224

Referrals for shelter, legal services. Has bilingual staff; their language line uses over 100 languages

Domestic Violence Victims' Aid

(Se Habla Español)

Domestic Abuse—Aid for Victims

Local: Turning Point: 24 hour hot line 610-437-3369, 1-877-438-4957

National: Toll free 24 hours: 1-800-799-SAFE / For the Deaf (TTY): 1-800-787-3224

Referrals for shelter, legal services. Has bilingual staff; their language line uses over 100 languages.

Lehigh Valley Hospital Health Hotline

610-402-2273 ("CARE") Monday through Friday 8:00 a.m. to 4:30 p.m.

Find out about health/pregnancy, teen and adolescent decision-making, anger management, positive conflict resolution, mood assessment, developing assertive communication skills, other classes, support groups, doctor referrals, and second opinions. For both Lehigh Valley and Muhlenberg Hospitals.

National Problem Gambling Hotline

National Helpline 24 hours

Confidential Call 1-800-522-4700

The NCPG is the national advocate for programs and services to assist problem gamblers and their families.

North Penn Legal Services Lehigh Valley Office

(Se Habla Español)

559 Main St Suite 200, Bethlehem, PA 18018

Welfare Helpline: 610-317-8757 Fax: 610-317-8778

www.northpennlegal.org

Free legal services for low-income families. Clients needing services should call 877-953-4250 Monday-Thursday between 9-11:30 a.m. and 1:30-4 p.m. (No intake hours on Friday.) Clients can also apply online for services anytime at www.northpennlegal.org/get-help. Unemployment compensation issues, social security issues, some custody, foreclosures, some domestic violence issues, custody workshops offered. Assistance in evictions and bankruptcy and problems with welfare rules. If you think you were denied benefits without good cause – call them.

Pennsylvania State Tax Info Line

717-787-8201

Poison Control Hotline

1-800-222-1222

Predatory Lending Hotline (also known as The Foreclosure Diversion Program at the Community Action Committee of the Lehigh Valley)

If you think you are being cheated by your mortgage company or home equity lender (or any questions about your home mortgage, call 1-800-755-1563.

Warmline (Se Habla Español) 610-820-8451 or 610-820-8549 – 24 hrs.

A telephone service for Lehigh and Northampton County adults with a mental health concern. "Provides a listener who can respond to you before you reach a crisis." Warmline in Spanish is 484-223-0785 from 6 – 10 p.m. daily. A program of Family Answers.

National Suicide Prevention/Crisis Intervention Lifeline

1-800-273-TALK(8255)

National Parent Helpline

1-855-427-2736

HOME BUYING PROGRAMS Programas de Compra de Casas





Alliance for Building (ABC) Communities

(Se Habla Español)

532 Walnut Street 610-439-7007 Brad Fatzinger – Executive Director Allentown, PA 18101 Fax: 610-439-7888 Website: www.housing-abc.org

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC also offers rental housing.

Community Action Committee of the Lehigh Valley, Inc. (CACLV)

(Se Habla Español)

1337 E. 5th Street (Forte Building)

Bethlehem, PA 18015 610-691-5620

A nonprofit organization working with low-income residents to combat poverty. CACLV has been fighting poverty with the help of donors, volunteers, board members, advisory boards, and dedicated staff. CACLV hopes to improve the quality of life in the Lehigh Valley area by creating economic opportunities, giving local residents a voice in their community and acting as an advocate to help people address the challenges of ever-concentrating wealth against ever growing poverty and the failure of the marketplace in many urban neighborhoods.

Community Action Financial Services (A program of Community Action Committee of the Lehigh Valley)

1337 East 5th Street (Forte Building)

Bethlehem PA 18015 610-691-5620

Provide free first-time home buyer seminars, one-on-one pre-purchase counseling, and pre-settlement counseling through the Home Ownership Counseling Program (HOCP). First-time home buyer seminars are offered seven times per year for two consecutive Saturdays and provide a comprehensive overview of the home buying process. Four seminars are offered in English and three in Spanish. The program provides mortgage foreclosure counseling, loss mitigation, and court Diversion Programs, housing counselors assist participants in applying for loan modification. Housing counselors also assist participants who are behind on mortgage payments, to apply for Homeowner's Emergency Mortgage Assistance Program (HEMAP).

Fannie Mae

Based in Washington D. C., Fannie Mae is an investment group. For further information about finances mortgage lending to low/middle income families for homes across the USA, go on the website at www.fanniemae.com. Income restrictions different for different areas. Call 1-800-232-6643

FHA Mortgage Assistance (lower cost mortgages for first time home buyers)

- 1. Home buyers select the property.
- 2. You get pre-qualification (amount you can afford).
- 3. For more information, call any mortgage company in yellow pages that lists VA and FHA mortgages.

Habitat for Humanity of the Lehigh Valley

245 N Graham Street, Allentown, PA 18109

Phone Number: 610-776-7737 Fax Number: 610-776-7569 Contact: Brenda Strockyj, Program Manager Hours: Monday - Thursday 8:30am-4:30pm Fridays 8:30am-11:30am

A first-time Homeownership program that helps low-income family achieve first time homeownership and increase stability in their lives with a 0% interest mortgage. Buyers must meet the Habitat guidelines in order to qualify for the program. Please call Program Manager Brenda Strockyj for any questions or stop by the office for an application.

Housing Association and Development Corp. (HADC)

513 Chew Street

Allentown, PA 18102 610-432-6336

A home ownership program plus 40 rental opportunities. Accepts Section 8.

HUD – Housing Discrimination Hotline

(Se Habla Español)

1-800-669-9777 (fair housing complaints)

Helps individuals purchase homes, learn about rights and responsibilities and file a complaint.

Neighborhood Housing Services of the Lehigh Valley, Inc.

(Se Habla Español)

239 North 10th Street Allentown, PA 18102

610-437-4571, Contact Rayne Schnabel, Director of Community Outreach

Hours: Monday through Friday 9:00 a.m. to 5:00 p.m. Website: www.nhslv.org

Provides down-payment and closing cost assistance for low to moderate income first time home buyers. Administers the CPP grant program in the city of Allentown and Lehigh County grant program. Provides credit and financial coaching to individuals in areas of credit report repair, budgets, saving and spending plan.

Rural Development

2211 Mack Boulevard

Allentown, PA 18103 484-795-7619 <u>megan.jaxheimer@usda.gov</u>

Also known as the Section 502 Direct Loan Program, this program assists low- and very-low-income applicants obtain decent, safe, and sanitary housing in eligible rural areas by providing payment assistance to increase an applicant's repayment ability. Payment assistance is a type of subsidy that reduces the mortgage payment for a short time. The amount of assistance is determined by the adjusted family income.

LEGAL AND PRE-LEGAL SERVICES Servicios Legales





Catholic Charities (Se Habla Español)

900 S. Woodward Street

Allentown, PA 18103 610-435-1541

Immigration issues and counseling, paperwork, and citizenship classes. Fees charged for all immigration services. Call for more information.

Domestic Relations

455 W. Hamilton St Room 320 – Lehigh County 610-782-3185 Allentown, PA 18101 Fax: 610-782-3725

Hours: Monday through Friday 8:00 a.m. - 4:30 p.m.

Services: Child support, establishing paternity

126 S. Union Street – Northampton County 610-253-3566

Easton, PA 18042-7481 Fax: 610-253-4135

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday, 8:30 a.m. to 3:30 p.m. for petitions

Services: Child support, paternity suits

<u>For Domestic Relations Offices:</u> You can also receive payment info by contacting us online at www.childsupport.state.pa.us or calling 1-877-7238.

Education Law Center (Se Habla Español)

1800 JFK Blvd., Suite 1900A 215-238-6970 or 412-258-2120 Fax: 215-772-3125

Philadelphia, PA 19103 Website: www.elc-pa.org

Call between 9:00 a.m. and 5:00 p.m. Monday through Friday. Open to all state of PA residents. Focuses on the rights of children in the public school system and Early Intervention Services.

Grupo De Apoyo E Integración Hispano Americano

(Se Habla Español)

The Grupo de Apoyo e Integración Hispano Americano is a support group for Hispanic immigrants. They offer/support individuals/families on identifying places to help them obtain legal status or places that offer resources to those who are not legal at no charge. For more information, call Erika Sutherland at 484-664-3518 or write to erikasutherland@muhlenberg.edu

Lehigh County Adult Probation

455 West Hamilton Street

Allentown, PA 18101 610-782-3933

Lehigh County Family Court Office

Lehigh County Court of Common Pleas

455 W. Hamilton St

Allentown, PA 18101 610-782-3390 Fax: 610-782-3866

Lehigh County Juvenile Probation

455 West Hamilton Street.

Allentown, PA 18101 610- 782-3000 Lccpa.org

8:00am-4:30pm PFA Intake Hrs: 8:00am-12:15pm Custody Intake Hrs: 12:15-3:00pm

Rehabilitation services and supervision for youth offenders, advocacy/support for families of youth offenders.

North Penn Legal Services Lehigh Valley Office

(Se Habla Español)

559 Main St Suite 200, Bethlehem, PA 18018

Phone number: 610-317-8757 Fax: 610-317-8778

www.northpennlegal.org

Free legal services for low-income families. Clients needing services should call 877-953-4250 Monday-Thursday between 9-11:30 a.m. and 1:30-4 p.m. (No intake hours on Friday.) Clients can also apply online for services anytime at www.northpennlegal.org/get-help. Unemployment compensation issues, social security issues, some custody, foreclosures, some domestic violence issues, custody workshops offered. Assistance in evictions and bankruptcy and problems with welfare rules. If you think you were denied benefits without good cause – call them.

Northampton County Adult Probation

105 S. Union Street

Easton, PA 18042 610-829-6800

Northampton County Juvenile Probation

650 Ferry Street 520 E. Broad Street Easton, PA 18042 Bethlehem, PA 18017

610-559-6880 610-974-7580

Rehabilitation services and supervision for adult and youth offenders, advocacy support for families of offenders.

Public Defender's Office of Lehigh County

455 West Hamilton Street

Allentown, PA 18101 610-782-3157 – Contact Kimberly F. Makoul, Esq. Fax: 610-820-3157

Criminal defense for those who cannot afford an attorney.

Public Defender's Office of Northampton County

669 Washington Street

Easton, PA 18042 610-829-6384 – Robert Eyer Criminal case representation for low-income.

Villanova Federal Tax Clinic

299 North Spring Mill Road Villanova, PA 19085 610-519-4123

Toll Free 888-829-2546

Linea Espanola 866-655-4419

Law.villanova.edu

Students represent low-income taxpayers in controversies before the Internal Revenue Service & in Federal Court. Potential clients should call the clinic at (610) 519-4123.

Youth Advocate Programs

Northampton/Lehigh Counties

701 W. Broad St., Suite 110

Bethlehem, PA 18018 610-865-9111 Fax: 610-865-2607

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health Office.

PRESCHOOL PROGRAMS (No Cost) Programas Preescolares (Sin Costo)





Bethlehem Area School District SPARK Early Childhood Program Office

Freemansburg Elementary School 501 Monroe Street Freemansburg, PA 18017 610-866-6681, ext. 25921 or 610-868-8501

Contact: Early Childhood Office Pre-K program for three and four-year-old eligible children in the

Bethlehem School District. Call for more information and to apply.

Hours: Monday through Friday 8:00 am to 3:30 pm

Head Start and Early Head Start of the Lehigh Valley

(Se Habla Español)

1520 Hanover Avenue Allentown, PA 18109 610-437-6000

Fax: 610-437-6500

<u>Head Start and Early Head Start of the Lehigh Valley</u> offers high quality early education, child development and family development programming for prenatal women and children, birth to age five. HS/EHS prepares children and families for success in learning and in life.

Both Head Start and Early Head Start offers children and their families developmental assessments, child-centered curriculum, play experiences, parenting support, health assessment screening and follow-up, nutrition services and education, safety and life skills information and training, and support in personal and family development.

Requirements: Age and Income eligibility. Residence in Lehigh or Northampton County.

Fees: None

Applications available online at www.cscinc.org

RECREATION AND AFTER SCHOOL PROGRAMS Programas de Recreación y Después de la Escuela





Allentown Parks and Recreation

260 S. Cedarbrook Road Allentown, PA. 18104 Phone: 610-871-0281

Fax: 610-871-0283

Call for information about recreational, athletic, after school and seasonal programs for City of

Allentown residents. Hours: 8:00 a.m. to 4:30 p.m. Monday through Friday

Allentown YMCA Education Center

425 S. 15th Street Website: www.gv-ymca.org/branches/allentown-ymca

Allentown, PA 18102 610-351-9622 – Contact Robert Dellavecchia

Hours: Monday through Friday 6AM-7PM, Saturday 8AM-1PM, Sunday - CLOSED

Saltwater pool, including lap swimming, swim lessons and family swim. Facility includes: cardio equipment, selecterized weight equipment, free weights, cycling studio, group fitness studio,

racquetball courts, walking track and two gymnasiums.

Banana Factory

25 West Third Street

Bethlehem, PA 18015 610-332-1300

Hours: Monday through Friday 8:00 a.m. to 9:30 p.m.; Saturday and Sunday 8:30 a.m. to 7:00 p.m. Hands on art programs and classes. Gallery is open 11 a.m. – 4 p.m. daily. Summer camp. For more information, visit us online at www.bananafactory.org. Call for costs. Scholarship aid available.

The Baum School of Art

510 Linden Street 610-433-0032

Allentown, PA 18101 Website: www.baumschool.org

Art Classes for children ages 4 years old and up. Students explore art with a variety of media, such as drawing, painting, sculpture, ceramics, computer design, jewelry, fashion and more. Weekday and Saturday classes offered during the school year. One and two week art camps during the summer. Financial aid is available. Group field trip art classes available. Please call for information.

Bethlehem Recreation Bureau

10 East Church Street

Bethlehem, PA 18018 610-865-7081 www.bethlehem-pa.gov/recreation Programs: Winter: ice skating lessons; adult basketball league. Summer: tennis, swimming, golf lessons; free neighborhood summer playground program; adult softball league. Rentals: park pavilions; fields and courts

Boys and Girls Club of Allentown

720 North Sixth Street Allentown, PA 18102

610-432-9944 Fax: 610-432-9946 Website: www.bgcallentown.org

Contact: Katherine Jackson Director or Programs & Operations.

Other locations: Sixth Street Clubhouse, 720 N. 6th St., Allentown; Turner Street Clubhouse, 1302

Turner Street, Allentown; Teen Center, 641 N. 7th Street, Allentown.

Hours: Monday through Friday 3:30 to 9:00 pm school year; 10:00 am to 6:00 pm summer Make your M.A.R.K.™(Motivated Academically Ready Kids) an educational reading and math program, Imagination Station (early literacy)program, computer awareness, Triple Play (healthy lifestyle) program, Career Launch, Money Matters, basketball, crafts, cooking, swimming and more!

Boys and Girls Club of Bethlehem (Se Habla Español)

1430 Fritz Drive (send any mail to this address)

Bethlehem, PA 18017

610-865-4241 Contact Person: Alesia Dietrich

Playground available; staff on site.

After school and summer programming for ages 5 and up. Membership is

\$15.00 per year

Boys and Girls Club of Easton

210 Jones Houston Way (for MapQuest/GPS use 508 Charles Street) Easton, PA 18044 484-239-2075 Office: 610-253-5846

Serves boys and girls ages 5-18. Afterschool program, Saturday programs, summer camp.

Membership \$15.00/per year. Call for more information.

The Caring Place

Youth Mentoring Program

931 Hamilton Street 610-433-5683

Allentown, PA 18101 Fax: 610-433-9165 Website: www.thecaringplace.org

An after school (and also summer) program, (free) for children, ages 6 to 18. Homework assistance,

art, music activities, youth groups.

Office Hours: 9:30 a.m. to 2:00 p.m. during the summer; 10:00 a.m. – 6 p.m. Monday through

Thursday during the school year

Casa Guadalupe Center

218 N. 2nd Street 610-435-9902 Contact: Baj Njie

Allentown, PA 18102 Fax: 610-435-0898 Website: www.casalv.org

Free after school program and summer activities for students from grades 1 through 12. Also offering WIC services, a wellness program, social services as well as meals and recreational activities for older citizens (60 and over). The services are free of charge.

^{*}THIS CHANGES EVERY SUMMER --- TBD --- Call at beginning of summer for information.

Community Bike Works

235 N. Madison Street

Allentown, PA 18102 610-434-1140 Website: www.communitybikeworks.org

Contact: James Williams Email: james@communitybikeworks.org

Hours: Monday through Thursday 12:00 p.m. to 8:00 p.m., Friday 9:00 a.m. to 5:00 p.m.

Community Bike Works provides youth development programs for students ages 7-17. In Earn a Bike, students ages 9-17 learn bike mechanics and safety with adult mentors. Junior Earn a Bike is offered for 7 and 8 year olds and focuses on Reading, Riding, and Wrenching. At the end of these programs, students earn their refurbished bike and a new helmet. Once enrolled in either of these programs, students have the opportunity to participate in supplemental programs until they turn 18: Drop-In is a structured group mentoring program that occurs every day after school and for extended days in the summer. Students participate in a variety of activities including games, bike repairs, and art and science projects. "Earn A Book" focuses on literacy and homework help. Our Youth Leadership Team is open to students who are 12+ and exhibit leadership skills. All of our programs are offered at no cost to families.

Easton Area Community Center

901 Washington Street 610-253-8271 – Contact Elizabeth Reyes, Program Director

Easton, PA 18042 Fax: 610-253-5897

Cost: \$75.00 per year for membership Website: www.eastonareacc.org

Hours: School-year program 3 pm to 7 pm, Summer 9 am to 5 pm

Afterschool program for K – 8th grade (Homework help, educational and recreational programs) Winter Sports fee is extra- Basketball, Cheering & Wrestling. CACFP youth Dinner Program (Free dinner and snack served daily, M/F school year / to any child 5-18 years old) 8 week Summer Day Camp/Weekly Fee. Age appropriate programs. Breakfast, lunch and a snack provided. Summer nights evening program Monday through Thursday 4 pm to 7 pm, FREE, family oriented, snack and dinner.

Easton Recreation Bureau

123 S. 3rd Street

Easton, PA 18042 610-250-6711

Recreational programs and athletic activities for Easton residents.

Cost: \$40 fee for sports. Call for information.

Hispanic American League of Artists (HALA)

601 Hamilton St.

Allentown, PA 18101 610-349-

4851

HALA offers free classes in dance, voice, instruments, visual and media art for children age 7-18, year round. Classes meet at the Allentown YMCA Tuesdays and Thursdays, 6 p.m. to 9 p.m. in the Summer and 6 p.m. to 10 p.m. in the Winter. \$10.00 annual membership fee.

Lehigh Children's Academy

5910 Hamilton Blvd.

Allentown, PA 18106 610-841-5801 – Contact Marie Andrew Fax: 610-841-5805

Email: director@LehighChildrensAcademy.com Website: www.LehighChildrensAcademy.com

Lehigh Children's Academy provides care and education for young children starting at six weeks and provides before and after school care for school age children. Located in Lower Macungie Township, the curriculum at Lehigh Children's Academy is focused on promoting the acquisition of skills by students through the design and enhancement of learning environments, activities, and routines of children and their families. Lehigh Children's Academy is a non-profit early education center.

The philosophy behind the curriculum at Lehigh Children's Academy is that young children learn best by doing and encourages active thinking, experimenting to learn how things work and learning firsthand about the world. Lehigh Children's Academy's mission is to help children become enthusiastic, independent, self-confident, inquisitive learners. Lehigh Children's Academy's curriculum includes music, art, foreign languages, technological integration, cooking, and classes dedicated to developing and promoting fine and gross motor skills.

Before and after school care is available for children from age 5 to 12 and includes afterschool homework help. Summer Camp is available for children ages 5 through 12 and includes educational field trips to places like the Da Vinci Science Center and Allentown Art Museum.

Mosser Village Family Center

614 S. Carlisle Street

Allentown, PA 18109

Offers after-school programs for children in Mosser School area (East Allentown). Dance class, homework club, and adult classes in sewing, computers, parenting, ESL, and others. Mosser also offers free summer programs for area children, ages 7-13. Also have a book and toy library. Call 610-820-4067 or 610-820-9927 for information. Hours: 9 a.m. to 5 p.m. Monday through Thursday; 10 a.m. to 2 p.m. Friday

The Neighborhood Center

344 N. 7th St 610-434-5799 – Contact Karen Berard

Allentown, PA 18102

Mailing Address: 3440 Lehigh St. Email: Kberard@theneighborhood-center.org Website: www.TheNeighborhoodCenterAllentown.com

8:00 AM - 8:00 PM Monday - Thursday - School Year

12:00 PM - 8:00 PM Friday - School Year

9:00 AM – 4:00 PM Monday – Thursday – Summer No Friday's – Sum In the Back of the Salvation Army Building, at the Trexler Trust

TNC is a non-profit community based center offering the following programs to students within the Allentown School District; Morning and afternoon AM & PM Pre-K classes during the school year. Elementary after school programs. Teens after school programs. Children do homework, receive tutoring help if needed, computer lab activities, reading programs, art, games and sports. Summer programs and family movie nights are held throughout the summer months.

Elementary Program: 3:30 to 5:30 p.m.

Teens Program: 5:30 to 7:30 p.m.

Morning Pre-K 9:00 to 11:30 a.m. Monday through Thursday

Afternoon Pre-K 12:30 to 3:00 p.m. Monday through Thursday

TNC also operates "The Clothes Closet" offering free clothing every Thursday morning from 10:30 - 11:30 a.m. to community residents.

(Please call for current days and times of programs. Registration for children is necessary)

Salvation Army of Allentown

(Se Habla Español)

144 North 8th Street Allentown, PA 18101 610-432-0129

Camp Ladore: Contact Person – Eloitza King. Overnight camping for children 7 – 12 yrs. in the Poconos. (5 nights/6 days) Transportation provided. A scenic summer camp with swimming, hiking, crafts, recreation, boating, and camping. Minimal fee.

The After School Program: Contact Person – Eloitza King. Monday through Friday 3:00 pm to 6:00 p.m. for ages 7 – 14 years old with a minimal fee. After school help with homework, reading, Bible study, snacks, dinner twice a week, structured physical education, recreational activities, cooking classes.

Summer Day Camp Program: Contact Person – Eloitza King. Monday 1:30 p.m. to 3:30 p.m. Tuesday through Friday from 9:00 a.m. to 3:30 p.m. Very low fee for children ages 7 – 14 years old. Must register in advance. Spots fill quickly!

Back to School Carnival: Contact Person – Eloitza King. Annual "Back 2 School Carnival" will be held on the last Friday of August. School aged students can attend carnival and receive a free book bag and school supplies for the upcoming school year. Call to verify date and time!

Salvation Army of Bethlehem

521 Pembroke Road

Bethlehem, PA 18018 610-867-4681 – Contact Jennifer Litzinger Fax: 610-867-9847 Youth Enrichment Center provides homework help and tutoring services to children ages 6-12. Children also engage in various activities. Program hours are from 2:30-5:30 p.m. Resident camp one or two weeks in summer. Please call for information.

Salvation Army - Pen Argyl

301 W. Main Street Pen Argyl, PA 18072 610-863-6677

Youth program runs September through May, 5:30 – 7:30 p.m. (Christian themes) Free.

YWCA Bethlehem

3895 Adler Place, Building A, Suite 180

Bethlehem, PA 18017 610-867-4669 Website: www.ywcabethlehem.org

Hours: Monday through Friday 8 am to 5 pm

Operates Adult Day Services Center for seniors with disabilities and/or dementia to assist family caregivers. Operates TechGYRLS afterschool program at multiple BASD elementary schools. Holds annual Prom Dress Day each March to help girls purchase inexpensive gently used gowns.

SCHOOL DISTRICTS Distritos Escolares





Allentown Area School District

31 South Penn Street Allentown, PA 18102

Main Office: 484-765-4000, Dial "0" to speak to

a receptionist.

Bangor Area School District

123 Five Points Richmond Road

Bangor, PA 18013

Main Office: 610-588-2163

Bethlehem Area School District

1516 Sycamore Street Bethlehem, PA 18017

Main Office: 610-861-0500

Catasauqua Area School District

201 North 14th Street Catasauqua, PA 18032 Main Office: 610-264-5571

Easton Area School District

1801 Bushkill Drive Easton, PA 18040

Main Office: 610-250-2400

East Penn School District

800 Pine Street, Emmaus, PA, 18049

Phone: 610-966-8300

Northampton Area School District

Administration Office 2014 Laubach Avenue Northampton, PA 18067

Main Office: 610-262-7811 Fax: 610-262-4398
Dr. Kathleen E. Ott www.nasdschools.org
M-F 8am-4pm (closed Fridays in Summer)
Head Start Pre-K
Pre-K Counts

Pen Argyl Area School District

1620 Teels Road Pen Argyl, PA 18072 Dr. Margaret Petit

Main Office: 610-863-3191 Fax: 610-863-7040 www.penargylschooldistrict.org 7:30am-

4:30pm

Whitehall/Coplay Area School District

2940 MacArthur Road Whitehall, PA 18052

Main Office: 610-439-1431

Wilson Area School District

2040 Washington Boulevard

Easton, PA 18042

Main Office: 484-373-6000

SERVICES FOR INDIVIDUALS WITH DISABILITIES Servicios para Individuos con Discapacidades





The Arc of Lehigh and Northampton Counties

2289 Avenue A (in the Lehigh Valley Industrial Park #1 across from the LV Airport)

Bethlehem, PA 18017

610-849-8076 Fax: 610-849-6202 Website: <u>www.arcoflehighnorthampton.org</u>

Contact persons: Karen L. Shoemaker, Executive Director

Patrick Kreshock, Director of Programs Bruce Seidel, Director of Development

Days and hours of operation: 8 a.m.-5 p.m., M-F (varies by program)

Since 1967, The Arc of Lehigh and Northampton Counties has been providing high quality programs and services to more than 1,500 children and adults with intellectual and developmental disabilities and their families in our community on an annual basis. As the Lehigh Valley's only free of charge provider of advocacy services for people with intellectual and developmental disabilities, The Arc provides education advocacy for children and youth, adult advocacy, specialized training for families, and mission-driven community programs that include Wings For All and Infusion of Inclusion/Sprout Film Festival.

In addition, The Arc provides the following programs: SPARC, an adult day program; Family Driven/Family Support Services for both Lehigh and Northampton Counties; The Agency With Choice Program; Include Me, a school based and preschool initiative for students with significant disabilities; an Evening Recreation Program for adults; and serves as the liaison/coordinator of the Best Buddies clubs for local participating college/university chapters.

Bureau of Blindness and Visual Services—Office of Vocational Rehabilitation – Dept. of Labor & Industry

8 West Market St. Website: www.dli.pa.gov Email: bbvs@pa.gov

Wilkes Barre, PA 18701-9966 Phone: 570-826-2361 and toll free: 1-866-227-4163.

Contact Person: Jennifer Mackowski, Social Work Supervisor, Maureen Taylor, District Administrator

Hours: Monday through Friday 8:00 AM - 4:30 PM

Social Services to children, adults and seniors to include: social workers, low vision evaluations and aids, independent living and mobility training. Vocational Rehabilitation Services to assist in securing and maintaining employment. Wilkes-Barre District Office covers 15 counties. There are 5 other offices throughout PA.

Carbon Lehigh Intermediate Unit #21

4210 Independence Drive

Schnecksville, PA 18078 610-769-4111 Ext.1256 Fax: 610-769-1098

The Early Intervention (EI) Program of the Carbon Lehigh Intermediate Unit #21 (CLIU #21) is a federal and state public special education service provided to children ages three to five years of age who are experiencing a delay in their development. These children are evaluated and found to be eligible for special education services under the guidelines of the federal Individuals with Disabilities Education Act (IDEA) regulations. The CLIU #21 EI Program, operates under the direction of the PA Office of Child Development and Early Learning (OCDEL).

Early Intervention conducts child find activities to assist in identifying children in need of such services. Staff are made aware of a child who may be eligible for special education EI services through a referral from a person who has regular contact with the child - either a parent, relative, daycare or preschool teacher, physician, or other professional. Once a child is referred a screening occurs. Results of the screening determine the need for, and type of, evaluation that a child may require. If a child is determined to be eligible as a result of the evaluation, he or she will receive services that are both free and appropriate.

Center for Vision Loss

845 W. Wyoming Street Website: www.centerforvisionloss.org

Allentown, PA 18103 Phone: 610-433-6018 Fax: 610-433-4856

Services for people who are blind or visually impaired, including casework, transportation, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at preschools, day care centers, and community sites and for adults.

Hours: Monday- Friday 8:30 am – 4:30 pm. Serving Lehigh, Northampton & Monroe counties.

Clubhouse of Lehigh County (a program of Goodwill Keystone Area)

1437 W. Gordon St.

Allentown, PA 18102 610-433-9910

The mission of Clubhouse of Lehigh County is to offer persons 18 and older who are living with mental illness a safe and healing environment wherein each person is given the opportunity to explore their personal and vocational potentials to their fullest and to receive support in achieving their goals. Clubhouse offers employment and educational support and serves as a link to community resources.

Clubhouse now offers a Young Adult Transition program for individuals 18-21 years of age who are currently in school or in a post-secondary educational environment. It focuses on training, educating and supporting their transition into adult mental health resources and educational and vocational opportunities.

A Drop-in Center is run out of the same facility for Lehigh County residents 18 years of age and older who have mental health challenges. The drop-in center provides social and educational activities such as self-esteem groups, arts and crafts and outings. Drop-in Center hours are Monday through Friday from 4-7PM and Saturday from 2-8PM. Phone: 610-433-1803

Colonial Intermediate Unit #20

6 Danforth Drive

Easton, PA 18045 610-252-5550

Serves Northampton, Monroe and Pike Counties. Preschool (ages 3 to 5) child evaluation, education, and therapy. Provides transportation. Also runs Colonial Academy, an alternative education program to public school, with partial hospitalization, emotional support service.

County of Northampton

2801 Emrick Blvd.

Bethlehem, PA 18020 610-829-4500 Website: www.northamptoncounty.org

Mental Health, Early Intervention, Developmental Programs, Children & Youth, Aging, Drug & Alcohol, etc.

Hours: 8:30 a.m. to 5 p.m.

Early Intervention 0 – 3

Lehigh County: 610-782-3125; new referrals: 610-782-3200 or 1-800-692-7288

Northampton County: 610-974-7523 or 610-559-3270

All referrals go to the County Early Intervention program. Serves children from 0 to 3 years of age with developmental delays (medical/physical/cognitive).

Easterseals Eastern Pennsylvania

1501 Lehigh Street, Suite 201 610-289-0114 x201 Fax: 610-289-4282 Allentown, PA 18103 Office Hours: 8:00 a.m. to 4:30 p.m. Monday through Friday Website: www.easterseals.com/esep Contact: Jill Glose Email: jglose@esep.org

Easterseals Eastern Pennsylvania is a premier provider of Early Intervention services for children from birth to age three, including physical therapy, occupational therapy, speech and vision therapy, and special instruction. Our services are designed to promote child development while coaching parents and caregivers on how to build on their child's strengths. We offer free developmental screenings that can be accessed online or in person through our Make the First Five Count program. We provide a referral-based Autism Diagnostic Clinic and free ABA Therapy Training for parents of children with autism. Summer camps, community supports/habilitation and employment services are available for children, teens and adults. At Easterseals, we have expertise serving individuals with a wide-range of physical and cognitive disabilities, autism and other social, sensory and developmental delays. Our mission is to create life-changing solutions for individuals with disabilities and their families in their community by increasing independence, maximizing opportunities, minimizing barriers and enhancing quality of life.

Good Shepherd

1651 North Cedar Crest Blvd., Suite 100 484-788-0701

Allentown, PA 18104 24-hour hotline: 1-888-44-REHAB

A variety of medical evaluations and therapy services for those with physical or mental disability. A referral from a doctor or other agency is needed for care.

Hope for Veterans (Community Hope)

2895 Hamilton Blvd., Suite 207 973-270-1103 – contact Kevin Cope
Allentown, PA 18104 Website: www.communityhope-nj.org
Hours: 8:00 am to 4:00 pm Email: kcope@communityhope-nj.org

The mission of Community Hope, Hope for Veterans® in Pennsylvania, is to help individuals, including veterans, and their families, overcome mental illness, addiction, homelessness and poverty by providing housing and support services. Community Hope has been the leading nonprofit organization serving homeless veterans and veteran families in New Jersey since 2004. We established veteran services in PA in October 2013 and saved 215 veteran households from homelessness in the first year.

Hope House

3606 Hecktown Road Website: www.hopehouse-rhd.org Email: hopehouse@rhd.org

Bethlehem, PA 18020 610-882-2008 – Contact Michael Usino Fax: 610-882-2009

Hope House provides short-term residential services for adults in need of mental health intervention. We offer a safe and supportive environment for people who need a place to stay until they stabilize and can safely return to the community. Our maximum capacity is eight individuals. The average length of stay is one week. Trained staff members are on duty 24 hours a day, 365 days a year. Our dedicated staff of Bachelor's and Master's level professionals is focused on assisting consumers in resolving their immediate crisis and mobilizing support systems in the community for ongoing treatment and support.

Our services are a safe and cost-effective alternative to hospitalization and are available to adults, 18 years of age and over, who reside in Northampton, Lehigh and surrounding counties. Referrals must be submitted by a mental health professional such as an individual's Intensive Case Manager, a Crisis Hotline worker, therapist, psychiatrist, etc. Services we offer include, but are not limited to:

- 24 Hour Crisis Intervention
- Individual & Group Counseling
- PsychiatricTreatment
- Medication Monitoring

- Case Management
- Psycho-Education
- Mental Health Recovery

Hope House is licensed by the Commonwealth of Pennsylvania and is primarily funded through contracts with Magellan Behavioral Health, Northampton County MH/MR and Lehigh County MH/MR.

Lehigh Valley Center for Independent Living (LVCIL)

713 N. 13th Street Additional Location:
Allentown, PA 18102 630 Interchange Road
Phone: 610-770-9781 Kresgeville, PA 18333

Fax: 610-770-9801

Merakey (former NHS of the Lehigh Valley) (Se Habla Español)

3864 Adler Place Suite 100 Bethlehem, PA 18017 610-866-

Programs include: Blended Case Management, Family Based Mental Health Services, Therapeutic Foster Care, and Residential Treatment Facilities. Accepts only MA for mental health services through Magellan. Accepts referrals and payment from both counties.

Mercy Special Learning Center

830 South Woodward Street

Allentown, PA 18103 610-797-8242 – Contact Mrs. Beth Grys, Principal

Accredited day school for mentally handicapped individuals, age infant to 21. Now also state licensed for over 21 yr. old program services: education and safe adult day care.

Parent to Parent of Pennsylvania

6340 Flank Drive

Harrisburg, PA 17112 Contact Person: Fiona Patrick/ Program Director 1-888-727-2706 or 717-540-4722 Fax: 717-657-5895 Monday- Friday 8:00 a.m.- 4:00 p.m.

Parent to Parent of Pennsylvania links families of children or adults with a disability or special need to a Peer Supporter (mentor) for purposes of emotional support and information. We can "match" families together for the same condition or concern as their own child such as physical disabilities, developmental disabilities, special health care needs, behavioral / mental health concerns, foster care or adoption or educational issues. Parent to Parent of Pennsylvania is a statewide organization and has nine additional offices located across the Commonwealth.

Step By Step, Inc. (Se Habla Español)

Lehigh Valley Region Cross Valley Commons
623 West Union Blvd. 744 Kidder Street
Bethlehem, PA 18018 Wilkes Barre, PA 18701

610-867-0688 570-829-3477

Services: Intensive case management and supportive living services for mentally ill and developmentally disabled consumers and counseling for MH and MR clients. Residential living options.

VIA of the Lehigh Valley, Inc.

336 West Spruce 610-317-8000

Bethlehem, PA 18018 Website: www.ViaNet.org Email: Via@ViaNet.org Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with developmental disabilities like cerebral palsy, Down syndrome, autism and intellectual disability. Everyone deserves the chance to succeed and, through the support of our community, Via is able to provide opportunities for children and adults with disabilities living in the Lehigh Valley.

- <u>Early Intervention</u>: Via provides Speech, Physical and Occupational Therapies as well as Special Instruction for children from birth through the first three years, addressing individual disabilities and delays, both in-home and in care settings. We respect and build on the family's strengths, values, diversity and competencies. Caregivers are included in the teaching process so therapy can continue across the child's daily routines.
- <u>Early Literacy Promise Project (Reading Together at Home)</u>: Via's Reading Specialists work together with children and families to establish literacy skills and a love of reading. This early literacy program is free to families who reside in the city of Allentown and is provided in the family's own homes, funded in part by the United Way.
- <u>Lehigh Children's Academy:</u> Lehigh Children's Academy provides quality care and education for children ages six weeks through Kindergarten, and before and after care for school ages through 12 years. We focus on creating learning opportunities through educational and recreational experiences that promote all areas of a child's growth and development. We work collaboratively with families every step of the way, from first feedings, to the first day of school and beyond. In our inclusive setting, we provide a developmentally appropriate educational environment for every young child that accounts for each individual's unique abilities and potential in an accepting, respectful climate.
- <u>Teen Experience:</u> Held during summer and winter break, Teen Experience includes job shadowing, career counseling, volunteering, and recreational and team-building activities. With the help of Via staff, teens develop life skills to plan their futures and gain independence upon graduation.
- **Student Work Experience:** Funded through the Office of Vocational Rehabilitation, high school students participate in paid work based learning experiences at local businesses. Via focuses on the individual student, tailoring the paid internship experience to their career goals.
- <u>School-to-Work Transition Services:</u> Via works with students, in partnership with their school districts and the Office of Vocational Rehabilitation, to create an employment plan and explore careers of interest. Pre-Employment Transition Services are also available under this service.
- <u>Community Employment:</u> Via helps adults with disabilities work in integrated, competitive employment settings within their community, while providing ongoing support to ensure job stability.
- <u>ViaWorks Small Group Employment</u>: ViaWorks helps people with disabilities enter the work force, be a part of the community and earn a paycheck. ViaWorks teams work on site at local

- companies, providing contract services for local employers. This service teaches job skills in a supportive, hands- on environment.
- <u>Via Business & Industrial Services</u>: For more than 56 years, Via has specialized in contract packaging and assembly work, providing consistent high-quality work for businesses. Staff help provide a safe and productive environment for individuals to enhance skills and gain work experience.
- <u>Community Connections</u>: Via connects people to their community through volunteer, recreational, social and educational activities. Participants take an active role in planning their schedules and developing goals and objectives for each activity. Staff educate participants on a variety of life skills, such as the use of public transportation, understanding housing options, and the importance of money management.
- <u>Autism Services:</u> Via provides adults on the autism spectrum with resources to connect with each other and community resources to explore their talents and potential. Vocational, educational and recreational services are available.
- <u>Behavioral Supports:</u> Behavioral Support Services promote the growth, development, and independence of individuals with disabilities who experience behavior challenges. Our Masters-level staff work with a person's natural support system and caregivers to develop a behavioral support plan.
- <u>Creative Expressions Adult Training Services:</u> This service supports growth through artistic self- expression. Individuals engage their local community through visits to artist studios, museums, galleries, schools and cultural events. While at our facility, we focus on art projects, wellness, culinary skills and working to achieve independence and improve self-awareness

TAX FILING ASSISTANCE Asistencia de Preparación de Impuestos

Villanova Federal Tax Clinic- Students represent low-income taxpayers in controversies before the Internal Revenue Service & in Federal Court. Potential clients should call the clinic at (610) 519-4123.

THRIFT SHOPS Tiendas De Artículos De Reuso





American Family Services (3 locations)

1025 MacArthur Road541 Milford Street1804 Leithsville RoadWhitehall, PA 18052Easton, PA 18042Hellertown, PA 18055

610-351-3069 610-253-1290 610-838-0667

All three stores open 9am-9pm – Tuesday through Saturday and Monday 9am-6pm.

Credit and Debit cards are accepted but no fitting rooms available.

Better Buy Thrift Shop at the Cathedral Church of the Nativity

321 Wyandotte Street

Bethlehem, PA 18015 610-867-

6764

Thrift Shop for low/reduced cost clothing – come in between 10 a.m. and 3 p.m. Tuesday through Thursday and Friday 10:30 a.m. to 1 p.m. Closed Monday. We also sell housewares, toys and books. No furniture. Contact: Connie Gilbert

(Summer hours 10 a.m. to 1 p.m. Tuesday, Wednesday, Thursday, Friday, and Saturday)

Catasauqua Community Thrift Shop

113 Bridge Street

Catasaugua, PA 18032 610-266-0694

Small, run by volunteers. This thrift shop helps support the food bank, schools, library and YMCA in Catasauqua. They have children's and adult clothing and small housewares items. Children's are 50¢ - \$1.00. They will give vouchers for clothing in special circumstances; **individuals must be referred by local church ministers, pastors, etc. Hours: Monday, Tuesday, Thursday, Friday** 10 a.m. to 4 p.m., Saturday and Wednesday 10 a.m. to 1 p.m.

Goodwill Industries of Mid-Eastern Pennsylvania Thrift Stores

1901 Lehigh Street (Donation Center only)

Allentown, PA 18103 610-904-6135

Hours: Monday through Saturday 9 a.m. to 5 p.m.

Store and Donation Locations

4634 Broadway (by Tilghman 8 Cinema) Allentown, PA 18104 610-391-9760

Hours: Monday through Saturday 9:30 a.m. to 9 p.m., Sunday 12 – 5 p.m.

3926 Nazareth Pike

Bethlehem, PA 18020 610-866-1778

Hours: Monday through Saturday 9:00 a.m. to 9:00 p.m., Sunday 12 – 5 p.m.

7720 Main St

Fogelsville, PA 18051 610-398-2042

Hours: Mon-Sat 9 a.m. to 9 p.m., Sunday 12 p.m. to 5 p.m.

These sites have clothing, household items and furniture.

Nearly New Shop

225 Delaware Avenue

Palmerton, PA 18071 610-826-4226

Monday 8 a.m. to 11 a.m., Tuesday through Friday 10 a.m. to 4 p.m., Saturday 10 a.m. to 1 p.m. Clothing and household items.

Salvation Army Thrift Stores

1195 Mickley Road (off 7th Street before mall) Whitehall, PA 18052 610-434-9560

Hours: Monday through Saturday 9 a.m. to 8 p.m.

VIA Thrift Shop

 1401 Broadway
 859 Nazareth Pike

 Fountain Hill, PA 18015
 Nazareth, PA 18064

 610-866-6777
 610-759-8660

Store has clothing, toys, books, furniture and housewares.

Hours: Monday through Saturday 9 a.m. to 6 p.m., Sunday 11 a.m. to 5 p.m.

TRANSPORTATION *Transportación*





Lehigh & Northampton Transportation Authority (LANTA)

Route Information
Route Information
1060 Lehigh Street
Allentown, PA 18103
Easton, PA 18042
610-776-7433
610-776-7433

Email: customerservice@lantabus.com Office Hours: Monday through Friday 8 a.m. to 5:00 p.m.

Website: www.lantabus.com

Hours: Monday through Friday 8 a.m. to 5 p.m.

LANTA manages fixed-route bus and door-to-door van transportation services within and between Carbon, Lehigh and Northampton PA counties. More than 16,000 passengers use the transit system in the Lehigh Valley. The majority of service is concentrated in the cities of Allentown, Bethlehem and Easton but service is available in all municipalities in the three Counties. Service operates 7 days a week approximately 18 hours per day. All major businesses, shopping centers, colleges and universities, schools, hospitals, medical centers and government buildings are directly served.

Ways To Work Program - A program of Pinebrook Family Answers, Inc.

402 N. Fulton Street Allentown, PA 18102 Call 610-432-3919

Hours: 8:30 a.m. to 5:00 p.m. Monday through Friday

Provides loans to help families with used car purchases or car repairs. You must have a child, and be employed or be in school (post high school).

Another car resource: If you are on public assistance ("cash," TANF) or were on it and need a used car, or to repair your car for work, call your former TANF caseworker to ask about their car or car repair assistance.

VOTING *Voto*





League of Women Voters

PO Box 523 Bethlehem, PA 18016 610-252-1339

Non-partisan information on elections, issues and candidates.

Website: www.lwvnorthco.org

Voters' Registration Office

<u>Lehigh County Office</u> 17th South Seventh Street Allentown, PA 18101-2400 610-782-3194

Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday.

Northampton County Office

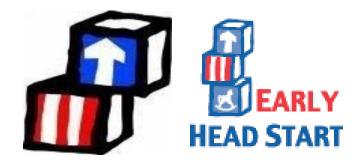
670 Wolf Avenue Easton, PA 18042 610-559-3055

Hours: 8:30 – 4:30 pm Monday through Friday

Register to vote and get information on where to vote and your elected representatives.

Note: In general, you need to register a month before an election in order to vote in it. <u>Call for information on dates/deadlines.</u>

Child Behavioral Support *Apoyo Para Niños Con Problemas de Conducta*



ABA Support Services

224 Nazareth Pike, Suite 22A Bethlehem, PA 18020 610-365-8373

Access Services

3975 Township Line Rd. Bethlehem, PA 18020 640-866-6667

Arch of LV (Elwyn), Inc

1347 Hausman Rd. Allentown, PA 18104 610-573-2500

Behavioral Health Associates

413 Bridge St. Weissport, PA 18235 610-379-5461

Carbon Lehigh Intermediate Unit #21

4210 Independence Dr. Schnecksville, PA 18078 610-769-4111 Ext. 1256

Colonial Intermediate Unit #20

6 Danforth Dr. Easton, PA 18042 610-252-5550

CONCERN

1 W Main St. Fleetwood, PA 19522 610-944-0445

90 S Commerce Way, Suite 300 Bethlehem, PA 18017 610-691-8401

Glen Koch & Associates

961 Marcon Blvd., Suite 312 Allentown, PA 18109 610-266-0610

Holcomb Behavioral Health

1245 S Cedar Crest Blvd Suite 303 Allentown, PA 18103 Phone: 610-435-4151

Holcomb Behavioral Health Systems

929 Northampton St. Easton, PA 18042 610-330-9862

KidsPeace Children's Hospital

1650 Broadway Bethlehem, PA 18015 800-257-3223

Pennsylvania Mentor

3865 Adler Place 2nd Fl. Bethlehem, PA 18017 610-867-3173

Penn Foundation

807 Lawn Ave.
Sellersville, PA 18960 215257-6551
M-T 8:00am-8:00pm F 8:00am-5:00pm
www.pennfoundation.org

Penn Foundation provides a variety of mental health services for children and their families. They include Early Intervention services (birth-3 with developmental delay) Wrap around

Progressions

881 Marcon Blvd., Suite 3900 Allentown, PA 18109 610-266-2656

Team Counseling Concepts

2909 Route 100 Suite 110 Orefield, PA 18069 570-460-0050

The ReDCo Group

44 E Board Street Bethlehem, PA 18018 484-821-0035

Valley Youth House

3400 High Point Blvd. Bethlehem, PA 18017 610-820-0166

OTHER HEAD START PROGRAM INFO Otros programas de Head Start

Early Childhood Learning and Knowledge Center

https://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices

Federal Benefits

https://www.benefits.gov/benefits/benefit-details/616

Head Start is a Federal program that promotes the school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Head Start emphasizes the role of parents as their child's first and most important teacher. These programs help build relationships with families that support family well-being and many other important areas.

Many Head Start programs also provide <u>Early Head Start</u>, which serves infants, toddlers, and pregnant women and their families who have incomes below the Federal poverty level.

National Head Start Association

www.nhsa.org/why-head-start/head-start-locator

Pennsylvania Head Start Association

http://paheadstart.org/enroll-a-child-in-head-start/

Support Groups Grupos de Ayuda/Apoyo





Alcoholics Anonymous in the Lehigh Valley

610-882-0558

Narcotics Anonymous in the Lehigh Valley

610-439-1998

American Cancer Society

800-227-2345

Bethlehem Recovery Center

Various support groups offered www.bethlehemrecoverycenter.org 610-849-2209

St. Luke's Baby & Me Support Center

Breast Feeding & Postpartum Depression Support Groups 484-526-BABY (2229)

Lehigh Valley Health Network

Postpartum Emotions Support Group at Cedar Crest 888-402-LVHN (5846)

The Compassionate Friends

Bereaved Parent Support Group (for parents who have suffered the loss of a child) http://lehighvalleytcf.org/homeaspx 610-837-7924

Survivors of Homicide Support Group

610-437-6610

Survivors of Suicide Loss Support Group

484-330-0912

Turning Point of the Lehigh Valley

Survivors of Domestic Violence Empowerment Support Group www.turningpointlv.org/home/empowerment-groups 610-437-3369

NAMI (National Alliance on Mental Illness) Lehigh Valley

Family and Peer Support Group www.nami-lv.org/nami-lehigh-valley-support-groups 610-882-2102

Pediatric Cancer Foundation of the Lehigh Valley

www.pcflv.org

*PCFLV is exclusively for pediatric cancer families in the Lehigh Valley 610-297-7292

Haven House

Various support groups offered www.haven-house.com/mental-health-services/groups 610-433-6181

Project Child of Valley Youth House

Parent Support Group https://projectchildlv.org/parenting-classes 267-930-4625

Crime Victim's Council of the Lehigh Valley

Various support groups offered http://cvclv.org/individual-group-counseling 610-437-6610

A BRIEF HISTORY

Community Services for Children, Inc., was established in 1981 by Patricia W. Levin as the grantee for Head Start of the Lehigh Valley. Since then, CSC has added Early Head Start, PreK Counts, Early Learning Resource Centers, Early Education Academy, PreK Scholarship Organization, and Educational Innovation Organization. CSC affects the lives of an estimated 40,000 children a year in 17 counties of Pennsylvania.



PROGRAMS AND SERVICES

Early Learning Resource Center

- Child Care Works
- PA Keys to Quality

Early Education Academy

Educational Innovation Organization

Head Start/Early Head Start of the Lehigh Valley

PreK Counts Preschool

PreK Scholarship Program



Community Services for Children, Inc.
Administrative Offices
1520 Hanover Avenue
Allentown, PA 18109
Phone: 610-437-6000 | Fax: 610-437-6500
Visit us on the web at www.cscinc.org
Like us on Facebook